

BCSS NEWSLETTER

MARCH 2020



WELCOME SPRING!

As we say hello to a new sport season, we also wrap up another wonderfully competitive winter season. It's an exciting time of year with our last winter championships yet to unfold, and the first of the spring sports stepping out onto the field. As we quickly head towards April and the BCSS AGM, there are some important pieces to be aware of. BCSS recently published the Governance Proposal, which includes important information on potentially large organizational changes. The recommendations put forward in the proposal are important to understand as they will be a major focus at the upcoming AGM. BCSS has published a short and informative video alongside the document to ensure that membership education is a priority. The link to the video can be found on the following page of the newsletter. Along with the AGM, there are several important spring deadlines to be aware of, check the last page of the newsletter for all upcoming dates. March also brings us into spring break and a much needed time for teachers and students to reset before the busy final few months of the school year. BCSS wishes everyone a wonderful break and a sunny start to the spring season!

GOVERNANCE PROPOSAL

[Document link](#)

Video link: <https://youtu.be/axmae7eYXe8>

In February, BCSS published the official Governance Proposal with the hopes of giving the membership an opportunity to read and understand the proposed changes ahead of the upcoming AGM. The proposal was developed by the Governance Committee over the last 15 months, and includes recommendations based on extensive research into best practices among other school sport organizations across North America. As this document provides in-depth information about the motion that will be put forward at the AGM in April, it is important to understand the extensive work and broad perspective behind these proposed changes. Please take some time to review the proposal and watch the information video, to ensure you are well informed on the recommended changes.



BCSS STUDENT LEADERSHIP SCHOLARSHIP

BC School Sports is pleased to once again be providing a scholarship opportunity for two student-athletes (one male, one female) who are currently in grade 10. The two recipients of this scholarship, along with a school based chaperone, will attend the National Federation of State High School Association (NFHS) National Student Leadership Summit (NSLS) in Indianapolis, Indiana from July 20-22, 2020. The NSLS will focus on relevant and contemporary issues affecting today's students in education-based athletics. Students will sharpen their leadership skills and begin to understand the privilege and power of their influence in their school and community.

Please visit our [website](#) to find more information, the deadline to submit an application is **April 1st, 2020.**

BCSS Partners with Dr. Martin Camiré on Mental Health Study

Mental health concerns everyone, especially those of us working with young student-athletes. BCSS is proud to be partnering with Dr. Martin Camiré and his team at the University of Ottawa on their mental health in sport study. Dr. Camiré is an Associate Professor at U Ottawa in the School of Human Kinetics. Through his research, Dr. Camiré is interested in examining how positive youth development can be facilitated through the context of sport. BCSS has worked with Dr. Camiré previously as he is one of the leading researchers on educational athletics in Canada. The goal of this particular study is to better understand the link between adolescents participating in sport and their mental health. The study will take place over the course of five years, following senior student-athletes from adolescence into young adulthood through a series of annual surveys. The research team is currently looking for grade 11 and 12 student-athletes from across Canada to participate in the study. At the end of each year, participants will be entered into a draw to win one of several Amazon gift cards. We ask that you share this important information with your students so we can all better understand the connections between sport and mental health. More information is also available on the School Sport Canada website: <http://www.schoolsport.ca/were-looking-for-you-mental-health-study-launched/>

2019-2020 BCSS AWARDS

Teachers, Athletic Directors, Administrators and Commissioners! Do you know someone in your local school community who goes above and beyond with your sports programs? Start thinking about those who have made a significant difference to high school sport and nominate them for one of the following BC School Sports Awards.

Honor Award

- Must have been involved as a coach/sponsor at the school level
- Must have served administratively on at least two of the following: Executive of a Local Association, Executive of a Sport Commission or member of a Standing Committee
- Must have served at least one full 2 year term as a member of the BCSS Board of Directors
- Must be, or have been, a teacher or administrator
- Must not currently be a member of the BCSS Board of Directors

Merit Award

- Must have been involved as a coach/sponsor, administrator or official at the school level
- Must have served administratively on at least one of the following: Executive of a Local Association; Executive of a Sport Commission; member of a Standing Committee; member of the BCSS Board of Directors
- Must not currently be a member of the BCSS Board of Directors.

Coach of the Year (Male & Female)

- Must have been actively involved in coaching high school athletics for a minimum of ten years
- Consistently promotes the philosophy of fair play and sportsmanship
- Must be, or have been, a teacher or school administrator
- Must not currently be a member of the BCSS Board of Directors

Outstanding School

To recognize a school whose special commitment to improving the lives of its students and staff through athletics, intramurals, leadership and public service has contributed significantly to the welfare of school athletics in its local community and within the province.

Check out the award nomination information under the awards tab on our [website](#) and complete the online survey! The nomination deadline is **March 13th 2020**. Awards will be presented at the breakfast prior to our AGM on April 19th 2020.

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Sanctioning

Hosting or Travelling to an Event

Competition between two or more BCSS member schools is automatically sanctioned. When you are travelling to or hosting an event or exhibition game with an out of province team sanctioning is required. Complete the sanctioning form on the website at least 30 days in advance of the event or fines will apply.

Third Party Event Sanctioning

If your school wishes to attend an event that is not hosted by a member school (eg: university, club, community etc.) please ensure the event has been sanctioned by BCSS before attending. There is a list of BCSS third party sanctioned events on the BCSS homepage.

Questions about forms? Check out the Quick Guide on our website!

2019-2020 Scholarships

BCSS will once again be offering several scholarships to our deserving student-athletes. Applications are now open, the deadline for submitting applications is **May 4th 2020**. Check out our [website](#) for the scholarships being offered in the 2019-2020 school year!

Rugby 7s Demonstration Season

BCSS is excited to announce that Rugby 7's will be having its first ever demonstration season this spring! Team registration is now available through STARS for the Spring 2020 season. An information package on the mechanics of the season was recently sent out to all Athletic Director's in the province. If your school is interested in fielding a team and would like more information please contact the Rugby 7's Coordinator Moreno Stefanon at Moreno.Stefanon@burnabyschools.ca. Schools are encouraged to participate in the demo season as it gives BCSS and the BCSSRU a good understanding of the demand for the sport in the province. This is an exciting opportunity to introduce students to a new sport and grow the game of rugby in British Columbia!



CIAAA National Conference & BCSS AGM



The CIAAA National Athletic Directors Conference is right around the corner! Registration is filling up fast so make sure to secure your spot at this great event. If you are planning on attending the conference, do not miss the reduced rates for early registration, the deadline is March 17th. Check out <https://www.ciaaa.ca/> for more information.

The conference is happening directly ahead of the BCSS AGM, which is also taking place at the Coast Harbour Hotel in downtown Vancouver. The deadline to book a room is **March 16, 2020**- for more information on the hotel and booking please [click here](#). Make sure to guarantee yourself a spot at our annual awards breakfast by submitting your **RSVP** by April 13th.

A reminder that AGM advanced voting will be open from **April 7th until noon on April 15th**. More information will be provided in Meeting Package #2, which will be sent out at the end of March. Keep an eye out for more important information to come!

5th ANNUAL NATIONAL **ATHLETIC DIRECTORS CONFERENCE**

PRESENTED BY THE
CANADIAN INTERSCHOLASTIC ATHLETIC ADMINISTRATORS ASSOCIATION



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APRIL 16-18, 2020 | VANCOUVER, BC
PROFESSIONAL DEVELOPMENT
FOR ATHLETIC DIRECTORS

ciaaa.ca

2019-2020 BCSS DEADLINES

March 13	BCSS Awards Submission Deadline
April 3	Board of Directors Nomination Deadline (12:00pm)
April 8	Team Registration Deadline
April 14	Eligibility Appeals Submission Deadline (2:00pm)
April 16-18	CIAAA National Athletic Directors Conference
April 18-19	BCSS Annual General Meeting
April 18	Eligibility Appeals Committee Meeting
April 29	Roster Registration Deadline
May 4	Scholarship Application Deadline
May 5	Eligibility Appeals Submission Deadline (2:00pm)
May 9	Eligibility Appeals Committee Meeting

If you have any questions please contact the office at:

Phone: 604-477-1488

Email: info@bcschoolsports.ca

SPRING CHAMPIONSHIPS

Date	Sport	Location
May 21-22	Ultimate	Surrey
May 22	Mountain Biking	Qualicum Beach
May 27-30	AA, AAA & AAAA Boys Rugby	Abbotsford
May 27-29	AA Girls Soccer	Port Coquitlam
May 28-30	AA Tennis	Burnaby
May 28-30	AAA Tennis	Vancouver
May 28-30	A Girls Soccer	Langley
May 28-30	AAA Girls Soccer	Campbell River
May 28-30	Badminton	Richmond
May 29-30	Track & Field (Combined Events)	Surrey
May 31-June 2	A Golf	Osooyos
May 31 - June 2	AAA Golf	Penticton
June 1-3	AA Golf	Surrey
June 4-6	AA & AAA Track & Field	Langley
June 5-6	Rugby 7's (Demonstration Sport)	Burnaby

BC School Sports would like to acknowledge the following sponsors for their generosity and support:

