# BCSS NEWSLETTER

### JANUARY 2020

Welcome back to school and into the new decade! We are already halfway through the winter season of play and provincial championships will be here before we know it.

Looking ahead to April and the warmer days to come, both the CIAAA National Athletic Directors Conference and the BCSS Annual General Meeting are major events on our calendars here in the BCSS office. This year we are part of the team organizing the CIAAA NADC and we are hoping to get as many representatives from our member schools as possible. It will be a great conference, with some informative workshops and inspiring speakers on the schedule. The conference will take place April 16th-18th at the Coast Harbour Hotel in downtown Vancouver. This will be a great time to be in the city with mild weather and lots of things to do and see around town! The BCSS Annual General Meeting will also be taking place in the days directly following the conference on April 18th and 19th at the same location. We have planned this in an attempt to limit travel costs for Athletic Directors and Administrators from member schools outside the city who would like to attend both events. With this, we hope and expect to have a large number of participants at both events. The structure of the CIAAA conference and the BCSS AGM offer valuable opportunities to learn and engage with colleagues through applicable professional development and discussion. Please visit the CIAAA website for the schedule and more information. We hope to see you there!

5<sup>th</sup> ANNUAL NATIONAL ATHLETIC DIRECTORS CONFERENCE



Conference Fee from \$435.00

### **BCSS Patners with Dr. Martin Camiré on Mental Health Study**

Mental health concerns everyone, especially those of us working with young student-athletes. BCSS is proud to be partnering with Dr. Martin Camire and his team at the University of Ottawa on their mental health in sport study. Dr. Camire is an Associate Professor at U Ottawa in the School of Human Kinetics. Through his research, Dr. Camire is interested in examining how positive youth development can be facilitated through the context of sport. BCSS has worked with Dr. Camire previously as he is one of the leading reserachers on educational athletics in Canada. The goal of this particular study is to better understand the link between adolescents participating in sport and their mental health. The study will take place over the course of five years, following senior student-athletes from adolescence into young adulthood through a series of annual surveys. The research team is currently looking for grade 11 and 12 student-athletes from across Canada to participate in the study. At the end of each year, participants will be entered into a draw to win one of several Amazon gift cards. We ask that you share this important information with your students so we can all better understand the connections between sport and mental health. Please check out the **video** link and share the infromation with your students. More information is also available on the **School Sport Canada** website.

## 2019-2020 BCSS AWARDS

Teachers, Athletic Directors, Administrators and Commissioners! Do you know someone in your local school community who goes above and beyond with your sports programs? Start thinking about those who have made a significant difference to high school sport this season and nominate them for one of the following BC School Sports Awards.

#### Honor Award

• Must have been involved as a coach/sponsor at the school level

• Must have served administratively on at least two of the following: Executive of a Local Association, Executive of a Sport Commission

or member of a Standing Committee

• Must have served at least one full 2 year term as a member of the BCSS Board of Directors

• Must be, or have been, a teacher or administrator

• Must not currently be a memeber of the BCSS Board of Directors

#### Merit Award

Must have been involved as a coach/sponsor, administrator or official at the school level

- Must have served administratively on at least one of the following: Executive of a Local Association; Executive of a Sport Commission; member of a Standing Committee; member of the BCSS Board of Directors
  - Must not currently be a member of the BCSS Board of Directors.

#### Coach of the Year (Male & Female)

• Must have been actively involved in coaching high school athletics for a minimum of ten years

- Consistently promotes the philosophy of fair play and sportsmanship
  - Must be, or have been, a teacher or school administrator
- Must not currently be a memeber of the BCSS Board of Directors

#### **Outstanding School**

To recognize a school whose special commitment to improving the lives of its students and staff through athletics, intramurals, leadership and public service has contributed significantly to the welfare of school athletics in its local community and within the province.

Check out the award nomination information **here** and complete the online survey! The nomination deadline is March 13th 2020, and the awards ceremony will take place prior to our AGM on April 19th 2020.

## **FOLLOW US!**



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#### Hosting or Travelling to an Event

Competition between two or more BCSS member schools is automatically sanctioned. When you are travelling to or hosting an event or exhibition game with an out of province team sanctioning is required. Complete the sanctioning form on the website at least 30 days in advance of the event or fines will apply.

#### **Third Party Event Sanctioning**

If your school wishes to attend an event that is not hosted by a member school (eg: university, club, community etc.) please ensure the event has been sanctioned by BCSS before attending. There is a list of BCSS third party sanctioned events on the BCSS homepage.

Questions about forms? Check out the Quick Guide on our website!

## 2019-2020 Scholarship Information

BCSS will once again be offering several scholarships to our deserving student-athletes. Applications are now open, the deadline for submitting applications is May 4th 2020. Check out our website for the scholarships being offered in the 2019-2020 school year!

#### **Dave Gifford Memorial Scholarships and Zone Scholarships**

Dave Gifford was a BCSS Director from 1988-90, and received the BCSS Honour Award in 1992. He was a teacher and Administrator in Vancouver, and died in 1992. In his honour the Dave Gifford Memorial Scholarship was created. The BCSS Zone Scholarships are awarded to one male and one female student in each of our seven BCSS zones. Applicants must have competed in at least 1 BCSS approved sport during grade 12 for the Zone Scholarship, and at least 2 BCSS approved sports for the Dave Gifford Memorial Scholarship.

Applicants must have competed in at least 1 BCSS approved sport during grade 12 (2 for Dave Gifford Memorial Scholarship). To qualify for the Dave Gifford or Zone Scholarship, the applicant must:

• Be enrolled in and have participated at a BCSS Member School

• Be graduating this year and will be entering their first year of full-time studies in a Canadian University or

College.

• Have demonstrated exceptional athletic achievement in a BCSS activity and, have a minimum grade percentage of 75%

• Have demonstrated outstanding service and leadership in school and/or community.

• Be a Canadian citizen, permanent resident or person to whom refugee protection has been confirmed

under the Immigration and Refugee Protection Act

#### Bert and Greta Quartermine Badminton Scholarship

The Bert & Greta Quartermaine Badminton Scholarship fund is provided by Bert & Greta Quartermaine, and is dedicated to assisting worthy BC School Sports student-athletes competing in badminton at the high school level in their desire to attend an accredited Canadian post-secondary school.

The Bert & Greta Quartermaine Badminton Scholarship rewards excellence in both scholastic and athletic pursuits. The successful applicants will be student-athletes who have balanced their achievements as badminton athletes with significant success as leaders and contributors to their community.

To qualify for the Bert & Greta Quartermaine Scholarship, the applicant must:

• Have played badminton for a BC School Sports member school

• Be graduating this year and will be entering their first year of full-time studies in a Canadian University or College.

• Demonstrate leadership and volunteer-ism within their school or community

• Be a Canadian citizen, permanent resident or person to whom refugee protection has been confirmed under the Immigration and Refugee Protection Act

#### **BC Dairy Association Scholarship**

BC Dairy Association is dedicated to assisting worthy student-athletes in their desire to attend an accredited Canadian University or College by sponsoring this year's BC Dairy Association Scholarship. The BC Dairy Association Scholarship rewards student-athletes who exemplify school spirit, practice a healthy lifestyle and engage with their community.

To qualify for the BC Dairy Association Scholarship, the applicant must:

• Have competed in their grade 12 year in the BCSS sports of:

- Boys Soccer
- Girls Soccer
- Boys Volleyball

Be graduating this year and will be entering their first year of full-time studies in a Canadian University or College
Have demonstrated school spirit, a healthy lifestyle, and community involvement.

## **2019-2020 BCSS WINTER DEADLINES**

| January 15th  | Winter Roster Registration Deadline |  |
|---------------|-------------------------------------|--|
| January 21st  | EAC Submission Deadline (2:00 pm)   |  |
| January 25th  | EAC Meeting                         |  |
| February 14th | AGM Resolutions Deadline            |  |
| February 25th | EAC Submission Deadline (2:00 pm)   |  |
| February 29th | EAC Meeting                         |  |
| March 1st     | Spring Season of Play begins        |  |

### If you have any questions please contact the office at: **Phone:** 604-477-1488 **Email:** info@bcschoolsports.ca

## **2019-2020 WINTER CHAMPIONSHIP DATES**

| February 15th-17th 2020 | Wrestling                     | Langley Events Center    |
|-------------------------|-------------------------------|--------------------------|
| February 26th-29th 2020 | Girls AA/AAA/AAAA Basketball  | Langley Events Center    |
| March 2nd - 4th 2020    | Ski & Snowboard               | Panorama Mountain Resort |
| March 4th - 7th 2020    | Girls A Basketball            | Kelowna Christian School |
| March 4th - 7th 2020    | Boys A/AA/AAA/AAAA Basketball | Langley Events Center    |
| March 4th -7th 2020     | Curling                       | George Elliot Secondary  |
| March 5th -7th 2020     | Gymnastics                    | Oak Bay Secondary        |

BC School Sports would like to acknowledge the following sponsors for their generosity and support:





