

2022 BC School Sports Vancouver Island Aquatic Championship

Saturday, October 22, 2022

Nanaimo Aquatic Center

741 Third Street

Nanaimo BC V9R 7B2

MEET PACKAGE

www.vihighschoolswimming.ca

Host School: Nanaimo District Secondary

Warmup and Start Times

Scratches and relay adjustments due by 9:30 a.m.

Group A Warmup: 8:30 a.m. to 9:10 a.m.

Group B Warmup: 9:10 a.m. to 9:50 a.m.

Group C Warmup: 9:50 a.m. to 10:30 a.m.

Officials/Timers Meeting: 10:00 a.m.

Coaches Meeting: 10:30 a.m.

Events: 11 a.m. to 4:30 p.m.

Course: 25 metres - 8 Lanes, 2 Cool Down Lanes
Starting blocks and Colorado Timing System
Timed Finals Meet

Meet Mobile: Live results will be published to Meet Mobile but please do **NOT** rely on it for event and heat start times.

Note: This is an unsanctioned meet.

IMPORTANT DATES

October 5, 2022 BCSS Fall Team registration deadline

October 19, 2022: BCSS Fall Roster athlete registration deadline

Thursday, October 13, 2022 10 pm: Zone Meet Entry deadline

Tuesday October 18, 2022 12:00pm: Zone Meet Scratches due

Wednesday, Nov. 2, 2022 5:00pm: Provincial Scratches due from Coaches

BC School Sports Team Sport Registration

It is the Athletic Director's responsibility to ensure their school is registered with BC School Sports (BCSS) and in Aquatics by the October 5, 2022 deadline. Roster registration for each athlete must be completed in STARS by October 19, 2022. BCSS will assess penalty fines for late registrations.

Zone Meet Entry Deadline: Thursday, October 13, 2022 at 10:00 pm

- Schools will be provided with excel files to fill in team rosters and entries. Look to our website for downloads: <https://www.vihighschoolswimming.ca/zone-championship-meet>
- Swimmers must record a time at the Zone Meet in any one event to be eligible to swim at the Provincial Championship Meet.
- Email all Meet Entries to: viswimentries@gmail.com by Thursday, October 13, 2022 10pm. Late entries will not be accepted.

Entry fees: \$35 per swimmer up to a maximum of 4 events, including relays & alternates
Cheques made payable to Nanaimo White Rapids Swim Club due at Zone Meet.

Meet Officials

Meet Manager: Paul Miller / Laurel Laturus
Meet Referee: Dave Morch
Alternate Referee: Brent Postlethwaite
Clerk of Course: Mark Duffell
Recorder/Scorer: Shelly Johnson
Colorado Timing: Ron Deschambault

Volunteers

Volunteers are needed to run the meet! Parents, this is you!

- Timers
- Stroke and Turn Officials: SwimBC and BCSSA officials are required.

Sign up online: <https://www.signupgenius.com/go/8050C4FAAAE2DA7F94-2022>

Timing SIGN UP will be in the volunteer signup page.

Every school must have a minimum of 2 timers and one Official working at any one time during the meet. Lanes will be assigned to schools for 3 hours or ½ the meet shifts.

More details on VI High School Zone Swimming is available on our new website at

www.vihighschoolswimming.ca

Warm up

- Warm up lane assignments will be sent by email and posted at the meet
- Two lanes will be available throughout the meet in the east competition pool for warm up and cool down. Coaches are to instruct and supervise their swimmers on how to enter the

pool (no diving except in designated sprint lanes or when only going in one direction. Coach must be managing the lane).

- **Dive/Sprint Lanes:** Coaches have discretion to organize dives and sprints in their designated lanes. Dives must be supervised and swimmers must exit via the bulkhead unless they are in lanes 1 or 8.

Deck Food

Refreshments will be provided to volunteer officials and timers.

Water bottles

Please bring your own water bottle to be environmentally responsible.

Classification of Swimmer Categories

All swimmers are limited to a total of four events including alternate entries. This is an unsanctioned meet; no times recorded at this meet by SNC / SwimBC members may be used for Provincial or National Qualification or any Team selection.

All swimmers must be correctly classified in the appropriate category or they will be disqualified in their individual events and relays. Please ensure your swimmers are honest about their swimming background. A complaint could result in a severe impact on the swimmer's school's results.

A Category(Open)

- Any swimmer with an SNC number who has competed in a Winter Swim Meet OR has swum with a year-round club as of September 1 of the previous year is classified as an A(Open) category swimmer.
- Swim academy athletes must participate in the A(Open) category only.
- B swimmers can compete in any A(Open) Category due to no SNC sanction. No SNC number is required to swim in the A(Open) Category.
- International swimmers that have participated with a year-round club are considered A(Open) swimmers.

B Category

- As of January 1st of the championship year, a B Category swimmer trains and competes from May 1st to September 1st with no restrictions.
- From September 2nd to April 30th, a B swimmer may train with their high school team and may participate in other speed swimming training such as winter maintenance, Triclub, and private coaching. They may not compete in a Winter Swim Meet with an SNC number.
- Any swimmer in the A category who is registered in a B event will be disqualified from the Meet. This includes relay teams.
- B swimmers may swim in B or A(Open) category relays but may not swim in the same relay in both the A(Open) and B event. (Ex. 200 Free A Relay or 200 Free B Relay, but not both).
- B swimmers are not permitted to swim in both A(Open) and B individual events of the same race.

C Category

- This category is no longer used.

Para Category

- A Para swimmer can compete in any BCSS event. A Para athlete must follow the classification as per Swimming Canada. He or she will be placed in order of finish by gender.

Championship Meet Rules

1. All competitors must be registered with BC School Sports and meet BCSS eligibility rules. Any swimmer who is not registered faces disqualification and/or school fines.
2. The meet will use the One Start Rule, and the relay rules.
3. Competitors must wear only one swimsuit. For boys, the suit shall not extend above the navel or below the knee. For girls, the suit shall not cover the neck, nor extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials and have no zippers.
4. Each swimmer is limited to a total of 4 events. These events may be individual swims, relays or a combination. Listing as an alternate on a relay will count as one of the 4 events.
5. All entries must have times; No-time entries will not be accepted. The time is for seeding purposes. This ensures that swimmers swim against others with similar times. Swimmer's age must be included on their entry.
6. Start will be a series of short whistle blasts followed by a long whistle at which time the swimmers will mount the blocks. The Referee will signal the starter by an outstretched arm, following which the starter will instruct the swimmers to "take their marks" and will then cause a beep signal. The swimmers will start on the beep signal.
7. A-category swimmers may not compete in B events.
8. B-category swimmers may compete in A(Open)-Category events (both individual and relays).

Relay Rules

1. Any swimmer who swims at the zone meet is eligible to swim on a relay at the Provincial meet.
2. Mixed relay events must include 2 boys and 2 girls. Single gender schools are not permitted to combine for the purposes of creating a mixed relay.
3. No more than 2 teams from each school will be allowed to compete at Zones in each relay event.
4. **RELAY ENTRIES:** Must be submitted in the excel spreadsheet by the entry deadline. Deck entries of relays will not be permitted but up to 2 swimmer substitutions per relay will be allowed until the 9:30 am scratch deadline on the day of the meet.

ENTRY INSTRUCTIONS

- Enter swimmers for events under their own school, regardless of who coaches them
- A psych sheet and fee report will be sent by e-mail on Sunday October 16, 2022. Please review for any errors and advise of necessary corrections. Corrections and Scratches must be returned to: viswimentries@gmail.com prior to Noon **Tuesday October 18, 12:00pm**. Corrections are for

input errors only, and are not intended to change swimmers' events after the psych sheet. Save and print your entries to bring to the meet.

- Once the meet is seeded, scratches will be taken, but the meet WILL NOT BE RESEEDDED.

TEAM REGISTRATION

The team's teacher sponsor or approved designate must check in with the Clerk of Course on the pool deck before Warm Ups. You will need to have the following for your swimmers to participate at the Zone Meet:

- 1) Fee Report and Entries– this will reflect the Entries submitted by the Thursday October 13, 2022 deadline – there are no refunds for scratches.
- 2) Payment – Please make all cheques payable to Nanaimo White Rapids Swim Club
- 3) Sponsor Teacher/Coach Contact Information Form (page 8 of this meet package)

SWIMMER SUPERVISION

If a sponsor teacher/coach is not accompanying the swimmer(s), a designated parent or alternate needs to have a letter from the school authorizing them to make decisions on behalf of the school (eg. DQ protests, etc).

ADVANCING to Provincial Championship

November 18 & 19, 2022, Richmond, BC – Watermania

NEW: Due to new zone representation berthing (number of entries) based on a BC School Sports recommended numbers-based-allocation the

- **Top 6** entries in each individual event qualify for the Provincial Championship. **
- **Top 6** relay teams per relay event advance, with the EXCEPTION that only two relays from the same school per event may advance to Provincials.**

**THESE NUMBERS TO BE CONFIRMED AT A LATER DATE

- Following the Zone meet **ALL scratches** are due to viswimentries@gmail.com by Wednesday, **November 2, 2022, 5:00pm, even if swimmers or relays are not in an advancing position.** This includes any alternates who may move into spots. Alternates will not be allowed after the scratch deadline. Reminder: Schools are responsible for payment for swimmers who scratch after the Nov 2nd Provincial scratch deadline.

Remember to enter PARA swimmers in the B category events. After Zones they will be seeded in the appropriate Event number for Provincial Championship.

AWARDS AND SCORING

Should time permit, certificates with times will be made available to school coaches or a designate at the end of the meet. If they are not available at the meet they will be mailed out at a later date.

Points System for Scoring the Zone Championship Meet

Individual events

1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
10	8	6	5	4	3	2	1

Relay events

1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
20	16	12	10	8	6	4	2

PARA scoring is a reverse format and based on the number of swimmers in each event.

Example: 8 swimmers (20-18-16-15-14-13-12-11)
4 swimmers (14-13-12-11)
1 swimmer (11)

TROPHIES: Several perpetual trophies have been lost. Please check your school trophy case and bring any swimming trophies to the Clerk of the Course.

PERPETUALS: Overall Winner Total points "A"+ "B"
Most "A"+ "B" Individual points
Top "A" Team - Individual Events
Top "B" Team - Individual Events

PLAQUES: Team Team Excellence (Most points per team member)
Most Relay Points
Most "A" relay points
Most "B" relay points

BOB SMIRL AQUATIC AWARD (4 x \$100.00) - Vancouver Island region

This year, the Bob Smirl Aquatic Award will be made through a random draw to eligible graduating students. The hope is the winner continues to contribute to the sport of swimming, and exhibits qualities of Leadership, Sportsmanship and Athletic Ability.

There are 4 prizes of \$100 each (2 will be awarded to girls and 2 for boys). Winners will be announced on October 22 during the Vancouver Island zone meet.

**VANCOUVER ISLAND ZONE SWIMMING CHAMPIONSHIP
ORDER OF EVENTS**

Events: 11 am to 4:30 pm (estimated)

Event #	Event	Category	Event #	Event	Category
1	20 0 Medley Relay	Girls B	24	10 0 Freestyle	PARA
2	20 0 Medley Relay	Boys B	25	10 0 Freestyle	Girls B
3	20 0 Medley Relay	Girls A	26	10 0 Freestyle	Boys B
4	20 0 Medley Relay	Boys A	27	10 0 Freestyle	Girls A
5	5 0 Freestyle	PARA	28	10 0 Freestyle	Boys A
6	5 0 Freestyle	Girls B	29	200 Mixed Medley Relay	B
7	5 0 Freestyle	Boys B	30	200 Mixed Medley Relay	Open
8	5 0 Freestyle	Girls A	31	50 Butterfly	PARA
9	5 0 Freestyle	Boys A	32	50 Butterfly	Girls B
10	5 0 Backstroke	PARA	33	50 Butterfly	Boys B
11	5 0 Backstroke	Girls B	34	10 0 Butterfly	Girls A
12	5 0 Backstroke	Boys B	35	10 0 Butterfly	Boys A
13	10 0 Backstroke	Girls A	36	20 0 Mixed Free Relay	B
14	10 0 Backstroke	Boys A	37	20 0 Mixed Free Relay	Open

	40				
15	0 Free Relay	Girls B			
16	400 Free Relay	Boys B	38	100 I.M.	PARA
	40				
17	0 Free Relay	Girls A	39	100 I.M.	Girls B
	40				
18	0 Free Relay	Boys A	40	100 I.M.	Boys B
			41	200 I.M.	Girls A
	5				
19	0 Breaststroke	PARA	42	200 I.M.	Boys A
	5				
20	0 Breaststroke	Girls B			
	5			20	
21	0 Breaststroke	Boys B	43	0 Free Relay	Girls B
	10			20	
22	0 Breaststroke	Girls A	44	0 Free Relay	Boys B
	10			20	
23	0 Breaststroke	Boys A	45	0 Free Relay	Girls A
				20	
			46	0 Free Relay	Boys A

COACH/ SPONSOR CONTACT INFORMATION

Complete and bring with your school's meet fees: **\$35** per swimmer (Maximum 4 events)

Cheques made payable Nanaimo White Rapids Swim Club

SCHOOL		CODE	
SCHOOL PHONE		SCHOOL FAX	
NAME COACH/SPONSOR			
SCHOOLS COACHED			
EMAIL		PHONE WORK	
PHONE CELL		PHONE HOME	
Are you a:	Teacher Sponsor <input type="checkbox"/>	Student Coach <input type="checkbox"/>	
	Community Coach <input type="checkbox"/>	Other <input type="checkbox"/>	
# Swimmers attending:			
# Spectators attending:			
# of volunteers for:	TIMING:	STROKE & TURN:	