



**SPORTABILITY
CP SPORTS OF BC**



PARA SOCCER CAMP

GOALS OF THE CAMP

1. Have fun!
2. Develop individual and team skills, participate in small sided games, and enhance tactical understanding of the game of soccer.
3. Investigate best practice for CP athletes to train, prevent injury, and promote life long care for body.
4. Develop a provincial community of adapted soccer players to share insights and experiences with.

WHO: Athletes ages 10+

WHEN: October 29-30

WHERE: Telosky Stadium & Thomas Haney Youth Action Park
Telosky #2, 23000 116 Ave, Maple Ridge, BC

SESSIONS: Saturday: 10 – 11:30am; 1:30 – 3:00pm
Sunday: 10 – 11:30am



www.sportabilitybc.ca
www.ridgemeanowssoccer.ca