

2022 - 2023

# BCSS Zone Scholarship Recipients

BC School Sports is excited to announce the recipients of our Zone Scholarships. Chosen candidates exhibited academic excellence and outstanding service to their school or community, along with their athletic prowess. Next year, recipients will be attending accredited post-secondary institutions.

Congratulations to these student-athletes! We wish them luck with their post-secondary journeys.

Thank you for your contributions to school sports.

## North West



**Sports:** Volleyball, Basketball.

**Athletic Accolades:** Sr Girls Basketball MVP, Provincial Basketball Player of the Game.

**Academic Accolades:** Student of the Month, A Honour Roll, Excellent Effort Roll.

Olivia is a people-oriented leader, known for encouraging her peers and doing everything with a smile. At school, she is the student council president which involves organizing spirit weeks and intramural tournaments. When she leads, she stays connected with the student body, often speaking at assemblies, and making weekly announcements. Olivia is also involved in her community. She plans youth activities for her church and plays the piano at local care lodges or community events. Olivia is described as a "go-getter" who looks out for others' best interests. Her confidence and maturity shine through in everything she does.

## Olivia Penninga

Ebenezer Canadian Reformed School

## North Central



**Sports:** Volleyball, Gymnastics, Golf, Track and Field.

**Athletic Accolades:** Two-time Prince George Track and Field Most Valuable Athlete, Prince George Track and Field Most Resilient Athlete, Prince George Gymnastics Club Most Outstanding Athlete, Top 5 Canadian High Jumper.

**Academic Accolades:** Principal's List, Good Work Habits Stamp.

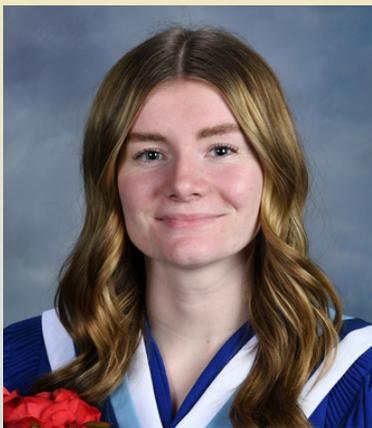
Caleb's strength of character, dedication, and willingness to serve others make him an ideal student role model. Despite having competed at the national level in trampoline, Caleb remains humble and strives to improve the student-athlete experience in his community. He volunteers as a coach at both his gymnastics and track clubs, where he judges competitions, teaches technique, and gets kids excited about sports. Caleb approaches every new challenge with passion, which drives his success. He is respected not only by his peers, but also by school staff and community leaders, who have nothing but positive things to say about him.

## Caleb Emon

Duchess Park Secondary

## BCSS Zone Scholarship Recipients

### North Central



### Rachel Loukes

College Heights  
Secondary

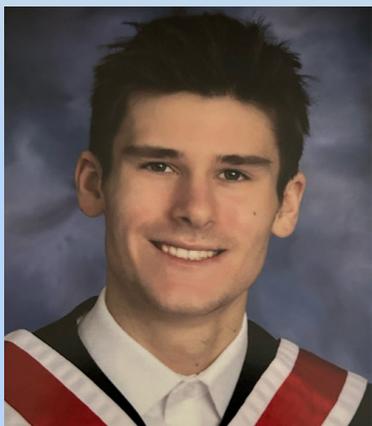
**Sports:** Volleyball, Basketball.

**Athletic Accolades:** Three-time Top Female Athlete, Basketball and Volleyball Zone MVP, two-time Volleyball Zone First Team All-Star, Provincial Basketball Second Team All-Star, Provincial Volleyball First Team All-Star, basketball and volleyball team captain.

**Academic Accolades:** Principal's List, Academic Excellence.

Rachel is a once-in-a-generation athlete, elite in terms of her accomplishments and her character. She spends her free time volunteering with children at sports camps, as well as scorekeeping and refereeing at tournaments. Her efforts have helped create a safe and fun space for her community's youth to explore athletics. Rachel also deals with adversity every day. Where others would see Rachel's personal challenges as something that would keep them from accomplishing their goals, she has learned to see her difficulties as something that makes her stronger. Her ability to always see the positives is incredible. Rachel is considered an inspiration to everyone in her community.

### Kootenay



### Riley Murray

Elkford Secondary

**Sports:** Volleyball, Basketball, Curling.

**Athletic Accolades:** Volleyball team MVP, volleyball and basketball team captain, Skip of the curling team.

**Academic Accolades:** Grade point average above 90%.

Riley is an active member of his school and community, with the courage to use his voice to make an impact. He is an advocate for youth as a representative for his District Council. He acts as a Youth Network Member, where he planned events in his town geared toward uplifting children. Riley also organized and managed a spring break camp for students, the proceeds going towards supporting athletics at his school. Riley is committed to improving his community for those who come after him. He is a changemaker and a voice for the voiceless, who steps up whenever he is needed.

### Kootenay



### Izabell Mattick

Grand Forks  
Secondary

**Sports:** Basketball, Cross Country, Ultimate.

**Athletic Accolades:** Provincial Basketball Player of the Game, cross country team captain.

**Academic Accolades:** Honour Roll.

Izabell has truly put her blood, sweat, and tears into becoming a better athlete. In grade nine, her basketball coach said she wasn't good enough to get playing time on her high school team. Despite her grief, Izabell continued to show up. She became the heart of her team, bringing everyone together and providing encouragement. In her spare time, she worked to hone her skills, and has since earned a starting position on the senior team. Her perseverance and "no quit" attitude are commendable. Outside of school, Izabell is a volunteer dance instructor, and coach of her school's junior cross country team as well as an elementary school basketball program. Izabell is a leader who has learned to use failure as motivation. Her coaches believe everyone could learn something about resilience and determination from Izabell.

## BCSS Zone Scholarship Recipients

### Eastern Valley



### Brandon Leung

Walnut Grove  
Secondary

**Sports:** Curling.

**Athletic Accolades:** Provincial Curling Bronze Medalist, Walnut Grove Outstanding Athlete, Josh Desrosiers Junior Award, Pete Swensson Outstanding Community Youth Award, Optimist Jr Curling League Division 1 Champion, Skip of the curling team.

**Academic Accolades:** Two-time Senior Concert Band Exemplary Student Award, Urban Studies 12 Unsung Hero, Student Aide 12 Unsung Hero.

Brandon has no shortage of initiative and willingness to give up his time for others. He is the president of the Leo Club, which organizes charitable events, and a mentor for younger students as part of the Big Brother program. Brandon also spends time after school helping ELL elementary students learn to read. At his high school, he instated the curling team and single-handedly ran the program. He worked to generate interest, organize practices, and coach new curlers. Brandon is a kind soul who makes a positive impact on all who know him. He has built a tangible legacy at his school that will inspire students for years.

### Eastern Valley



### Grace Pruim

Credo Christian  
Schools

**Sports:** Volleyball, Basketball, Soccer.

**Athletic Accolades:** Provincial Basketball MVP and Gold Medalist, Basketball Zone MVP, Basketball and Volleyball Zone All-Star, Provincial Basketball First Team All-Star, Volleyball Coastal Championship MVP, Basketball Big Bear Tournament and Christian Schools Tournament All-Star, Grade 11 Athlete of the Year.

**Academic Accolades:** Honour Roll with Distinction, Woodworking Award.

Grace leads by example, always following through on her commitments and doing the "little things" to serve others. Grace fundraised for a Mexico Missions trip and worked with other students to improve infrastructure at an orphanage. She is heavily involved in athletics at school as a member of ACT, which organizes equipment for games, as well as a scorekeeper and official. She is a role model for young students in her positions as a P.E. teaching assistant and volleyball assistant coach. Despite battling injuries in her senior year, Grace continued to support her teams. Her focus and positive attitude have enabled her to succeed in all areas of her life.

### Thompson-Okanagan



### Caleb Gremaud

Westsyde Secondary

**Sports:** Basketball, Volleyball.

**Athletic Accolades:** Provincial Basketball Best Defensive Player, Provincial Basketball First Team All-Star. three-time Westsyde Athlete of the Year, Fulton Basketball Tournament MVP, Co-captain of the volleyball and basketball teams.

**Academic Accolades:** Honour Roll - Achievement and Effort, Top Woodworking Student.

Caleb is described as someone who leads with enthusiasm and makes his school and community a better place. He has volunteered countless hours coaching a community youth basketball program and coaching volleyball at Kamloops Christian. He also teaches Sunday school classes at his church. At school, he score keeps at games to support the athletic program. Caleb is an ideal student, who has worked tirelessly for every accomplishment. He consistently goes above and beyond to uplift his peers. Caleb doesn't shy away from adversity, instead he uses it to grow into a better person.

## BCSS Zone Scholarship Recipients

### Thompson-Okanagan



**Jocelyn Orr**

Valleyview Secondary

**Sports:** Basketball, Cross Country, Soccer, Ultimate.

**Athletic Accolades:** Most Improved Senior Basketball Athlete, Most Sportsmanlike Cross Country Athlete, three-time Most Dedicated Athlete, Jr Female Athlete of the Year.

**Academic Accolades:** Top Grade 11 Physics Student, Top Grade 11 Philosophy Student, Teacher Assistant Award.

Jocelyn is a dependable and driven student. She supports athletics in her community as a youth soccer coach and basketball referee. Jocelyn volunteers at the BIG Little Science Center, enabling others to learn through her demonstrations. She was also a food services volunteer that supported Indigenous firefighters. Everyone Jocelyn interacts with has faith in her abilities as a leader. She embodies the qualities of a successful student-athlete. Jocelyn has earned respect from those around her, and is admired for her positive attitude, dedication, and work ethic.

### Vancouver Island



**Dylan Gage**

Brentwood College

**Sports:** Soccer, Basketball, Track and Field.

**Athletic Accolades:** Two-time Provincial Basketball All-Star, Provincial Basketball Silver Medalist, two-time Provincial Basketball Bronze Medalist, two-time Island Basketball Championship All-Star, Provincial Soccer Coastal Champion, basketball team captain.

**Academic Accolades:** Academic Colours (90% average), 5 on AP Microeconomics exam.

Dylan leads by example on his sports teams and in his community. He sets the standard that his peers strive to reach. He volunteers at his school as a scorekeeper and sports broadcaster, working to generate community interest in school sports. Dylan works with youth as a coach for elementary P.E. classes and is an Orientation Assistant at his school. Dylan makes sure everyone he interacts with feels welcomed and included. He has learned to use adversity as fuel, motivating him to work harder. He remains passionate about his athletics and his academics and is looked up to by younger students. Dylan's teachers describe him as "the definition of leadership".

### Vancouver Island



**Ellaina Coley**

Stelly's Secondary

**Sports:** Basketball, Volleyball, Soccer.

**Athletic Accolades:** Stelly's Multi-Sport Athlete Award, Provincial Volleyball Second Team All-Star, Stelly's Excellence in Outdoor Pursuits, Junior Excellence in Athletics Award, Provincial Volleyball Most Sportsmanlike Team, volleyball team captain.

**Academic Accolades:** Spirit of Stelly's Award, Top Achievement in Pre-Calculus 12, Top Effort Award for Pre-Calculus 11, Junior Citizenship Award.

Ellaina embodies what it means to be involved. She cares about her community and the world, already making an impact on both. Ellaina has worked in environmental restoration, cleaning community beaches, and is part of Global Perspectives, a club that raises money to fund environmental research. She volunteered at her school's breakfast program and coordinated a school-wide food drive. Ellaina also led a program with local pharmacies to donate feminine hygiene products to those in need. On top of that, she coaches multiple sports. Ellaina's teachers say, "Words cannot do her justice." She is a rare kind of student-leader that can create positive change for those who need it most.

## BCSS Zone Scholarship Recipients

South Fraser



**Tyler Jones**  
Delta Secondary

**Sports:** Volleyball, Soccer, Cross Country, Basketball, Ultimate, Golf.  
**Athletic Accolades:** Two-time Athlete of the Year, Basketball Zone All-Star, DSS Volleyball Culture Award, Ultimate Excellence in Athletics Award, three-time Volleyball and Basketball Excellence in Athletics Award recipient, volleyball, basketball, and ultimate team captain.  
**Academic Accolades:** Honour Roll, Principal's List.

Tyler's ability to balance all his responsibilities, while exceling in every area, is a testament to his character. He has volunteered at Delta Volleyball Camps as a coach and has refereed at the club level, as well as at his school's basketball and volleyball games. He has also been a scorekeeper at his school and at zone championships. Tyler continues to contribute to his school's athletic programs by coordinating intramural sports. He does whatever he can to make his school a better place. He overcomes every challenge he faces, and helps others do the same. Tyler is a vocal leader whose high standard of performance and selfless contributions motivate others.

South Fraser



**Gemma Dumas**  
South Delta Secondary

**Sports:** Cross Country, Soccer, Track and Field.  
**Athletic Accolades:** Four-time Athlete on the Year, Provincial Soccer Gold Medalist, Champion of the BCSS Cross Country Pandemic Challenge, cross country and track and field team captain.  
**Academic Accolades:** Honour Roll, Principal's List, Outstanding Achievement in Physics, Outstanding Achievement in AP Chemistry 12.

Gemma is highly regarded at her school for her leadership contributions. She organizes fundraisers as a member of the student council and participated in the Letters for Rose campaign focused on writing cards for seniors. Gemma also leads the DASH Girls Youth Group, volunteers as a camp counsellor, and serves as an Event Leader at school sports games. Her soccer coach says nobody works harder than her, on or off the field. Gemma is talented in many areas, and she uses those talents to give back. She shares her gifts, pulling the best out of everyone around her. Her strength of character and positive spirit make Gemma stand out among her peers.

Fraser North



**Marco Kee**  
Centennial School

**Sports:** Football.  
**Athletic Accolades:** Centennial Secondary Male Athlete of the Year, Centennial Football Coaches Award, Centennial Football Team Rookie of the Year, Centennial Football 4-Year Program Commitment Award.  
**Academic Accolades:** Honour Roll with Distinction, Top Student in Spanish 11, Top Student in Life Sciences 11, Top Student in Active Living 12, Top Student in English Studies 12.

Marco is dedicated to achieving the "impossible" through his discipline and determination. He also understands the importance of giving back to the community that has helped him reach his goals. At school, he is a volunteer peer tutor in the Learning Enrichment Department and the Athletics Department. He's served his community by helping at a senior center, a KidSport Used Equipment sale, and as a patrol volunteer for the RCMP. He has also participated in countless fundraisers for his school's football program. Marco tries to inspire others to achieve greatness. His moral strength allows him to be a pillar of support for his teammates, who can always lean on him.

## BCSS Zone Scholarship Recipients

Fraser North



### Lindsay Goudron

Burnaby Central  
Secondary

**Sports:** Track and Field.

**Athletic Accolades:** Burnaby Central Track and Field MVP, Provincial Gold Medalist in Discus, two-time Provincial Silver Medalist in Discus, Sr Girls Discus and Hammer Zone Champion and Record Holder.

**Academic Accolades:** Principal's List, Honour Roll, Work Ethic Award, Physics 11 Award of Excellence, Academic and Work Ethic Gold Cord Recipient.

Lindsay makes a strong impression on everyone she meets. She goes after what she wants and inspires others to do the same. In her spare time, Lindsay coaches a youth girls soccer team. She has volunteered as a lab assistant with the UBC Department of Physics, where she supported new research ventures. Lindsay also participates in her school's Care Project campaign, which raises money for BC Children's Hospital, and is a trumpet lead in the Senior Concert Band. Lindsay has battled injuries and faced personal difficulties, but nothing keeps her from reaching her goals. She brings people together, making her school and community a better place. Lindsay is the kind of student-athlete you want to have on your team. Her tenacity in the classroom and on the field is unmatched.

Vancouver Sea to Sky



### Jayden Cheung

Sentinel Secondary

**Sports:** Aquatics, Cross Country, Ultimate.

**Athletic Accolades:** Two-time Provincial Swimming Gold Medalist, two-time Provincial Swimming Silver Medalist, two-time Provincial Swimming Bronze Medalist, Provincial Cross Country Qualifier, Sentinel Small, Medium, Large Block Award.

**Academic Accolades:** Honour Roll, AP Seminar: 5, BC Children's Hospital Mini Med School, UBC Stem Fellowship Research, Euclid Math Contest.

Jayden has built a stellar reputation that makes him stand out among his peers. The staff and student body at Sentinel have unwavering trust in Jayden. They know he will always do the right thing, no matter how much extra effort it takes. Jayden has spent countless hours volunteering as a swim and dive coach, tutoring AP classes, and coordinating emergency response teams at his school to promote safety. He is an environmental advocate as part of sustainability clubs in his school and is president of the Health & Nutritional Wellness Club. Everything Jayden does is for others' benefit. He is a role model for his peers, who often seek him out for advice.

Vancouver Sea to Sky



### Kaitlin Ingram

Prince of Wales  
Secondary

**Sports:** Volleyball, Basketball, Ultimate.

**Athletic Accolades:** Jr Volleyball City Champion, third place Sr Volleyball City Championships, fifth place Sr Ultimate City Championships, fifth place Sr Volleyball City Championships.

**Academic Accolades:** Illuminate Case Competition Champion, UBC Ennovate Case Competition Champion, High School Ethics Bowl Champion, second place FUSE National Case Competition.

Kaitlin's passion for making a difference is evident in the initiatives she participates in. She founded the Feed the Streets Club to combat youth homelessness, is a youth mental health facilitator as part of Here4Peers and is president of multiple business focused school clubs. She coached two of her school's volleyball teams, created a podcast, produced a short film, and supports females in developing countries as part of Educate Chombo. Kaitlin is a citizen who is already making an impact, uplifting those around her. When Kaitlin sees problems in society, she fights for change. She is the type of leader that doesn't come around often, and her efforts are helping others achieve their dreams.