

November 17-18 Nanaimo Aquatic Centre

BC School Sports Aquatics Provincial Championship Meet Package

General Information

Date: November 17-18, 2023

Location: Nanaimo Aquatics Centre, 741 Third St, Nanaimo BC

Facility: 25m 8 lane deep pool

Meet Manager: Leah Esplen lesplen@sd35.bc.ca
Head Referee: Barry Parish: barry_parish@telus.net

Meet Entries Co-ordinator: Sean Cauley <u>bchsaquatics19@gmail.com</u> **BCSS Manager of Sport:** Julie Stevens <u>jstevens@bcschoolsports.ca</u>

Entry Fee:

Individual Events: \$15.00Relay Events: \$30.00

The previous Aquatics Commission has donated funds to reduce fees, so schools will be invoiced for less, thanks to this subsidy. Please do not bring payment to the meet.

Berthing

Eastern	Fraser	Kootenay	North	North-	South	Thompson-	Vancouver	Vancouver
Valley	North		Central	west	Fraser	Okanagan	Island	Sea to Sky
3	4	2	1	1	5	5	5	6

STARS Registration

Rosters will be verified against the BCSS Student-Athlete Registration System (STARS). All coaches must also be included in the system. Tournament credentials will not be issued unless the coach is in STARS and listed as a coach, and that coach has completed the Concussion Awareness Training tool (www.cattonline.com). Athletic Directors are responsible to ensure all coaches listed have submitted a certificate of completion prior to engaging in any practices or games, as per section 323.7 of the BC School Sports Handbook. Access to the tournament is dependent on STARS registration.

Coaches/Teacher Sponsors

Each swimmer must be accompanied by a teacher sponsor or school swim coach. This requirement can be fulfilled by the principal of a school sending a letter with another team, designating a teacher/ coach from within the same school district as sponsor/ chaperone. Coaches/chaperones are responsible to monitor their swimmers' behaviour in all areas of the aquatics centre, and the warming rooms rented for the meet at NDSS and Nanaimo Ice Centre.

Important Dates

- Zone Meets completed: **November 3rd**
- Championship Registration Deadline: **November 8**th @ 12:00pm
- Championship Scratch Deadline: November 14th @ 8:00pm
- Scratch deadline with no replacement or re-seeding: **November 17th @ 7am**

Athlete Registration

- Entries must be submitted by the Zone Representative to the Provincial Entry Coordinator(<u>bchsaquatics19@qmail.com</u>) by November 8 @ 12:00pm
- Coaches must send scratches to the Zone Reps by November 6th.
 - Submit scratches even if the swimmer/relay is not in an advancing position.
 - o Schools are responsible for payment for swimmers who scratch after the scratch deadline.
 - Schools will be assessed a \$50 empty lane fee for swimmers who fail to show up at the meet without scratching
- Zone meets and provincial entries must use Hytek Meet Manager Software
 Hytek Team Manager Lite is to be used for zone entries. Provincial entries are
 generated in Hytek Meet Manager directly from zone results. Hytek Lite is a free
 software that can be used for entries https://hytek.active.com/downloads.html)
 Please register using the 4 character school code listed on your school's
 STARS profile
- All swimmers are limited to a total of four events including relays as alternates.
- As an unsanctioned meet, no time(s) recorded at this meet by Swimming Canada/ SwimBC members may be used for Provincial or National Qualification or any team selection.
- Entries must be accompanied by Meet Manager backup database

Classification of Categories

An 'A' swimmer is defined as any swimmer with a Swimming Canada number, who has competed in a Winter Swim Meet as of September 1 of the previous year, or a Swim Academy athlete. Anyone who does not fit the 'A' swimmer definition is considered a

'B' swimmer. Coaches are reminded that if 'B' swimmers compete in any meets between September 1 and November 17, they will no longer be a 'B' swimmer.

Zone Representative Responsibilities

- Vet all entries closely prior to the zone championships to help direct swimmers into the appropriate category prior to passing on entries for the Provincial Championships.
 - Request that any relay composition changes for the provincial meet be submitted and adjusted at the zone meet prior to sending in the advancer entries. Schools will have until Friday morning to make final changes, but making as many changes as possible ahead of time reduces the amount of lastminute data entry at the meet. The Provincial Entry co-ordinator will continue taking relay name changes after the scratch deadline, the zones don't have to wait for Friday morning to submit change requests.
- Send zone results to the Provincial Entry Coordinator (including scratches and alternates; alternates will not be allowed after the scratch deadline)
- Ensure athletes are notified if they qualify for Provincials due to scratches prior to the scratch deadline.
- Swimmers must record a time at zone championships in at least one event to be eligible to swim at Provincials.

The Provincial Entry Coordinator will only respond to requests from Zone Representatives

Schedule

Thursday November 16

- <u>Coaches Meeting</u> via Zoom 8:00pm (Mandatory)

Friday November 17

Scratch/relay changes deadline 8:00am Deadline for scratches/relay changes 8:00am Pool Opens/Warm-ups-Group 1 8:30-8:50am Group 2 8:55- 9:15am Morning Officials/Timers Meeting 8:45am Start Time- Heats 9:30am 1:00-1:30pm - Lifesaving Demonstration - Afternoon Officials/Timers Meeting 1:00pm - Finish(approx.) 5:30pm

Saturday November 18

Pool Opens/Warm-ups Group 1
 Group 2
 7:30- 7:25am
 7:30- 7:55am
 Officials/Timers Meeting
 7:30am
 8:15am
 Blue Banner/Team Awards
 2:00pm
 Finish
 2:30pm

Championship Rules

- Swim BC Rules of Swimming apply to the running of High School Provincial and Zone meets except where there is a conflict with BC School Sports Rules.
- The One Start Rule and Relay Rules will be used.
- The Meet will consist of Heats and Finals. Swimmers qualifying for finals will have 60 minutes from the time official heats results are posted to scratch from finals. Teams who do not scratch a qualifying swimmer, who then fails to show up for finals, will be assessed a \$50 empty lane fee.
- All scratches must be completed 60 minutes after the end of prelims.
- As stated in the BCSS Handbook, 1012.3 on page 105, competitors must only wear one swimsuit made from textile materials and have no zippers.
 - Male athletes: the suit shall not extend above the navel or below the knee.
 - o Female athletes: the suit shall not cover the neck, nor extend past the shoulder, nor extend below the knee.

Swimmers have been disqualified due to an improper swimsuit or wearing a t-shirt over their swimsuit.

- Swimmers are restricted to wear only school branded swim caps, or plain/patterned caps. **No club or event caps will be permitted.**
- Each swimmer is limited to a total of 4 events. These events may be individual swims, relays or a combination. Listing as an alternate on a relay will count as one of the 4 events.
- Each individual event will include a Championship Final (places 1-8) and a Consolation final (places 9-16), regardless of how many athletes are competing.
- Relays will include a Championship Final (places 1-8) and a Consolation Final (places 9-16).
- All swimmers must have competed at their Zone Qualifier in order to compete at Provincials.
- Open/A swimmers may not compete in B events.
- B swimmers may compete in Open/A Category events (both individual and relay events) except in the same distance/stroke relay event. Eg: 200 Medley Relay B and Open/A Categories.

Relay Rules

- Any swimmer who swims at the zone qualifier is eligible to swim on a relay at the Provincial meet.
- The make-up of a qualifying relay team may be changed between the zone meet and provincials, but not between heats & finals at the provincial meet (except to use a designated alternate). Names of swimmers on your relay teams, including alternates MUST be submitted with your entries. Name changes will be accepted until **Friday, November 17**th at 8:00am. No names may be added to a relay team after this time.
- The order on the relay card is the order that the swimmers MUST use in the race. Failure to swim in the same order will result in a Disqualification.
- A swimmer may not scratch an individual event at Provincials in order to move into a relay event, after the zone entry deadline of November 8th.
- All individual events entered at the Provincial Meet as of the November 8th deadline will count as one of the 4 events allowed, whether the swimmer swims the individual event or not.
- No more than 2 teams for each school will be allowed to compete at Provincials in each relay event.
- Mixed relay events must include 2 boys and 2 girls.
 - Single gender schools are not permitted to combine for mixed relays.

Scoring

Individual Events

lst	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th	16th
20	18	16	15	14	13	12	11	10	8	6	5	4	3	2	7

Relay Events

lst	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th	16th
40	36	32	30	28	26	24	22	20	16	12	10	8	6	4	2

Para Events

- Scoring is a reverse format and based on the number of swimmers in each event.
 - EG: 8 Swimmers (20-18-16-15-14-13-12-11)
 4 Swimmers (14-13-12-11)
 1 Swimmer (11)

Timers and Stroke and Turn Officials

Volunteer timers and stroke and turn officials are required for each day of the meet. Zones will each be assigned a lane to cover; a sign-up sheet will be provided in a separate bulletin. Schools in the Vancouver Island zone will be required to provide additional coverage if positions are still vacant one week prior to Day 1 of the meet.

Additional Information

Apparel: Championship apparel will be available for pre-order; any apparel ordered by the pre-order deadline (including customizations) will be available onsite during the event. We recommend ordering in advance to guarantee stock and sizing. Any apparel ordered at the meet with customization will be done at the warehouse and mailed to the school 6-10 business days after the event.

Apparel Pre-order window: Oct 30 @ 9am- Nov 13 @ 11:59pm

Online Store Pre-order link: https://bcrushteamapparel.ca/pages/pre-orders

Meals and Snacks: There are no restaurants within close proximity of the Aquatics Centre, so it is advised to pack snacks and meals for the entire day. Nanaimo does have Door Dash, Uber Eats and Skip the Dishes

Deck food and lunch will be available only for officials and volunteers.

Results: Live results will be posted on Meet Mobile and the BCSS championship website.

Livestreaming: All events will be live streamed and can be accessed by visiting https://bcss.tv. Please share with your supporters, parents, and student-body. We encourage all to subscribe to our channel as all sports are streamed through the bcss.tv site.

Social Media: We ask that you share with all your student-athletes, coaches and supporters to ensure you tag BCSS in all your posts as well as use the hashtag **#BCSSProvincials2023**

Banners and Medals

Banners are awarded to the schools with the highest point totals (using the points above) within each tier. There will be three Girls Team Championship Banners (A, AA, AAA) and three Boys Team Championship Banners (A, AA, AAA).

Gold, Silver and Bronze medals will be given out for each event.

Order of Events

Event #	Event	Category	Event #	Event	Category
1	200 Medley Relay	Girls B	24	100 Freestyle	Para
2	200 Medley Relay	Boys B	25	100 Freestyle	Girls B
3	200 Medley Relay	Girls Open	26	100 Freestyle	Boys B
4	200 Medley Relay	Boys Open	27	100 Freestyle	Girls Open
5	50 Freestyle	Para	28	100 Freestyle	Boys Open
6	50 Freestyle	Girls B	29	200 Mixed Medley Relay	В
7	50 Freestyle	Boys B	30	200 Mixed Medley Relay	Open
8	50 Freestyle	Girls Open	31	50 Butterfly	Para
9	50 Freestyle	Boys Open	32	50 Butterfly	Girls B
10	50 Backstroke	Para	33	50 Butterfly	Boys B
11	50 Backstroke	Girls B	34	100 Butterfly	Girls Open
12	50 Backstroke	Boys B	35	100 Butterfly	Boys Open
13	100 Backstroke	Girls Open	36	200 Mixed Free Relay	В
14	100 Backstroke	Boys Open	37	200 Mixed Free Relay	Open
15	400 Free Relay	Girls B	38	100 IM	Para
16	400 Free Relay	Boys B	39	100 IM	Girls B
17	400 Free Relay	Girls Open	40	100 IM	Boys B
18	400 Free Relay	Boys Open	41	200 IM	Girls Open
19	50 Breaststroke	Para	42	200 IM	Boys Open
20	50 Breaststroke	Girls B	43	200 Free Relay	Girls B
21	50 Breaststroke	Boys B	44	200 Free Relay	Boys B
22	100 Breaststroke	Girls Open	45	200 Free Relay	Girls Open
23	100 Breaststroke	Boys Open	46	200 Free Relay	Boys Open



High School Swimming Provincials

IN NEED OF LAST MINUTE GEAR? COME VISIT OUR STORE IN THE LOBBY!

We'll be open for the duration of the meet



Check out our great selection of quality brand name suits and swimming equipment!

FOR ALL YOUR SWIMMING NEEDS, VISIT OUR RETAIL LOCATIONS:

North Vancouver

#104 - 2411 Dollarton Highway North Vancouver, BC (604) 980-2805 sales@team-aquatic.com

The Swim & Fitness Shop @ Watermania

14300 Entertainment Blvd. Richmond, BC (604) 277-1260

The Swim & Fitness Shop @ Nanaimo

741-Third Street Nanaimo, BC (250) 740-0372