## **2021 BC School Sports Vancouver Island Aquatic Championships**



Saturday, October 30, 2021 Nanaimo Aquatic Center 741 Third Street

## **MEET PACKAGE**

Host School: Nanaimo District Secondary

**Meet Management:** Saanich Peninsula Piranhas Swim Club





Due to COVID related capacity restrictions at the pool and large number of swimmers expected this meet will run over two sessions.

**IMORTANT:** Please read the Vaccination and Mask statement at the end of the meet package.

## **Morning Session**

Check in for Swimmers/Officials/Teachers/Coaches: 7:00 a.m. to 7:30 a.m.

Group A Warmup: 7:45 a.m. to 8:10 a.m. Group B Warmup: 8:15 a.m. to 8:45 a.m.

Officials/Timers Meeting: 8:15 a.m.

Coaches Meeting: 8:45 a.m. Events: 9 a.m. to 12 noon

Course: 25 metres - 8 Lanes, 2 Cool Down Lanes

Starting blocks and Colorado Timing System

**Timed Finals Meet** 

#### **Afternoon Session**

Check in for Swimmers/Officials/Teachers/Coaches: 12:30 p.m. to 1:00 p.m.

Group A Warmup: 1:15 p.m. to 1:40 p.m. Group B Warmup: 1:45 p.m. to 2:10 p.m.

Officials/Timers Meeting: 1:45 p.m.

Coaches Meeting: 2:15 p.m. Events: 2:30 p.m. to 5:30 p.m.

Course: 25 metres - 8 Lanes, 2 Cool Down Lanes

Starting blocks and Colorado Timing System

**Timed Finals Meet** 

Note: This is an unsanctioned meet.

**Spectators:** Due to COVID protocols and building capacity limitations there will be no spectators allowed in the pool. Pool access will be restricted to swimmers, officials, teachers and coaches.

#### **IMPORTANT DATES**

October 20, 2021: BCSS Roster athlete registration deadline Thursday, October 21, 2021 10 p.m.: Zone Meet Entry deadline Tuesday October 26, 12:00pm: Scratches due for Zone Meet

Wednesday, Nov. 3, 2021: Scratches due from Coaches to Zone Rep for Provincials

Friday November 5, 12:00pm: All entries for Provincials are due

### **BC School Sports Team Sport Registration**

It was the Athletic Director's responsibility to ensure their school is registered with BC School Sports (BCSS) and in Aquatics by the October 6, 2021 deadline. Roster registration for each athlete must be completed in STARS by October 20, 2021. BCSS will assess penalty fines for late registrations.

**Zone Meet Entry Deadline:** Thursday, October 21, 2021 at 10 p.m.

All zone meet entries MUST use Hytek Meet Manager software.

- Download a free Lite version of Hytek Team Manager from https://hytek.active.com/downloads.html
- If a school is unable to use Hytek, please use the attached spreadsheet to complete entries and submit to <a href="mailto:mbduffell@gmail.com">mbduffell@gmail.com</a>
- https://hytek.active.com/downloads.html
- Email all your school's Meet Entries (including relay entries) in one submission to: <u>mbduffell@gmail.com</u> by Thursday, October 21, 2021 at 10pm. Late entries will not be accepted.
- Deck Entries will not be accepted.

**Entry fees: \$30** per swimmer. All swimmers are limited to a total of four events including maximum 2 relays and any listing as an alternate.

Cheques made payable to Saanich Peninsula Piranhas Swim Club due at Zone Meet.

#### **Meet Officials**

Meet Manager: Paul Miller Meet Referee: Dave Morsch

Alternate Referee: Brent Postlethwaite

Clerk of Course: Mark Duffell
Recorder/Scorer: Michelle James
Colorado Timing: Jeremy Orton

Volunteers are needed to run the meet! Parents, this is you!

Timers

• Stroke and Turn Officials: SwimBC and BCSSA officials are required.

Sign up online: https://www.signupgenius.com/go/8050C4FAAAE2DA7F94-2021

### Warm up

• Warm up lane assignments will be sent by email and posted at the meet

- Two warm up lanes will be available throughout the meet in the east competition pool.
   Coaches are to instruct and supervise their swimmers on how to enter the pool (no diving except in designated sprint lanes or when only going in one direction. Coach must be managing the lane).
- **Sprint Lanes** will open in the West Pool(start end), Lanes 1 & 8 ten minutes before the close of each warm-up group.

**Deck Food:** Due to COVID restrictions, no food will be served on deck. Timers and officials will be responsible for their own food and drink. The on site café is closed due to COVID restrictions.

## **Classification of Swimmer Categories**

All swimmers are limited to a total of four events including maximum 2 relays and any listing as an alternate.

This is an unsanctioned meet; no times recorded at this meet by SNC / SwimBC members may be used for Provincial or National Qualification or any Team selection.

All swimmers must be correctly classified in the appropriate category, or they will be disqualified in their individual events and relays. Please ensure your swimmers are honest about their swimming background. A complaint could result in a severe impact on the swimmer's school's results.

#### A Category

- Any swimmer with an SNC number who has competed in a Winter Swim Meet OR has swum with a year-round club as of September 1 of the previous year is classified as an A category swimmer.
- Swim academy athletes must participate in the A category only.
- B swimmers can compete in any A Category due to no SNC sanction. No SNC number is required to swim in the A Category.

 International swimmers that have participated with a year-round club are considered A swimmers.

### **B** Category

- As of January 1<sup>st</sup> of the championship year, a B Category swimmer trains and competes from May 1<sup>st</sup> to September 1<sup>st</sup> with no restrictions.
- From September 2<sup>nd</sup> to April 30<sup>th</sup> a B swimmer may train with their high school team and may participate in other speed swimming training such as winter maintenance, Triclub, private coaching. They may not compete in a Winter Swim Meet with an SNC number.
- Any swimmer in the A category who is registered in a B event will be disqualified from the Meet. This includes relay teams.
- B swimmers may swim in B or A category relays but may not swim in the same relay in both the A and B event. (Ex. 200 Free A Relay or 200 Free B Relay, but not both).
- B swimmers are permitted to swim in both A and B individual events of the same race.

## **C** Category

• This category will not be used this year.

## **Para Category**

 A Para swimmer can compete in any BCSS event. A Para athlete must follow the classification as per Swimming Canada. He or she will be placed in order of finish by gender.

## **Championship Meet Rules**

- 1. All competitors must be registered with BC School Sports and meet BCSS eligibility rules. Any swimmer who is not registered faces disqualification and/or school fines.
- 2. The meet will use the One Start Rule, and the relay rules.
- 3. Competitors must wear only one swimsuit. For boys, the suit shall not extend above the navel or below the knee. For girls, the suit shall not cover the neck, nor extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials and have no zippers.
- 4. Each swimmer is limited to a total of 4 events. These events may be individual swims, relays or a combination. Listing as an alternate on a relay will count as one of the 4 events.
- 5. All entries must have times; No-time entries will not be accepted. The time is for seeding purposes. This ensures that swimmers swim against others with similar times. C swimmers will be seeded against B swimmers by entry time.
- 6. Swimmer's age must be included on their entry.
- 7. Due to capacity restrictions in the pool, the NDSS cafeteria and small gym will be used to house overflow swimmers between events. Marshalls will be in the school and in the pool to ensure swimmers are in the marshalling area in time for their events.
- 8. Start will be a series of short whistle blasts followed by a long whistle at which time the swimmers will mount the blocks. The Referee will signal the starter by an outstretched arm, following which the starter will instruct the swimmers to "take their marks" and will then cause a beep signal. The swimmers will start on the beep signal.
- 9. A-category swimmers may not compete in B events.

10. B-category swimmers may compete in A-Category events (both individual and relays).

## **Relay Rules**

- 11. Any swimmer who swims at the zone meet is eligible to swim on a relay at the Provincial meet.
- 12. Mixed relay events must include 2 boys and 2 girls. Single gender schools are not permitted to combine for the purposes of creating a mixed relay.
- 13. No more than 2 teams from each school will be allowed to compete at Zones in each relay event.

#### **ENTRY INSTRUCTIONS**

- Enter swimmers for events under their own school, regardless of who coaches them
- A psych sheet and fee report will be sent by e-mail on Sunday October 26, 2021. Please review
  for any errors and advise of necessary corrections. Corrections and Scratches must be returned
  to: <a href="mbduffell@gmail.com">mbduffell@gmail.com</a> prior to Noon Tuesday October 26, 12:00pm. Corrections are for
  input errors only and are not intended to change swimmers' events after the psych sheet. Save
  and print your entries to bring to the meet.
- Once the meet is seeded, scratches will be taken, but the meet WILL NOT BE RESEEDED.
- Following the Zone meet ALL scratches are due to the zone rep by Wednesday, November 3, 2021, 5:00pm, even if swimmers/relays are not in an advancing position. This includes any alternates who may move into spots. Alternates will not be allowed after the scratch deadline. Reminder: Schools are responsible for payment to the Aquatic Commission for swimmers who scratch after the Nov 3rd Provincial scratch deadline.
- Schools in the Morning Session to register in Events 1 through 46 and Afternoon Session in Events 101 through 146

#### **TEAM REGISTRATION**

The team's teacher sponsor or approved designate must check in with the Clerk of Course on the pool deck before Warm Ups. You will need to have the following for your swimmers to participate at the Zone Meet:

- 1) Fee Report and Entries—this will reflect the Entries submitted by the Thursday October 21, 2021 deadline—there are no refunds for scratches.
- 2) Payment Please make all cheques payable to Saanich Peninsula Piranhas Swim Club
- 3) Sponsor Teacher/Coach Contact Information Form (page 8 of this meet package)
- 4) Vaccination Certification. Schools are responsible for checking and certifying that all swimmers, teachers and coaches are fully vaccinated. Singed forms are to be presented upon check in on the day of the meet.

SCRATCHES: Coaches must inform the Clerk of the Course of any scratched swimmers. Scratches will be accepted up to 30 minutes prior to the start of the meet (8:30 a.m for Morning session, 2 p.m. for Afternoon session). Deck entries and changes are not permitted.

#### **SWIMMER SUPERVISION**

If a sponsor teacher/coach is not accompanying the swimmer(s), a designated parent or alternate needs to have a letter from the school authorizing them to make decisions on behalf of the school (eg. DQ protests, etc).

## **ADVANCING to Provincial Championships**

November 19 & 20, 2021, Richmond, BC – Watermania

**NEW:** Due to new zone representation berthing (number of entries) based on a BC School Sports recommended numbers-based-allocation the

- Top 6 entries in each individual event qualify for the Provincial Championships.
- Top 6 relay teams per relay event advance, with the EXCEPTION that only two relays from the same school per event may advance to Provincials.

Remember to enter PARA swimmers in the B category events. After Zones they will be seeded in the appropriate Event number for Provincial Championships.

#### **AWARDS AND SCORING**

Should time permit, certificates with times will be made available to school coaches or a designate at the end of the meet. If they are not available at the meet they will be mailed out at a later date.

Points System for Scoring the Zone Championship Meet

## Individual events

1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8th
10	8	6	5	4	3	2	1

## Relay events

1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8th
20	lih	12	10	8	6	4	2

PARA scoring is a reverse format and based on the number of swimmers in each event.

Example: 8 swimmers (20-18-16-15-14-13-12-11)

4 swimmers (14-13-12-11)

1 swimmer (11)

## BOB SMIRL AQUATIC AWARD (\$250.00) - Vancouver Island region

Bob Smirl was a dedicated swimmer (backstroker), who made a lifelong commitment to developing and promoting swimming in the community.

The Bob Smirl Aquatic Award will be awarded to two graduating students by a random draw at each session during the VI Zone Meet.

**Event Lists Below:** 

# VANCOUVER ISLAND ZONE SWIMMING CHAMPIONSHIPS ORDER OF EVENTS

## **Morning Session**

Heats: 9 a.m. to 12 p.m.

Campbell River Christian School (CRCS)	Aspengrove School
Carihi Secondary	Dover Bay Secondary
Ecole Phoenix Middle	John Barnsby Community School
Timberline	NDSS
Highland Secondary	Wellington
George P Vanier	Kwalikum Senior Secondary

Event		Event	Category	Event		Event	Category
#				#			
1	200	Medley Relay	Girls B	24	100	Freestyle	PARA
2	200	Medley Relay	Boys B	25	100	Freestyle	Girls B
3	200	Medley Relay	Girls A	26	100	Freestyle	Boys B
4	200	Medley Relay	Boys A	27	100	Freestyle	Girls A
				28	100	Freestyle	Boys A
5	50 I	Freestyle	PARA				
6	50 I	Freestyle	Girls B	29	200	Mixed Medley Relay	В
7	50 I	Freestyle	Boys B	30	200	Mixed Medley Relay	Open
8	50 I	Freestyle	Girls A				
9	50 I	Freestyle	Boys A	31	50 B	utterfly	PARA
				32	50 B	utterfly	Girls B
10	50 1	Backstroke	PARA	33	50 Butterfly		Boys B
11	50 I	Backstroke	Girls B	34	100	Butterfly	Girls A
12	50 I	Backstroke	Boys B	35	100	Butterfly	Boys A
13	100	Backstroke	Girls A				
14	100	Backstroke	Boys A	36	200	Mixed Free Relay	В
				37	200	Mixed Free Relay	Open
15	400	Free Relay	Girls B				
16		Free Relay	Boys B	38	100	I.M.	PARA
17	400	Free Relay	Girls A	39	100	I.M.	Girls B
18	400	Free Relay	Boys A	40	100	I.M.	Boys B
				41	200	I.M.	Girls A
19	50 I	Breaststroke	PARA	42	200	I.M.	Boys A
20	50 I	Breaststroke	Girls B				
21	50 I	Breaststroke	Boys B	43	200	Free Relay	Girls B
22	100	Breaststroke	Girls A	44		Free Relay	Boys B
23	100	Breaststroke	Boys A	45	200	Free Relay	Girls A
				46	200	Free Relay	Boys A

## **Afternoon Session**

Heats: 2:30 p.m. to 5:30 p.m.

Cowichan Secondary	Mount Douglas Secondary
Queen Margaret's School	Oak Bay High School
Belmont	Pacific Christian School
Parkland Secondary	Reynolds Secondary
Brooks Secondary School	Royal Bay Secondary
Gulf Islands Secondary	St Andrews Regional High School
Claremont Secondary	Stellys Secondary
GNS	Victoria High School

Event		Event	Category	Event		Event	Category
#				#			
101	200	Medley Relay	Girls B	124	100 Freestyle		PARA
102	200	Medley Relay	Boys B	125	100	Freestyle	Girls B
103	200	Medley Relay	Girls A	126	100	Freestyle	Boys B
104	200	Medley Relay	Boys A	127	100	Freestyle	Girls A
				128	100	Freestyle	Boys A
105	50 I	reestyle	PARA				
106	50 I	reestyle	Girls B	129	200	Mixed Medley Relay	В
107	50 I	reestyle	Boys B	130	200	Mixed Medley Relay	Open
108	50 I	reestyle	Girls A				
109	50 I	reestyle	Boys A	131	50 B	utterfly	PARA
				132	50 B	utterfly	Girls B
110	50 E	Backstroke	PARA	133	50 Butterfly		Boys B
111	50 E	Backstroke	Girls B	134	100 Butterfly		Girls A
112	50 I	Backstroke	Boys B	135	100	Butterfly	Boys A
113	100	Backstroke	Girls A				
114	100	Backstroke	Boys A	136	200 Mixed Free Relay		В
				137	200	Mixed Free Relay	Open
115	400	Free Relay	Girls B				
116	400	Free Relay	Boys B	138	100	I.M.	PARA
117	400	Free Relay	Girls A	139	100	I.M.	Girls B
118	400	Free Relay	Boys A	140	100	I.M.	Boys B
				141	200	I.M.	Girls A
119	50 E	Breaststroke	PARA	142	200	I.M.	Boys A
120	50 E	Breaststroke	Girls B				
121	50 E	Breaststroke	Boys B	143	200	Free Relay	Girls B
122	100	Breaststroke	Girls A	144	200	Free Relay	Boys B
123	100	Breaststroke	Boys A	145	200	Free Relay	Girls A
				146	200	Free Relay	Boys A

## **COACH/ SPONSOR CONTACT INFORMATION**

Complete and bring with your school's meet fees: \$30 per swimmer (Maximum 4 events)
Cheques made payable Saanich Peninsula Piranhas Swim Club

SCHOOL						CODE	
SCHOOL PHONE				SCHOOL FAX	(		
NAME COACH/SPONSOR							
SCHOOLS COACHED							
EMAIL				PHONE WOR	RK		
PHONE CELL				PHONE HOM	1E		
Are you a: Teacher	Sponsor			Student Co	ach		
Community Coach 🔲				Other			
# Swimmers attending:							
# Coaches attending:							
# of volunteers for:	,	STROKE &	k TURI	٧:			

## **VOLUNTEERS**

Swim meets need lots of volunteers! Please send this link to your swimmers' parents:

https://www.signupgenius.com/go/8050C4FAAAE2DA7F94-2021

Timing SIGN UP will be in the volunteer signup page.

## 2021 VI Zone High School Championships: Vaccination and Mask Statement

#### **Full Vaccination Required**

Per the PHO, "regular" swimming programming IE fun swims and club practices at the Nanaimo Aquatic Center, swimmers under 21 do not have to be vaccinated.

The 2021 VI Zone High School Championship meet is not considered "regular" swimming programming and is classified as an "event" larger than 50 people (almost 200 people in and around the main pool). All attendees (swimmers (12 and older), coaches and officials) will require proof of full vaccination. This is a requirement of the PHO and the Nanaimo Aquatic Centre.

Fully vaccinated is two doses of COVID 19 vaccine.

For those wondering or asking, a negative COVID 19 test prior to the meet is not considered "full vaccination". Full vaccination is the actual two doses of vaccine.

## https://www2.gov.bc.ca/gov/content/covid-19/vaccine/proof

Schools are asked to check all participating swimmers, teachers and chaperones for proof of vaccination in advance and to submit the attached certification form to the VI Zone rep prior to the meet. Any officials or others not on these certification forms will be checked upon entry for proof of vaccination per below.

### What is Proof of Vaccination?

Proof of vaccination is the digital or paper BC Vaccine Card with the QR Code (see above link for details).

We will not be able to accept vaccination cards (the ones we received at the actual vaccination appointments) so please make sure that all attendees not certified in advance have their digital or paper BC Vaccine Cards plus ID ready for admittance to the meet.

#### **Mask Wearing**

\*\*\*MASK UPDATE 2021/10/12\*\*\* Masks must be worn by all attendees (swimmers (<u>5 years old and up)</u>, coaches and officials) while in the NAC facility. The only exception for mask wearing will be for swimmers walking back and forth between the bleachers and the pool for warmups or racing.

## **Spectators**

There will be no spectators allowed in the NAC as they count against the total swimmers we can host. Only registered Swimmers, Coaches and Volunteers/Officials will be allowed in the facility. We ask schools to try and minimize the number of coaches, teachers and chaperones in the pool as these count against the number of swimmers we can host. We will need Timers and Stroke and Turn Judges, so sign up for the best seats in the house!