

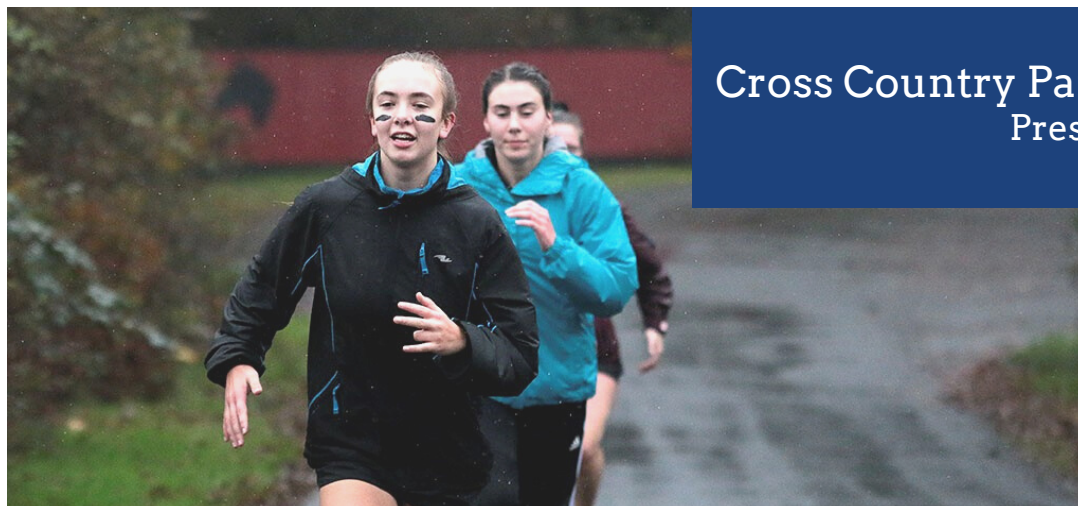
December 2020

BC School Sports Newsletter



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Cross Country Pandemic Challenge Presented by: SUBWAY

We were overwhelmed with the success of the Cross Country Pandemic Challenge Presented by SUBWAY. Over the course of 14 days, we saw submissions from 93 schools across the province which included over 1600 athletes. These athletes braved the record high rain fall to compete in this virtual event taking the opportunity to stay active during these unprecedented times. This event also wouldn't have been as successful without the generous sponsorship contribution from SUBWAY, thank you for continuing to support school sports in the province of BC.

BCSS would like to congratulate the top participating schools and top performing athletes in each of the categories.

TOP PARTICIPATING SCHOOLS

Walnut Grove Secondary
Gleneagle Secondary
Shawnigan Lake School
Duncan Christian School

TOP ATHLETES

Frankie Ayotte (J.L. Jackson)
Maella Hodgson (Elgin Park)
Nick Raymond (WalnutGrove)
Cami Hill (Sentinel)
Jack Hanson (North Peace)
Gemma Dumas (South Delta)
Brianna Jassmann (South Delta)
Tion McLeish (St.Michael's University School)



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Governance Q&A

Zoom Link

On November 5, the BCSS Board of Directors hosted a member-wide Q&A session around the Governance Proposal that is to be voted on this spring. For those of you that could not be in attendance, the meeting was recorded for your convenience and can be found on the BCSS Youtube channel.

[Governance Q & A Session](#)



Return to School Sport Update Response to December 2nd PHO Orders

BCSS received numerous inquiries as to the effects of the most recently announce PHO Order on December 2, 2020. School activities are exempt from the order. BCSS remains in Phase 2 of the Return to School Sport Plan. While in this phase inter-school activities remain banned, while intra-school activities may happen when students from the same educational learning group (cohort.).

Sports that have sustained or frequent contact are required to minimize contact, even for students from the same educational learning group. As usual, all activities are at the discretion of the school and/or school administration.

[Read the Entire Dec 4 BCSS
Memo Here](#)

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Holiday Hustle Social Media Challenge

BCSS is currently hosting a social media Holiday Hustle. Each day will be a different challenge for students across the province to participate in.

Students must post a video on their social media completing the challenge and tag BCSS with their full name, school, and nominate a friend to be entered to win some cool prizes.



BCSS
HOLIDAY HUSTLE

Introducing the **BCSS Holiday Hustle**, from December 7 - December 18, any grade 8-12 student from of our member schools can participate in this social media challenge

You **MUST** post a video of yourself completing the challenge on social media, nominate (tag) someone you know to complete the challenge, mention your name and school and tag **@bcschoolsports** the same day of the challenge

Every challenge you complete is an entry into our **Holiday Hustle** draw, we will be drawing for **Apple AirPods** as our first place prize and multiple **Amazon gift cards** after the holiday break.

#BCSSHOLIDAYHUSTLE

#BCSSHOLIDAYHUSTLE

- DAY 1** (Dec 7) - **Push-up Challenge** (x10)
- DAY 2** (Dec 8) - **Plank Challenge** (1 min)
- DAY 3** (Dec 9) - **3km Challenge** (Run/Walk)
- DAY 4** (Dec 10) - **2020 Mountain Climbers Challenge** (20 left/20 right)
- DAY 5** (Dec 11)- **Wall Jump Challenge** (x25)
- DAY 6** (Dec 12)- **Game Face Challenge** (Post your best game face action photo)

- DAY 7** (Dec 13)- **Holiday Mascot Challenge** (Dress festive and go for a walk around the block)
- DAY 8** (Dec 14)- **Pet Challenge** (Do something active with your pet)
- DAY 9** (Dec 15)- **Wall Sit Challenge** (Post a video about your favourite school sport memory while holding a wall sit)
- DAY 10** (Dec 16)- **Sport Specific Challenge** (Post a video performing a skill/trick specific to your sport)
- DAY 11** (Dec 17)- **School Spirit Sprint Challenge** (x4 sprints wearing school colours)
- DAY 12** (Dec 18)- **Squat Challenge** (x20)

Students get one entry per challenge, per day! Check out our Instagram **@bcschoolsports** for more information on this awesome Holiday Hustle!

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Athletic Director Development CIAAA Fall Courses



Our partner CIAAA offered 5 AD Leadership Training Courses over the fall semester, BCSS was extremely happy with the turn out of 77 BCSS AD's that furthered their learning as Athletic Directors by attending these courses. The CIAAA schedule for the new year has not been released at this time, but will be sent out to all AD's once it is released.

BCSS Esport Trial Invitational Response to December 2nd PHO Orders

The BCSS Esports Trial Invitational is in full swing with the first session ending on December 17th. 30 BCSS member schools are currently participating in the trial with over 230 students playing League of Legends on school campus twice a week. Schools that are interested in participating in session 2 are asked to email BCSS Manager of Sport, Breanne Whyte at bwhyte@bcschoolsports.ca for more information.

STARS Reminder

Avoid adding athletes onto rosters

As we continue to work through the Return to School Sport (RTSS), and with the reminder earlier in the newsletter than BCSS is still in Phase 2 of the RTSS meaning there is no inter-school competition. As BCSS stays in that phase, we want to remind Athletic Directors to NOT add their student-athletes onto rosters until BCSS advises otherwise. Having student-athletes on teams without sports can impact their eligibility moving forward in school sport.

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Fortius Building Update Closure

The BCSS office is located in the Fortius Sport and Health building in Burnaby. We were recently notified that Fortius will be shutting down its operations and is in talks to sell the building. While the last day for Fortius operations is Dec 31, 2020, the BCSS office will remain open and functioning in the new year while new ownership is determined.

We remain fully operational and ready to serve our member schools. Once new ownership is established, BCSS will evaluate the options for the future of the BCSS office.

BCSS Holiday Office Hours

December 18-January 4

The BC School Sport Office will be closed over the holidays from December 18th, 2020 - January 4, 2021. If you require immediate assistance over the holidays please contact Jordan Abney via email at jabney@bcschoolsports.ca. He will be checking his email intermittently.

Happy
Holidays!



FROM THE BCSS OFFICE STAFF