2022 VANCOUVER SEA TO SKY REGIONAL SWIM MEET INFORMATION FOR COACHES

Zone Rep: Chris Read Email: cread@wpga.ca

West Point Grey Academy 604 222-8750

Meet Manager: Barry Parrish

1. **DATE**: Friday, October 28, 2022

2. **TIME**:

Warmup 6:45 am-7:45 am

Events 8:00 am-5:00 pm

Officials Check-in: 7:30 am Coaches Check-in at 7:30 am Timers to report at 7:45 am

3. PLACE: Watermania 14300 Entertainment Blvd, Richmond, BC V6W 1K3

Phone:(604) 448-5353

4. CLASSIFICATION OF COMPETITORS AND RULES

As outlined in the BC School Sports Handbook & Directory (Aquatics) and the aquatic's website: http://www.bcschoolsports.ca/championship/aquatics

5. **MEET RULES**

- 5.1 Swim meet rules governing the meet will be SNC and SWIM BC rules.
- 5.2 No "NT (No time)" should be avoided whenever possible. Please estimate an athlete's entry time where none is available.
- 5.3 The meet will run card less. Coaches are responsible for getting swimmers to the blocks. Swimmers who miss their event will not be allowed to re-swim the event.

- 5.4 The no false start rule will be in effect.
- 5.5 Swimmer's age and grade must be included in the entries (setup in Hy-tek Team Manager.)
- 5.6 Once the meet is seeded, scratches will be taken, but the meet will not be reseeded.
- Maximum 4 entries per swimmer whether individual events or relays.
- 5.7 Scratches must be submitted by email no later than <u>OCTOBER 24, 2022 (see below)</u>

6. TEACHER SPONSOR

Each team must be accompanied at all times by a teacher sponsor. This requirement may be fulfilled by the principal of a school sending a letter with another team, designating a teacher from within the same school district as sponsor/chaperone. No teacher/no letter=no swimming.

7. **REGISTRATION**

It is the responsibility of coaches to ensure that their school is registered with BC School Sports and that each athlete is eligible form competition.

8. ENTRY FEES

10 \$ for each individual swimmer

9. SCRATCHES/DECK ENTRIES

Before the meet begins, coaches must inform the clerk of the course of any scratched swimmers. Deck entries and changes are not permitted.

10. ENTRY INSTRUCTIONS

- Entries must be completed using Hytek team manager. Hytek Team Manager: TM
 Lite can be downloaded here: The Download Center is found at www.hy-tekltd.com
- Please download the software and familiarize yourself with the entries early to alleviate stress at the last minute before the deadline.

Entry Deadline: Thursday October 20, 2022 at 16:00 Late entries will not be accepted.

- A psych sheet and fee report will be circulated via e-mail October 21 at 17:00 pm
- Corrections need to come in an email Emails to bchsswim@gmail.com prior to Monday October 24 at 16:00 (to Rob)

Changes after the correction deadline need to be submitted on paper the morning of the meet, in the format of: ADD... SCRATCH... RELAY NAME, with accompanying event, swimmer name and team name. Provincial scratches must be made by November 4 at 16:00

Special Notes:

- Entries may be modified up to the entry deadline
- Any questions, comments or issues should be reported to: <u>bchsswim@gmail.com</u>
- We will post the psych sheet shortly following the entry deadline.
 Entries Must be received by <u>Thursday October 20, 2022 Late entries will not be accepted</u>
- Heat sheets will be out by Wednesday October 26
- Bring a cheque made out to West Point Grey Academy to the meet.
- You will be emailed your amount owing a few days before the meet including the facility improvement fee per swimmer
- Please include a completed "Coach/Sponsor Contact Sheet" with your entries by Thursday, October 20, 2022.
- All schools are responsible for having two volunteer timers or stroke and turn judges for either the morning shift or afternoon shift. There will be a google doc sent out for the signup.
- Schools that do not provide 2 volunteers will receive a financial penalty

11. BC CHAMPIONSHIPS

The top 7 entries in each event (individual and relay) will qualify for the High School Provincial Championship meet, to be held on Nov 18/29, 2022, in Richmond at Watermania. Results from the zone meet will be sent directly to Rob Traynor at bchsswim@gmail.com.

12. **SCRATCHES**

Swimmers in the Top 7 who will NOT be attending the Provincial Championships) should be submitted to Rob Traynor r directly (bchsswim@gmail.com) Friday, November 4 by 4:00 pm. Further information is available

at: http://www.bcschoolsports.ca/championship/aquatics

13. AWARDS AND SCORING

Individual points	10	8	6	5	4	3	2	1
Relay points	20	16	12	10	8	6	4	2

ZONE SWIM EVENT LIST

*Please note the event order at the ZONE meet reflects the order at the provincial championship

1	Girls 200 Medley B Relay	24	Girls 100 Freestyle PARA
2	Boys 200 Medley B Relay	25	Girls 100 Freestyle B
3	Girls 200 Medley A Relay	26	Boys 100 Freestyle B
4	Boys 200 Medley A Relay	27	Girls 100 Freestyle A
		28	Boys 100 Freestyle A
5	Girls 50 Freestyle PARA		
6	Girls 50 Freestyle B	29	Mixed 200 Medley B Relay
7	Boys 50 Freestyle B	30	Mixed 200 Medley A Relay
8	Girls 50 Freestyle A		•
9	Boys 50 Freestyle A	31	Girls 50 Butterfly PARA
	•	32	Girls 50 Butterfly B
10	Girls 50 Backstroke PARA	33	Boys 50 Butterfly B
11	Girls 50 Backstroke B	34	Girls 100 Butterfly A
12	Boys 50 Backstroke B	35	Boys 100 Butterfly A
13	Girls 100 Backstroke A		•
14	Boys 100 Backstroke A	36	Mixed 200 Freestyle B Relay
	•	37	Mixed 200 Freestyle A Relay
15	Girls 400 Freestyle B Relay		
16	Boys 400 Freestyle B Relay	38	Girls 100 IM PARA
17	Girls 400 Freestyle A Relay	39	Girls 100 IM B
18	Boys 400 Freestyle A Relay	40	Boys 100 IM B
		41	Girls 200 IM A
19	Girls 50 Breaststroke PARA	42	Boys 200 IM A
20	Girls 50 Breaststroke B		•
21	Boys 50 Breaststroke B	43	Girls 200 Freestyle B Relay
22	Girls 100 Breaststroke A	44	Boys 200 Freestyle B Relay
23	Boys 100 Breaststroke A	45	Girls 200 Freestyle A Relay
		46	Boys 200 Freestyle A Relay

COACH/ SPONSOR CONTACT INFORMATION

PLEASE SEND THIS COMPLETED FORM TO cread@wpga.ca

SCHOOL:	 	
SCHOOL PHONE #:		
COACH/SPONSOR:	 	
EMAIL:		