

2022 Kootenay Zone High School Championship Swim Meet

Wednesday, November 2, 2022 – Fernie, BC

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1. **DATE:** Wednesday, November 2nd, 2022
 - 1.1. Warm-up 10:00 a.m. Events 11:00 a.m. – 3:00 p.m. (approx.)
2. **VENUE:** Fernie Aquatic Centre, 250 Pine Avenue, Fernie, BC
3. **CLASSIFICATION OF COMPETITORS AND RULES**
 - 3.1. As outlined in the BC School Sports Handbook & Directory (Aquatics) and the Aquatic's website (<http://www.bcschoolsports.ca>).
4. **MEET RULES:**
 - 4.1. Swim meet rules governing the meet will be SwimBC rules with the following exceptions:
 - 4.1.1. One Start Rule
 - 4.1.1.1. There will be one start signal for each race. Should an athlete start the race before the signal they will be disqualified. There will be no restart, the race will continue on the single start for those who started legally.
 - 4.1.2. Relay Rules
 - 4.1.2.1. All relay events must have four (4) different athletes from the same school.
 - 4.1.2.2. Mixed relays must consist of two (2) male athletes and two (2) female athletes, mixed relays from two single- gendered schools are prohibited.
 - 4.1.2.3. Any athlete who competes at zones is permitted to swim on a relay team at provincials.
 - 4.1.2.4. The order on the relay card is the order that the swimmers **MUST** use in the race. Failure to swim in the same order will result in a disqualification.
 - 4.1.2.5. No more than 2 teams for each school will be allowed to compete at provincials in each relay event
 - 4.1.3. Swim Suits
 - 4.1.3.1. Competitors must only wear one swimsuit made from textile materials and have no zippers.
 - 4.1.3.2. Male athletes, the suit shall not extend above the navel or below the knee.
 - 4.1.3.3. Female athletes, the suit shall not cover the neck, nor extend past the shoulder, nor extend below the knee.

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- 4.2. All swimmers should be entered with entry times. Estimated times will be accepted.
- 4.3. The meet will run cardless. Coaches are responsible for getting swimmers to the blocks. Swimmers who miss their event will not be allowed to re-swim the event.
- 4.4. Once the meet is seeded, scratches will be taken, but the meet will not be reseeded.
- 4.5. **Each swimmer is allowed six swims** (which includes relays.) No more than four individual events and no more than four relay events per swimmer. Provincial qualifiers are only allowed four swims at the provincial championships (including being listed as an alternate on relays).
- 4.6. **Maximum four swimmers per school in any one event** with the exception of **unlimited numbers in the 50 free.**
- 4.7. **Swimmers must be grade 8 or higher.** (Grade 7's may swim as exhibition ; these athletes need to be clearly marked in the entries with their grade marked)
- 4.8. Athletes must swim for their own school even if it is a team of one.
- 4.9. Entries must be submitted by email to the meet manager (ahaines@me.com) by 6:00 pm on Wednesday, October 26th, 2022. We will email the psych sheet and team invoices to coaches/sponsors shortly after the entry deadline. Instructions to by via School Cash Online will be provided at the same time. **Swimmers will not be allowed to enter the water until met fees have been paid.**

5. ADDITIONAL CONSIDERATIONS

- 5.1. Spectators
 - 5.1.1. Due to the size of the facility there is limited room for spectators.
- 5.2. Heat Sheets
 - 5.2.1. A limited number of heat sheets will be available for coaches on the day of the meet.
 - 5.2.2. A digital copy of the heat sheet will be emailed to each coach prior to the meet.
- 5.3. Behaviour
 - 5.3.1. It is the coaches and administrators responsibility to police not only your own athletes but to report any incidents to meet management.
- 5.4. Traffic
 - 5.4.1. Meet officials will endeavor to manage "traffic" flow throughout the meet in a way that maximizes the health and safety of the athletes, coaches, and volunteers.
- 5.5. Coaches
 - 5.5.1. Coaches will be provided a table (possibly shared) and chair during the meet.

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6. BC CHAMPIONSHIPS

6.1. The top entry in each event will qualify for the provincial championship. The championship meet will be held November 18-19, 2022 at Watermania in Richmond. Provincial meet information is available at

<https://www.bcschoolsports.ca/commissions/aquatics>

6.2. ENSURE THAT STUDENTS ARE AWARE OF THE PROVINCIAL MEET. AT THE ZONE CHAMPIONSHIPS COACHES MUST DECLARE WHICH SWIMMERS WILL BE TRAVELLING TO RICHMOND FOR THE PROVINCIAL CHAMPIONSHIPS.

7. BC SCHOOL SPORTS COMPETITIVE DESIGNATIONS -- SWIMMING:

7.1. **A Category** (or Open Category): Any swimmer meeting the qualifications of BC School Sports. No SNC number is required to swim in the A category. If a swimmer has competed in a winter meet between September 1st to April 30th of the previous year with an SNC number then he or she is classified as an A Category swimmer. Swim academy athletes must participate in the A category only.

7.2. **B Category:** As of January 1st of the championship year, a 'B Category' swimmer trains and competes from May 1st to Sept. 1st with no restrictions. From Sept. 2nd to April 30th a B swimmer may train with their high school team and may participate in *other* speed swimming training (eg. Winter maintenance, Triclub, private coaching.) Total training time (in addition to unrestricted high school practice) as described MAY NOT exceed two hours per week or the swimmer is an A swimmer. 'A' category swimmers registered in a 'B' event will be disqualified from the Meet. This includes relay teams. 'B' swimmers may swim in the 'B' or 'A' category for individual events. For relays, 'B' swimmers may swim in 'B' or 'A' category relays but may not swim in the same relay in both the 'A' and 'B' event.

7.3. **Para Category:** Any swimmer classified as a swimmer with a disability under SNC classifications. PARA athletes are not required to be officially classified or have an SNC number to compete in this category.

8. TEACHER SPONSOR AND VOLUNTEERS

8.1. Each team must be accompanied by a teacher sponsor. This requirement may be fulfilled by the principal of a school sending a letter with another team, designating a teacher from within the same school district as sponsor/chaperone. No teacher/no letter=no swimming. **A representative from each school (ie. Coach or teacher) must attend a meeting immediately following the meet to determine who will be advancing to the provincial championships.**

8.2. All schools are responsible for having two volunteers working throughout the day. We will be looking for volunteers as both Timers and Stroke and Turn Officials. Please note

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that Timers will be trained at the pool on the day of the meet, Stroke and Turn officials must be previously trained and qualified.

8.3. You may arrange shifts for your own volunteers.

9. **ENTRY FEES:** \$40.00 per swimmer

10. **SCRATCHES/DECK ENTRIES:** Before the meet begins, coaches must inform the clerk of the course of any scratched swimmers. Deck entries and changes are not permitted. There is no refund for scratches after the entry deadline has passed.

11. **ENTRIES:** Swim meet entries will be done with HYTEK software, either Team Manager Lite (free, downloadable from HYTEK) or Team Manager. A Hytek entry file will be emailed to coaches/sponsors. Entries must include Grade and entry time, and must be submitted by email to the Meet Manager no later than 6:00 pm on Wednesday, October 26, 2022.

11.1. **Please include the following details in the body of your email when sending your Hytek entries:**

11.1.1. SCHOOL NAME(S), SCHOOL PHONE #: COACH/SPONSOR NAME: COACH'S EMAIL

11.1.2. TWO VOLUNTEER NAMES, EMAIL ADDRESSES AND DESIRED POSITION

12. **MEET VOLUNTEER TIMER INFORMATION (Parents or Students)** **Every school must have a minimum of 2 volunteers working at any one time during the meet. These volunteers must be either timing or officiating in Stroke and Turn. *Please note that Stroke and Turn officials must be fully trained in this capacity. Timers may be trained at the meet.

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13. **EVENTS** The events will be ordered according to the event numbers below. All Events will be swum as timed finals.

BC SCHOOL SPORTS PROVINCIAL SWIMMING CHAMPIONSHIP ORDER OF EVENTS

Event #	Event	Category	Event #	Event	Category
1	200 Medley Relay	Girls B	24	100 Freestyle	PARA
2	200 Medley Relay	Boys B	25	100 Freestyle	Girls B
3	200 Medley Relay	Girls A	26	100 Freestyle	Boys B
4	200 Medley Relay	Boys A	27	100 Freestyle	Girls A
			28	100 Freestyle	Boys A
5	50 Freestyle	PARA			
6	50 Freestyle	Girls B	29	200 Mixed Medley Relay	B
7	50 Freestyle	Boys B	30	200 Mixed Medley Relay	A
8	50 Freestyle	Girls A			
9	50 Freestyle	Boys A	31	50 Butterfly	PARA
			32	50 Butterfly	Girls B
10	50 Backstroke	PARA	33	50 Butterfly	Boys B
11	50 Backstroke	Girls B			
12	50 Backstroke	Boys B	34	100 Butterfly	Girls A
13	100 Backstroke	Girls A	35	100 Butterfly	Boys A
14	100 Backstroke	Boys A			
			36	200 Mixed Free Relay	B
15	400 Free Relay	Girls B	37	200 Mixed Free Relay	A
16	400 Free Relay	Boys B			
17	400 Free Relay	Girls A	38	100 IM	PARA
18	400 Free Relay	Boys A	39	100 IM	Girls B
			40	100 IM	Boys B
19	50 Breaststroke	PARA	41	200 IM	Girls A
20	50 Breaststroke	Girls B	42	200 IM	Boys A
21	50 Breaststroke	Boys B			
22	100 Breaststroke	Girls A	43	200 Free Relay	Girls B
23	100 Breaststroke	Boys A	44	200 Free Relay	Boys B
			45	200 Free Relay	Girls A
			46	200 Free Relay	Boys A