



# BC SCHOOL SPORTS CONCUSSION MANDATE TRAINING



## INTRODUCTION

At the 2020 BCSS AGM, the membership unanimously passed a policy to mandate concussion training for all coaches, teacher sponsors, trainers, and team managers. This training is to be completed prior to any activities (ie practices, tryouts, workouts, etc) with student-athletes taking place.

It is the responsibility of the Athletic Director and School Administrator to ensure that all required personnel have completed the training. You are NOT required to submit the completions certification to BCSS however we recommend the AD require it from team personnel as BCSS may ask for proof of certification at any point. Certifications MUST be done through CATT and are valid for 2 years before needing re-certification.

## HOW TO COMPLETE THE TRAINING

To complete the hour long Concussion Awareness Training Tool (CATT) follow the steps below;

- 1) Go to [www.cattonline.com/coach-course/](http://www.cattonline.com/coach-course/) you will have the choice between the English or French version of the training. While the page estimates 45 minutes, most are able to complete in 30-40 minutes.

The screenshot displays two columns of text, each describing the CATT program in a different language. Below each column is a downward-pointing arrow leading to a corresponding orange button. The left column is for the English version, and the right column is for the French version.

English Version	Version Française
<p><b>Coach Course</b></p> <p>The Concussion Awareness Training Tool (CATT) is a program designed to provide coaches with the information they need to provide evidence-based care for their athletes who have sustained a concussion.</p> <p>At the end of the course, you will be prompted to enter your information to receive a certificate of completion. If you belong to an organization that has mandated the CATT training, a copy of your certificate will also be sent directly to the organization.</p> <p><b>Estimated time to complete: 45 minutes</b></p> <p>Please note that the CATT modules do not function well in Internet Explorer—please use other web browsers to complete CATT training (i.e., Google Chrome, Firefox). If you are experiencing issues with the website, please contact <a href="mailto:concussion@bcchr.ca">concussion@bcchr.ca</a>.</p>	<p><b>Cours pour les entraîneurs</b></p> <p>L'Outil de formation et de sensibilisation aux commotions cérébrales (le « CATT ») est un programme conçu pour apporter aux entraîneurs les renseignements dont ils ont besoin pour prodiguer des soins fondés sur des données probantes à leurs athlètes qui ont subi une commotion cérébrale.</p> <p>À la fin du cours, vous serez invité à fournir vos informations afin de recevoir un certificat de complétion. Si la formation CATT est obligatoire dans votre organisation, une copie de votre certificat sera envoyée directement à l'organisation.</p> <p><b>Durée estimée pour terminer: 45 minutes</b></p> <p>Veillez noter que les modules CATT ne fonctionnent pas bien dans Internet Explorer. Veuillez utiliser d'autres navigateurs Web pour suivre la formation CATT (par exemple, Google Chrome, Firefox). Si vous avez des problèmes avec le site Web, veuillez communiquer avec <a href="mailto:concussion@bcchr.ca">concussion@bcchr.ca</a>.</p>
<b>ENGLISH VERSION</b>	<b>VERSION FRANÇAISE</b>

- 2) You will be directed to a page with a course overview of the 5 modules (A-E) and the final assessment, once you have reviewed the content start the course by clicking “Start Course”



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COURSE OVERVIEW

- 3) You will be directed through the training step by step with videos, helpful documents, and interactive activities to test your knowledge throughout the course.
- 4) Once you have completed the training you are required to complete a Final Assessment before certification, you will need to attain a score of 100% to complete the certification

Lesson 16 of 23

## Final Assessment

Now that you have completed all the modules, complete the quiz below to revisit your knowledge on concussion.

Attain a score of 100% to continue on and obtain your certificate of completion.

→ [START QUIZ >](#)

- 5) Once you have satisfactorily completed the final assessment you will be brought to the Certification page. There you will have to click the blue “certification form” button to fill out your information. It will open in another tab beside your certification page.

LESSON 10 OF 23

## Certification

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Congratulations! You have successfully completed the CATT course for coaches.

Click the button to complete the form and receive your certificate (the form will open in a new tab).



CERTIFICATION FORM

The course content is always available if you would like to review any of the CATT modules.

Click on the link below for the CATT concussion information package for coaches.

### CATT Concussion Resources for Coaches



CATT Concussion Resources for Coaches.pdf  
1.1 MB



- 6) Once you are brought to the Certification Form you will need to fill out you're the following information; first name, last name, email, country, province, city, organization (BC School Sports), and sub organization (your school name).

For any problems, please contact [concussion@bcchr.ca](mailto:concussion@bcchr.ca).

First Name\*

Last Name\*

Email\*

Country\*

Province\*

City\*

Organization\*

Sub Organization\*

\* Required

- 7) A digital certificate will be provided by clicking “download certificate.” You will also receive an email with a PDF of the certificate. You will likely be required to save and send a copy of your certificate to your school AD or administrator.



Mon 9/14/2020 9:52 AM

concussion=bcchr.ca@cattonline.com on behalf of CATT Online <concussion@bcchr.ca>  
[CATT] Coach Course Completed by Breanne Whyte

To Breanne Whyte

Message  Breanne\_Whyte\_Coach\_course\_certificate\_of\_completion\_September\_14\_2020.pdf (1 MB)

Action Items

+ Get more apps

This is an automated notification that **Breanne Whyte** has completed the **CATT Coach Course** on **September 14, 2020**.

Please make sure you download and keep a copy of your certificate on your computer.

For Coaches/Parents: If your organization has registered with CATT, a copy of your certificate will be forwarded to your organization's administration.

For School Professionals/Administrators: If your school has registered with CATT, a copy of your certificate will be forwarded to your school's administration.

For Medical Professionals: Please follow the appropriate process to record or claim your credits for this course (if applicable).

For Workers/Workplaces: If your company or organization has registered with CATT, a copy of your certificate will be forwarded to administration.

Regards,  
Concussion Awareness Training Tool

BC School Sports thanks all responsible in the delivery of school sport for completing the Concussion Awareness Training Tool (CATT). This certification will continue to create safer sporting environments for student-athletes across the province.

As always, if you have any questions, comments, or concerns don't hesitate to contact the BCSS office.