



B.C. School Sports Track & Field Championships



McLeod Athletic Field, Langley
June 9th–June 11th, 2022
www.bcschoolsports.ca



2022 B.C. School Sports Track & Field Championships

THURSDAY, June 9th

TRACK EVENTS		
3:00	Welcome Address	- National Anthem -
3:05	Steeplechase	JG, JB Final
3:50	400m Heats	8G, 8B, JG, JB, SG, SB
5:30	1500m Heats	JG, JB, SG, SB 8G, 8B Timed Final
7:10	4x100m Finals	8G, 8B Timed Finals
7:35	4x100m Heats	JG, JB, SG, SB

3:05 FIELD EVENTS		5:15 FIELD EVENTS	
8G	-	8G	High Jump
8B	High Jump	8B	Triple Jump
JG	Triple Jump	JG	Shot Put
JB	Long Jump	JB	Discus
SG	Discus	SG	Long Jump
SB	Javelin	SB	
SO	Shot Put (Special Olympics)		

FRIDAY, June 10th

TRACK EVENTS		
8:35	Sprint Hurdles Heats	SB, JB, SG, 8B, JG, 8G
10:20	100m Heats	8G, 8B, JG, JB, SG, SB
11:30	Steeplechase	SG, SB Final
12:15	BREAK - BC T&F AGM -	
1:55	Opening Ceremony	<i>National Anthem</i>
2:05	Sprint Hurdles Finals	SB, JB, SG, 8B, JG, 8G
2:35	100m Para / SO Events	Wheelchair, Ambulatory, SO
2:55	100m Finals	8G, 8B, JG, JB, SG, SB
3:30	400m Finals	Para, 8G, 8B, JG, JB, SG, SB, SO
4:15	1500m Finals	JG, JB, SG, SB
4:55	4 X 100m Relay Finals	JG, JB, SG, SB
5:20	4 X 400m Relay Finals	8G, 8B Timed Finals
6:15	4 x 400m Relay Heats	JG, JB, SG, SB

8:30 FIELD EVENTS		11:00 FIELD EVENTS			
SB	Discus	SG	Hammer		
9:00 FIELD EVENTS		2:00 FIELD EVENTS		4:30 FIELD EVENTS	
8G	Long Jump	8G	-	8G	Javelin
8B	Javelin	JB	Triple Jump	8B	Shot Put
Para	Shot Put (Female)	JG	Javelin	JG	Long Jump
JB	Pole Vault	JB	Shot Put	JB	-
SG	High Jump	SG	Pole Vault	JB	Hammer
SB	Triple Jump	SB	High Jump	SG	-
Para	Shot Put (Male) 10:15 start	SB	Hammer	SB	-

SATURDAY, June 11th

TRACK EVENTS		
8:30	800m Heats	8G, 8B, JG, JB, SG, SB
10:20	400/300 m Hurdles Heats	SB, SG, JB, JG
11:30	200m Hurdles Timed Finals	8B, 8G
11:55	1500 m Racewalk Timed Finals	JG, JB, SG, SB
12:35	200m Heats	8G, 8B, JG, JB, SG, SB
2:05	- Welcome Address -	- National Anthem -
2:10	400/300 Hurdle Finals	SB, SG, JB, JG
2:30	3000 m Finals	JG, JB, SG, SB
3:30	800 m Finals	8G, 8B, JG, JB, SG, SB
4:00	200 m Finals	8G, 8B, JG, JB, SG, SB
4:25	3000 m Finals	8G, 8B
4:55	4X400 m Relay Finals	JG, JB, SG, SB
5:25	Awards & Presentations	

SATURDAY, June 11th (cont.)

12:30 FIELD EVENTS					
SB		Pole Vault			
9:00 FIELD EVENTS		12:00 FIELD EVENTS		2:30 FIELD EVENTS	
8G	Shot Put	8G	-	8G	Triple Jump
8B	-	8B	-	8B	Long Jump
JG	Pole Vault	JG	Hammer	JG	High Jump
JG	Discus	JB	High Jump	JB	-
JB	Javelin	SG	Shot Put	SG	Javelin
SG	Triple Jump	SB	-	SB	Shot Put
SB	Long Jump				



A Message from Rick Thiessen

President, BC School Sports

Welcome to the 2022 BC School Sports Track & Field Provincial Championship. If you are like me, it has been a very long wait to have a provincial tournament again.

I want to thank you for your commitment to stick with it during a most challenging time. School sports, and the athletes involved, have taken a huge hit during COVID19 but you and your teammates have persevered. So have your coaches, many of whom have been coaching for many years, and they are also happy to be back at it.

If nothing else, the past 20 months have shown all of us the importance of school sport. Your teams are at the pinnacle for this sport but, for many hundreds of other teams, just having a season this fall was a treasure. Take some time over the next few days to recognize how significant it is for you to be competing at the provincials and how the memories created this weekend will last a lifetime.

Enjoy the moment and do your best to represent your family, your team, your school, and your community with courage and joy. Good luck to all teams competing.



A Message from Jordan Abney

Executive Director, BC School Sports

Congratulations on qualifying for the BC School Sports Provincial Championship! Qualifying itself, is a wonderful accomplishment, and is something that very few student-athletes get to experience! With over 450 member schools, and over 70,000 student-athletes, you have earned the privilege to represent your community and your school and fight for a provincial title.

I encourage all participants to recognize the time spent by their coaches, both teachers and community volunteers, for the time they give to support the pursuit of your dreams and goals. BC School Sports has over 8000 coaches around the province that give up countless hours to make school sport a reality. Do not let this weekend pass by without thanking your coaches for all they have done for you and your team.

Thank you to all those who make this championship possible; Championship Host Committees, sponsors and event volunteers. So much goes into hosting a BCSS Provincial Championship and without their efforts, none of this would happen. Thank a volunteer this weekend for all they do.

BC School Sports believes interscholastic athletics are an extension of the classroom. The lessons learned through sport, provide the foundation for good leaders of the future. School sport fosters sportsmanship, builds character and establishes healthy active living habits that will last long into adulthood.

Athletes, I sincerely wish you the very best throughout the championship. Remember to represent yourself, your school and community well and display respect for your opponent and officials. I hope this championship provides to each of you amazing athletic feats, tremendous competition, and memories to last a lifetime.



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- *Fulfillment*
- *Growth*
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- *Ownership*
- *Sportsmanship*
- *Equity*
- *Safety*



70,000+
Student-Athlete
Participants

6,846
Teams

460
Member
Schools

24,000+
Multi-Sport
Athletes

14,000+
Students Experience
A Provincial
Championship

19
Official
Sports

67
Provincial
Championships

bcschoolsports.ca

PC: VANCOUVER SPORTS PHOTOGRAPHY

Top Three List 2000–Present

2000

1st	Burnaby Central	124
2nd	Vancouver College	103
3rd	West Vancouver	78

2001

1st	Claremont	107
2nd	Oak Bay	104
3rd	West Vancouver	91

2002

1st	Oak Bay	121
2nd	St. George's	102
3rd	Holy Cross	66



2003

1st	Oak Bay	113
2nd	Vancouver College	103
3rd	Claremont	63

2004

1st	Oak Bay	113.5
2nd	Burnaby Central	75
3rd	Vancouver College	71

2005

1st	St. George's	101
2nd	Oak Bay	99
3rd	Walnut Grove	61
3rd	Burnaby Central	61

2006

1st	Oak Bay	192
2nd	St. George's	100
3rd	Walnut Grove	76

2007

1st	Oak Bay	179
2nd	Walnut Grove	76
3rd	St. George's	63.5

2008

1st	Oak Bay	165.5
2nd	Walnut Grove	108.5
3rd	Vancouver College	78.5



2009

1st	Oak Bay	177
2nd	Brookwood	86
3rd	Walnut Grove	73

2010

1st	Oak Bay	154
2nd	Brookwood	110
3rd	Walnut Grove	67.5

2011

1st	Oak Bay	166.5
2nd	Lambrick Park	66
3rd	Vancouver College	56

2012

1st	St. George's	123
2nd	Oak Bay	104.5
3rd	Walnut Grove	77.83

2013

1st	Oak Bay	93
2nd	St. Thomas More	82
3rd	Walnut Grove	60

2014

1st	New Westminster	89
2nd	Oak Bay	87
3rd	Walnut Grove	75



2015

1st	New Westminster	65
2nd	Reynolds	62
3rd	Vancouver College	60

2016

1st	Vancouver College	87
2nd	WJ Mouat	66
3rd	Reynolds	61

2018

1st	Maple Ridge	89
2nd	Oak Bay	56
3rd	Mountain	49

Boys Track and Field History 2000-Present

100 Metres

2000	10.77	Nathan Taylor	GP Vanier
2001	10.79	Nathan Taylor	GP Vanier
2002	10.94	Dexter Alandi	Centennial
2003	11.09 (-0.6)	Blake Strukoff	Stelly's
2004	11.10 (-0.5)	Brandt Fralick	Kelowna
2005	11.29 (-1.1)	Gabe Ephard	Windsor
2006	11.00 (-0.7)	Quincy Hurst	Centennial
2007	10.97 (+0.0)	Keynan Parker	St. Thomas More
2008	10.67 (+0.5)	Keynan Parker	St. Thomas More
2009	10.93 (+0.8)	Jared Heldman	Brookwood
2010	11.05 (+0.9)	Jared Heldman	Brookwood
2011	11.20 (+0)	Nakai Luyken	Yale
2012	11.14 (-0.9)	James Linde	Dr. Charles Best
2013	11.08 (-0.6)	Saeed Shokoya	St. Michaels Univ.
2014	10.94 (-2.4)	Jerome Blake	Rutland
2015	11.27 (-2.0)	Jesse Walker	Mission
2016	10.95 (+0.1)	Michael Aono	Seaquam
2017	10.81 (+0.6)	Anastas Eliopoulos	Vancouver College
2018	10.89 (-0.4)	Kenny Blackman Jr.	Surrey Christian
2019	10.90 (-0.6)	Chase Haagensen	Reynolds

200 Metres

2000	22.04	Nathan Taylor	GP Vanier
2001	22.21	Nathan Taylor	GP Vanier
2002	22.28	Ira Thomson	Brooks
2003	22.03 (-0.8)	Brandt Fralick	Kelowna
2004	21.97 (-1.4)	Brandt Fralick	Kelowna
2005	22.14 (+0.5)	Kevin Lim	Windsor
2006	22.08 (+1.2)	Ricardo Charles	Sardis
2007	21.90 (-0.9)	Keynan Parker	St. Thomas More
2008	21.92 (-1.0)	Keynan Parker	St. Thomas More
2009	22.15 (+0.2)	Jared Heldman	Brookwood
2010	22.10 (+0.2)	Chris Sutherland	Brookwood
2011	22.25 (+2.2)	Nathan George	Centennial
2012	21.80 (-0.4)	Nathan George	Centennial
2013	22.07 (-0.3)	Ch More O'Ferrall	Seycove
2014	22.34 (-2.2)	Jerome Blake	Rutland
2015	21.38 (1.7)	Michael Aono	Seaquam
2016	22.51 (-2.4)	Quinn Litherland	St. George's
2017	21.86 (0.7)	Ben Tjernagel	New Westminster
2018	22.06 (0.6)	Alex Pescitelli	West Point Grey
2019	22.10 (-2.2)	Jesaiah Penson-McCoy	Frank Hurt

400 Metres

2000	49.04	Josh Guggenheimer	Correliou
2001	49.43	Tim Mason	GP Vanier
2002	50.35	Craig Haddon	Carihi
2003	49.37	Jordan Shimmell	Alberni District
2004	48.66	Kevin Lim	Windsor
2005	48.78	Kevin Lim	Windsor
2006	47.99	Kevin Lim	Windsor
2007	48.76	Nick Naartnou	Oak Bay
2008	50.30	Tim Smith	St. George's
2009	49.01	Benjamin Ayesu Attah	BC Christian Academy
2010	49.10	Hodson Harding	Gleneagle
2011	47.39	Brendon Restall	Oak Bay
2012	47.89	Nathan George	Centennial
2013	49.09	Chris More O'Ferrall	Seycove
2014	48.72	Nick Taylor	Oak Bay
2015	48.31	Michael Aono	Seaquam
2016	47.57	Quinn Litherland	St. George's
2017	47.85	Quinn Litherland	St. George's
2018	49.31	Kevin Hughes	Langley Secondary
2019	48.83	Chase Haagensen	Reynolds

800 Metres

2000	1:55.17	Ryan Hayden	Vancouver College
2001	1:58.83	Graeme Wells	Seaquam
2002	1:57.17	Kol Hendrickson	HJ Cambie
2003	1:51.46	Geoff Martinson	Prince George
2004	1:53.25	Geoff Martinson	Prince George
2005	1:51.84	Daniel Mallie	Fraser Valley Christian
2006	1:55.92	Jordan Mara	White Rock Christian
2007	1:55.23	Jordan Mara	White Rock Christian
2008	1:54.85	James Clark	Thomas Haney
2009	1:54.12	Travis Vugteveen	Unity Christian
2010	1:51.59	Travis Vugteveen	Unity Christian
2011	1:52.28	Neal Keffri	Fleetwood Park
2012	1:52.21	Matt Swanson	Sutherland
2013	1:53.93	Thomas Getty	Mount Douglas
2014	1:55.73	Thomas Oxland	Dover Bay
2015	1:53.46	Taylor Lyman	Reynolds
2016	1:55.90	Dean Ellenwood	Langley
2017	1:58.90	Vlad Lyesin	Oak Bay
2018	1:58.01	Jordan Schmidt	RE Mountain
2019	1:56.97	Nico Aron	Maple Ridge



Boys Track and Field History 2000-Present

1500 Metres

2000	3:50.16	Ryan Hayden	Vancouver College
2001	3:58.16	Graeme Wells	Seaquam
2002	3:59.81	Sam Pawluk	RA McMath
2003	3:55.53	Joel Primus	Rick Hansen
2004	3:57.13	Joel Primus	Rick Hansen
2005	4:01.19	Justin Marpole-Bird	St. George's
2006	3:58.12	Justin Marpole-Bird	St. George's
2007	3:58.32	Mitch Culley	Centennial
2008	4:02.51	James Clark	Thomas Haney
2009	4:00.87	Luc Bruchet *	Elgin Park
2010	4:04.02	Sean Keane	White Rock Christian
2011	3:50.16	Neal Keffri	Fleetwood Park
2012	4:03.02	Christian Gravel	St. George's
2013	3:56.91	Ben Weir	Glenlyon Norfolk
2014	3:56.14	Nathan Wadhwani	Terry Fox
2015	3:55.15	Nathan Tadesse	North Surrey
2016	3:53.40	Brendan Hoff	Reynolds
2017	3:57.52	Charlie Dannatt	Handsworth
2018	4:10.96	Aidan Doherty	West Vancouver
2019	3:59.36	Antoine Minfray	Carihi

3000 Metres

2000	8:46.20	Matt Love	Tamanawis
2001	8:47.58	Marcel Hewamudalige	Vancouver College
2002	8:35.20	Sam Pawluk	RA McMath
2003	8:57.04	Joel Primus	Rick Hansen
2004	8:35.22	Joel Primus	Rick Hansen
2005	8:28.08	Justin Marpole-Bird	St. George's
2006	8:58.51	Justin Marpole-Bird	St. George's
2007	8:42.04	Clifford Childs	Kelowna
2008	8:51.41	Luc Bruchet *	Elgin Park
2009	8:48.66	Luc Bruchet *	Elgin Park
2010	8:50.37	Justin Kent	Kwantlen Park
2011	8:55.39	Jack Williams	Semiahmoo
2012	8:46.32	Christian Gravel	St. George's
2013	8:35.87	Ben Weir	Glenlyon Norfolk
2014	8:38.75	Nathan Wadhwani	Terry Fox
2015	8:42.87	Nathan Tadesse	North Surrey
2016	8:39.33	Brendan Hoff	Reynolds
2017	8:15.93	Charlie Dannatt	Handsworth
2018	8:44.00	Riley Miller	Holy Cross
2019	8:53.45	Antoine Minfray	Carihi

2000 Metre Steeplechase

2000	6:11.19	Marcel Hewamudalige	Vancouver College
2001	6:05.67	Marcel Hewamudalige	Vancouver College
2002	6:01.73	Chris Winter *	Handsworth
2003	5:52.25	Chris Winter *	Handsworth
2004	5:50.86	Chris Winter *	Handsworth
2005	6:07.78	Justin Marpole-Bird	St. George's
2006	6:18.60	Yi Han	Lord Byng
2007	6:15.22	Brett Wakefield	Thomas Haney
2008	6:03.18	Ahmed Mohammed	Fleetwood Park
2009	6:02.83	Dylan Haight	Oak Bay
2010	6:05.61	Jake Bruchet	Elgin Park
2011	6:06.67	Patrick Psotka	Oak Bay
2012	6:01.67	Christian Gravel	St. George's
2013	6:08.77	Adam Marshall	Brookwood
2014	5:59.14	Nicholas Colyn	Langley Christian
2015	5:55.03	Sean Bergman	Kelowna
2016	5:51.45	Sean Bergman	Kelowna
2017	6:00.75	Zach Wyatt	R.E. Mountain
2018	5:49.53	Zach Wyatt	R.E. Mountain
2019	6:03.78	Jaiveer Tiwana	Fleetwood Park

1500 Metre Racewalk

2000	6:57.96	Nolan Miles	Oak Bay
2001	7:05.76	Han-Hung Li	Walnut Grove
2002	7:22.60	Matt McHaffie	Oak Bay
2003	7:30.26	Mike Kelly	Oak Bay
2004	6:56.17	Dane Boersma	Abbotsford Christian
2005	6:34.86	Inaki Gomez *	Vancouver College
2006	6:16.84	Inaki Gomez *	Vancouver College
2007	6:03.17	Evan Dunfee *	Matthew McNair
2008	5:56.46	Evan Dunfee *	Matthew McNair
2009	7:07.49	Corwin Timmermans	Abbotsford Christian
2010	6:21.95	Ben Thorne *	Mount Elizabeth
2011	5:34.17	Ben Thorne *	Mount Elizabeth
2012	6:58.88	Spencer Gaby	Parkland
2013	7:45.12	Caleb Cheng	Killarney
2014	7:02.65	Erik Thies	Killarney
2015	6:09.55	Alger Liang	Killarney
2016	6:22.73	Alger Liang	Killarney
2017	6:55.86	Kenny Ho	Killarney
2018	6:56.78	Daniel Soliven	Killarney
2019	6:39.37	Tyler Wilson	Lord Tweedsmuir



B.C. School Sports Track & Field Provincial Championships

4x100 Metre Relay

2000	43.32	Maple Ridge
2001	43.39	GP Vanier
2002	43.53	St. George's
2003	43.50	Vancouver College
2004	43.37	Pinetree
2005	42.89	Burnaby Central
2006	43.12	St. Thomas More
2007	43.08	St. Thomas More
2008	43.57	St. Thomas More
2009	42.71	Brookwood
2010	42.66	Brookwood
2011	43.51	St. Thomas More
2012	43.30	St. Thomas More
2013	43.23	St. Thomas More
2014	43.04	Vancouver College
2015	44.26	Vancouver College 'A'
2016	43.61	Vancouver College 'A'
2017	42.55	Vancouver College 'A'
2018	43.39	St. Thomas More 'A'
2019	43.09	R.A. McMath

4x400 Metre Relay

2000	3:23.76	Maple Ridge
2001	3:26.16	St. George's
2002	3:29.66	St. George's
2003	3:29.28	Claremont
2004	3:25.11	Oak Bay
2005	4:00.06	Burnaby Central
2006	3:21.33	Oak Bay
2007	3:23.01	Oak Bay
2008	3:26.11	White Rock Christian
2009	3:23.80	Walnut Grove
2010	3:22.52	Semiahmoo
2011	3:25.05	Oak Bay
2012	3:25.82	Dover Bay
2013	3:25.83	St. Thomas More
2014	3:23.56	Dover Bay
2015	3:28.20	Eric Hamber
2016	3:30.73	Vancouver Collge 'A'
2017	3:26.24	St. George's 'A'
2018	3:26.96	RE Mountain 'A'
2019	3:25.20	Walnut Grove 'A'



110 Metre Hurdles (3'3)

2000	15.34	Kyle Guthrie	Springvalley
2001	15.21	Andrew Cooke	Lord Byng
2002	14.84	Dan Mezheritsky	St. George's
2003	14.44(-0.9)	Shea Emry	Vancouver College
2004	15.29(0.0)	Shea Emry	Vancouver College
2005	15.53(-0.7)	Aaron Dixon	St. George's
2006	15.07(0.0)	Mark Chenery	Claremont
2007	15.99(1.7)	Thomas Reikki	Stelly's
2008	15.46(0.0)	Ryan Cheng	Vancouver College
2009	15.35(1.4)	Matthew Daly-Grafstein	St. George's
2010	15.59(0.9)	Sebastian Munro	St. George's
2011	15.59(-0.6)	Nick Blackburn	GP Vanier
2012	15.11(-0.7)	Ben Daly-Grafstein	St. George's
2013	14.96(-0.6)	Mihail Stefanovic	New Westminster
2014	14.86(-3.1)	Andrew De Visser	Prince of Wales
2015	16.01(-2.9)	Jasper Schiedel	Vancouver College
2016	16.01(-2.9)	Anastas Eliopoulos	Vancouver College
2017	13.63(0.5)	Anastas Eliopoulos	Vancouver College
2018	15.25(-1.1)	Shane Stewart	Ballenas Secondary
2019	14.79	Ian Vandergugten	Credo Christian

400 Metre Hurdles (3'0)

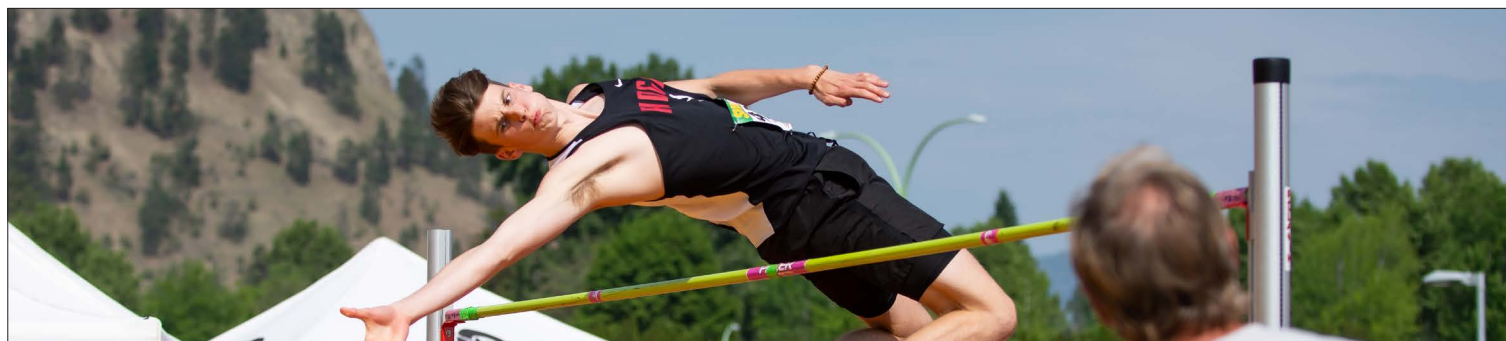
2000	54.66	Josh Guggenheimer	Correlieu
2001	55.31	Andrew Cooke	Lord Byng
2002	55.96	Jordan Shimell	Alberni District
2003	54.97	Jordan Shimell	Alberni District
2004	57.30	Quinton Gamble	North Peace
2005	55.48	Ryan Chester	Mark Isfeld
2006	54.86	Ryan Chester	St. George's
2007	56.46	Ryan Chester	St. George's
2008	54.67	Ryan Chester	St. George's
2009	55.54	Dyson Barnes	Hatzic
2010	55.35	Dyson Barnes	Hatzic
2011	55.29	Nick Blackburn	GP Vanier
2012	55.21	Matt Swanson	Sutherland
2013	55.23	Eli Kastelein	Langley Christian
2014	55.70	Ethan Strome	New Westminster
2015	57.25	Josh Adhemar	W. J. Mouat
2016	55.99	Jasper Schiedel	Vancouver College
2017	54.74	Paul Fisher	Sir Charles Tupper
2018	56.75	Paul Fisher	Sir Charles Tupper
2019	56.57	Noah Russell	Mount Boucherie

Long Jump (Metres)

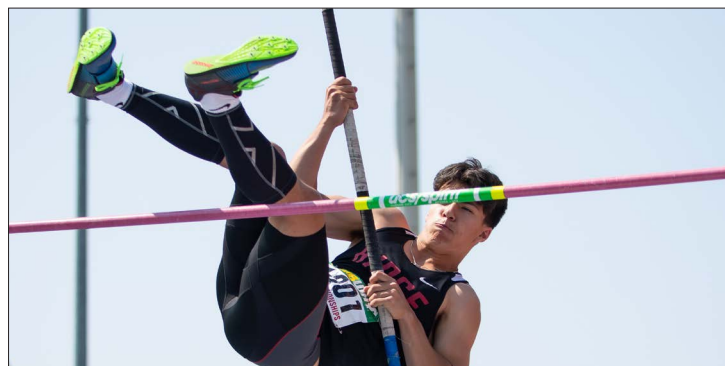
2000	6.70	Mark Ramos	Vancouver College
2001	6.73	Nathan Taylor	GP Vanier
2002	6.67	Quinton Gamble	Bert Bowes
2003	6.68	Quinton Gamble	Bert Bowes
2004	6.86	Leo Murray	Fleetwood Park
2005	6.76	Leo Murray	Fleetwood Park
2006	6.94(-0.5)	Leo Murray	Fleetwood Park
2007	6.46	Sviatoslav Moldavanov	Maple Ridge
2008	6.73(+2.3)	Jared Heldman	Brookwood
2009	7.05(0.2)	Jared Heldman	Brookwood
2010	6.92(2.0)	Jared Heldman	Brookwood
2011	6.66(1.0)	Nick Fyffe	Vancouver College
2012	6.80(0.7)	Konrad Piaseczny	Holy Cross
2013	6.95(0.0)	Ahmad Nizamani	Burnaby South
2014	6.93(+0.0)	Andrew De Visser	Prince of Wales
2015	6.54(+0.0)	Alex Savage	Walnut Grove
2016	6.65(-2.2)	Alex Savage	Walnut Grove
2017	6.68(-0.01)	Landon Gill	Southridge
2018	6.77(1.1)	Bennet Vinken	GP Vanier
2019	6.94(2.5)	Ryan Pederson	Lord Tweedsmuir

Triple Jump (Metres)

2000	13.75	Mark Ramos	Vancouver College
2001	13.26	Tyler Christopher *	Sardis
2002	13.42	Mike Sychruva	Centennial
2003	13.68	Shea Emry	Vancouver College
2004	14.15	Shea Emry	Vancouver College
2005	13.22	Mark Chenery	Claremont
2006	13.71	Mark Chenery	Claremont
2007	13.57	Sviatoslav Moldavanov	Maple Ridge
2008	13.81	Niko Monachini	Hugh Boyd
2009	13.62	Kevin Lian	AR McNeill
2010	13.85	Nick Fyffe	Vancouver College
2011	14.55(-0.7)	Nick Fyffe	Vancouver College
2012	15.10(0.7)	Nick Fyffe	Vancouver College
2013	13.77(NWI)	Vladis Moldavanov	Pitt Meadows
2014	13.11(+0.0)	James Elson	Argyle
2015	13.49(+0.0)	Aaron Postma	Abbotsford Christ.
2016	13.90(-1.9)	Aaron Postma	Abbotsford Christ.
2017	13.95(1.1)	Roberto Esquivail	Windsor
2018	13.19(-1.5)	Bryce Mackenzie	Mission Secondary
2019	13.14(0.6)	Jason Soriano	Vancouver College



B.C. School Sports Track & Field Provincial Championships

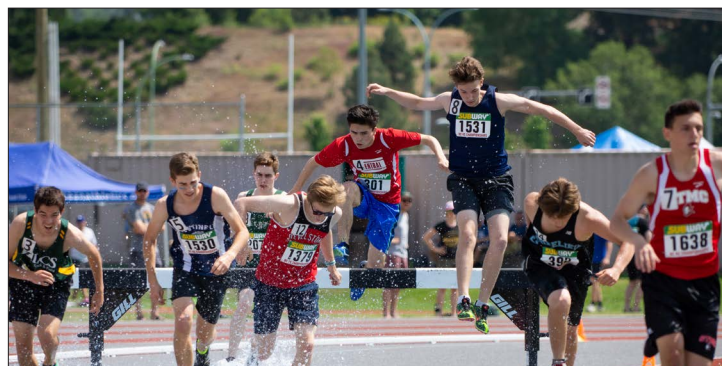


High Jump (Metres)

2000	2.00	Jas Gill	Mission
2001	1.99	Nathaniel Grams	Hugh McRoberts
2002	2.12	Michael Mason *	Ballenas
2003	2.04	Jarid Vaughn	RE Mountain
2004	2.20	Michael Mason *	Ballenas
2005	1.90	Paul Little	John Barsby
2006	2.05	Paul Little	John Barsby
2007	2.05	Shawn Shwartz	Terry Fox
2008	1.95	Django Lovett	Brookwood
2009	2.05	Django Lovett	Brookwood
2010	2.14	Django Lovett	Brookwood
2011	1.95	Alvis Los	Langley Christian
2012	1.90	Bashir Kahn	St. George's
2013	1.95	James Elson	Argyle
2014	2.00	Eric Chatten	Gleneagle
2015	2.00	Joel Della Siega	Elgin Park
2016	2.00	Joel Della Siega	Elgin Park
2017	2.05	Bryce Mackenzie	Mission
2018	2.05	Bryce Mackenzie	Mission
2019	2.09	Aidan Grout	Maple Ridge

Pole Vault (Metres)

2000	4.55	Matt Clifford	WJ Mouat
2001	4.20	Matt Clifford	WJ Mouat
2002	4.30	Dan Mezheritsky	St. George's
2003	4.20	Mitch Waters	Valleyview
2004	4.00	Michael Clapson	St. George's
2005	3.70	Michael Clapson	St. George's
2006	4.00	Adam Steele	Oak Bay
2007	4.40	Geoff Law	St. George's
2008	4.02	David McKay	Oak Bay
2009	4.45	David McKay	Oak Bay
2010	4.66	David McKay	Oak Bay
2011	4.20	Spencer Allan	St. Ann's
2012	3.80	Simon Psotka	Oak Bay
2013	4.00	Yannick Schudoma	Oak Bay
2014	3.70	Glen Johnston	White Rock Christian
2015	4.65	Jason Clare	Nanaimo District
2016	4.55	Jason Clare	Nanaimo District
2017	3.80	Ethan Foster	D.W. Poppy
2018	4.20	Ethan Foster	D.W. Poppy
2019	4.40	Isaac Clements	Oak Bay



Shot Put (Metres)

2000	15.93	Jeff Wallis	Cowichan
2001	17.36	Jeff Wallis	Cowichan
2002	15.47	Dan Mezheritsky	St. George's
2003	15.54	Jon Conlin	Vancouver College
2004	14.37	Joe Epple	Howe Sound
2005	14.93	Aaron Malone	Carihi
2006	14.97	Aaron Malone	Carihi
2007	14.23	Trey Henderson	Vancouver College
2008	15.51	Admir Cojonavic	Burnaby Central
2009	16.17	Tom Wilcox	Centennial
2010	15.96	Spencer Prince	Brookwood
2011	16.61	Adam Keenan	Lambrick Park
2012	14.93	Ben Ingvaldson	Lord Tweedsmuir
2013	15.64	Ben Ingvaldson	Lord Tweedsmuir
2014	14.64	Aaron Stroda	Okanagan Mission
2015	15.55	Ben Ingvaldson	Lord Tweedsmuir
2016	14.18	Greg Poirer	Robert Bateman
2017	14.54	Greg Poirer	Robert Bateman
2018	14.90	Druv Sobti	Brookwood
2019	14.67	Jarrett Chong	Riverside

Discus (Metres)

2000	47.83	Sean Hepple	Vancouver College
2001	47.42	Robert Greenough	Rutland
2002	46.46	Brock Richardson	Anne Stevenson
2003	47.24	Kevin Mouldley	Brookwood
2004	50.69	Tyrell Mara	White Rock Christian
2005	53.47	Tyrell Mara	White Rock Christian
2006	46.97	Trey Henderson	Vancouver College
2007	51.02	Angus Taylor	Vancouver College
2008	53.18	Angus Taylor	Vancouver College
2009	53.20	Tom Wilcox	Centennial
2010	52.44	Adam Keenan	Lambrick Park
2011	56.17	Adam Keenan	Lambrick Park
2012	51.32	Mason Kereszti	Lambrick Park
2013	49.04	Aaron Stroda	Okanagan Mission
2014	47.89	Adam Lambert	Hatzic
2015	43.70	Mak Rokic	Oak Bay
2016	43.09	Max Szczawinski	Claremont
2017	47.64	Vikramjit Gondara	WJ Mouat
2018	44.91	Rowan Hamilton	Sardis School
2019	41.02	Hayden Tuba	Vancouver College

**Javelin (Metres)**

2000	57.46	Bill Neuman	Highland
2001	52.37	Adam Pankratz	Burnaby Central
2002	55.89	Blake Smelser	Burnaby Central
2003	54.58	Owen Kirby	Quesnel
2004	57.41	Curtis Moss *	Burnaby Central
2005	61.89	Curtis Moss *	Burnaby Central
2006	60.98	Kyle Nielsen	Centennial
2007	66.81	Kyle Nielsen	Centennial
2008	55.32	Vincent Schnabl	Chase
2009	56.47	Cody Parker	Highland
2010	58.74	Cody Parker	Highland
2011	59.11	Mason Kereszti	Lambrick Park
2012	60.73	Mason Kereszti	Lambrick Park
2013	57.20	Tyler Kostiuk	Highland
2014	56.70	Tyler Kostiuk	Highland
2015	60.37	Brent Reston	Surrey Christian
2016	62.57	Brendan Artley	Collingwood
2017	50.42	Brian Cortex	Terry Fox
2018	55.47	Jarrett Chong	Riverside
2019	63.40	Jarrett Chong	Riverside

Hammer (Metres)

2000	60.88	Michael Ankerman	Kelowna
2001	64.40	Michael Ankerman	Kelowna
2002	56.01	Sean Laforest	Hatzic
2003	60.10	Sean Laforest	Hatzic
2004	53.87	J.D. Roze	John Barsby
2005	56.94	Joe Eppele	Vancouver College
2006	60.66	Trey Henderson	Vancouver College
2007	63.81	Trey Henderson	Vancouver College
2008	63.27	Angus Taylor	Vancouver College
2009	62.46	Spencer Prince	Brookwood
2010	65.36	Spencer Prince	Brookwood
2011	62.78	Adam Keenan	Lambrick Park
2012	49.66	Pauljit Bhandal	John Oliver
2013	54.65	Mark Kalmykov	Maple Ridge
2014	55.87	Sam Willett	Mount Douglas
2015	52.35	Sam Willett	Mount Douglas
2016	60.90	Vikramjit Gondara	WJ Mowat
2017	62.43	Vikramjit Gondara	WJ Mowat
2018	63.08	Rowan Hamilton	Sardis School
2019	60.83	Ethan Katzberg	John Barsby

**Decathlon**

2000	5300	Matt Clifford	WJ Mouat
2001	5860	Matt Clifford	WJ Mouat
2002	6619	Dan Mezheritsky	St. George's
2003	6175	Shea Emry	Vancouver College
2004	6078	Shea Emry	Vancouver College
2005	6485	Jonas Brix	Lambrick Park
2006	6345	Mark Chenery	Claremont
2007	6240	Kyle Nielsen	Centennial
2008	5886	Ross Enns	Burnaby Central
2009	6383	Vincent Schnabl	Chase
2010	6381	Jared Heldman	Brookwood
2011	6320	James Turner	Kelowna
2012	6384	Ben Daly-Grafstein	St. George's
2013	6063	Rostam Turner	Kelowna
2014	5560	Jasper Schiedel	Vancouver College
2015	4716	Kaelan Carvalhat-Smith	Stelly's
2016	6091	Jasper Schiedel	Vancouver College
2017	5690	Edoardo Carucci	Sentinel
2018	5997	Ethan Foster	DW Poppy
2019	5816	Gillan Aneel	Semiahmoo

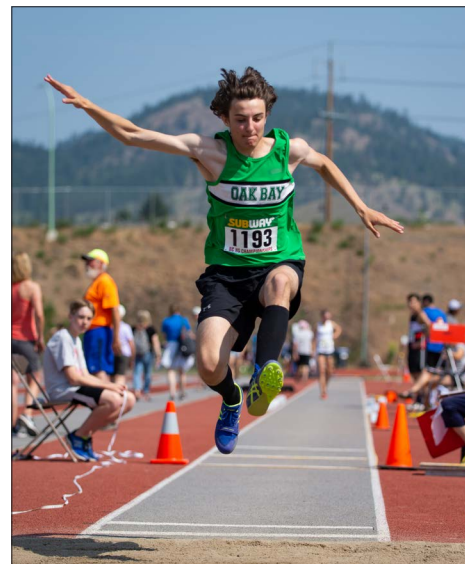


B.C. School Sports Track & Field Championships

Senior Boys Meet Records

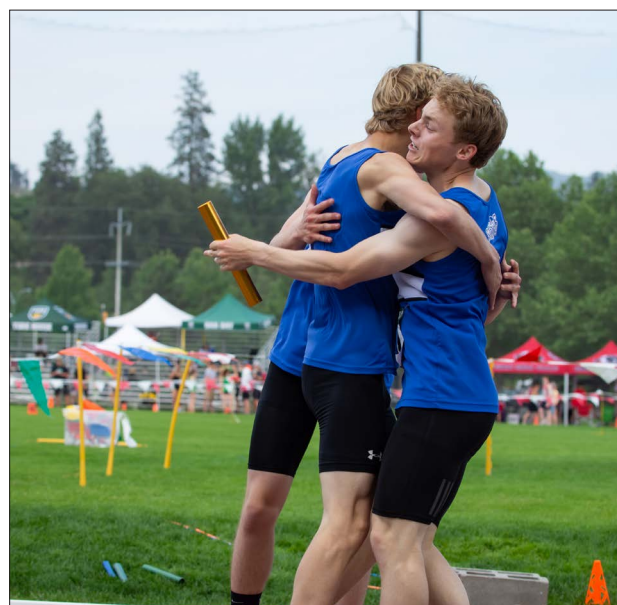
Event	Record Holder	School	Record	Year
100 Metres	Peter Ogilvie *	St. Thomas More	10.46	1990
200 Metres	Joel Nelson	Frank Hurt	21.34 (H)	1997
400 Metres	Shane Niemi	Westsyde	46.08 (H)	1996
800 Metres	Peter Scharpf	Mountain	1:50.70	1984
1500 Metres	Ryan Hayden	Vancouver College	3:50.16	2000
	Neal Keffri	Fleetwood Park	3:50.16	2011
3000 Metres	Charlie Dannatt	Handsworth	8:15.93	2017
5000 Metres	Jeff Schiebler *	New Westminster	14:35.06	1990
2000 M Steeplechase	Zach Wyatt	RE Mountain	5:49.53	2018
1500 M Racewalk	Ben Thorne *	Mount Elizabeth	5:34.17	2011
400 M Hurdles	James Leishman	Handsworth	53.49	1992
110 M Hurdles (3'0)	Anastas Eliopoulos	Vancouver College	13.63 (+0.5)	2017
(3'3)	David Wilkinson	Handsworth	14.1 ⁺	1982
4x100 M Relay	Alfred Dela Cruz	Vancouver College	42.55	2017
	Marcus Yee			
	Egidio Cantarella			
	Anastas Elipoulos			
4x400 M Relay	Derek Evelyn	Burnaby Central	3:20.00	1982
	Clayton Grant			
	Paul Clarke			
	John Zacharuk			
Shot Put	Scott Neilson *	New Westminster	17.40m	1975
Discus	Adam Keenan	Lambrick Park	56.17m	2011
Javelin	Kyle Nielsen	Centennial	66.81m	2007
	Phil Olsen	Nanaimo District	71.46m ⁺	1974
Hammer	Dylan Armstrong *	Westsyde	75.22m	1999
Long Jump	Dave Steen *	Burnaby Central	7.24m	1977
Triple Jump	Nick Fyffe	Vancouver College	15.10m (+0.7)	2012
High Jump	Michael Mason *	Ballenas	2.20m	2004
Pole Vault	David McKay	Oak Bay	4.66m	2010
Decathlon	Nick Wilkes	Maple Ridge	6638	1997
	Derek Evelyn	Burnaby Central	6685 ⁺	1983

Revised Dec. 2018

⁺Different weight

Outstanding Male Performance

Year	Name	School	Event	Performance
2000	Ryan Hayden	Vancouver College	1500m	3:50.16
			800m	1:55.17
2001	Nathan Taylor	GP Vanier	100m	10.79
			200m	22.21
			LJ	6.73m
2002	Michael Mason *	Ballenas	HJ	2.12m
2003	Shea Emry	Vancouver College	Dec	6175
			TJ	13.68m
			Discus	46.60m
			110mH	14.44
2004	Michael Mason *	Ballenas	HJ	2.20m
2005	Curtis Moss *	Burnaby Central	Javelin	61.89m
2006	Mark Chenery	Claremont	Dec	6345
			110mH	15.07
			TJ	13.71m
2007	Kyle Nielsen	Centennial	Dec	6240
			Javelin	66.81m
			Shot Put	14.23m
2008	Evan Dunfee *	Matthew McNair	Racewalk	5:56.46
2009	Tom Wilcox	Centennial	Discus	53.20m
			Shot Put	16.17m
2010	David McKay	Oak Bay	PV	4.66m
	Travis Vugteveen	Unity Christian	800m	1:51.59
2011	Adam Keenan	Lambrick Park	Hammer	62.78m
			Discus	56.17m
			Shot Put	16.61m
2012	Christian Gravel	St. George's	1500m	4:03.02
			3000m	8:46.32
			2000mSC	6:01.67
2013	Ben Weir	Glenlyon Norfolk	1500m	3:56.91
			3000m	8:35.87
2014	Adam Lambert	Hatzic	Discus	47.89m
			Hammer	54.08m
			Shot Put	14.55m
2015	Michael Aono	Seaquam	200m	21.38
			400m	48.31
2016	Jasper Schieldel	Vancouver College	Decathlon	6091
			110mH	15.38
			400mH	55.99m
			PV	4.00m
2017	Charlie Dannett	Handsworth	1500m	3:57.52
			3000m	8:15.93
2018	Zach Wyatt	RE Mountain	2000mSC	5:49.53



Girls Track and Field History 2000-Present

100 Metres

2000	11.74	Krysha Bayley	Terry Fox
2001	11.74 (1.7)	Krysha Bayley	Terry Fox
2002	11.90 (2.4)	Yvonne Mensah	Little Flower Academy
2003	11.64 (0.6)	Yvonne Mensah	Little Flower Academy
2004	12.07 (0.6)	Sabrina Netty	Johnston Heights
2005	12.04 (0.9)	Billie White-Gibson	Burnaby Mountain
2006	12.28 (0.0)	Paulina Kisielewska	Ecole des Pionniers
2007	11.92 (2.1)	Sabrina Nettey	Johnston Heights
2008	12.43 (-0.7)	Christabel Nettey *	Johnston Heights
2009	12.03 (-0.3)	Shai-Anne Davis	Hugh McRoberts
2010	11.91 (+0.0)	Shai-Anne Davis	Hugh McRoberts
2011	12.20 (-0.6)	Shai-Anne Davis	Matthew McNair
2012	12.38 (-0.5)	Elisa Joyce	Kelowna
2013	12.36 (-0.4)	Georgia Ellenwood	Langley
2014	11.93 (-1.4)	Raquel Tjernagel	New Westminster
2015	11.76 (1.5)	Raquel Tjernagel	New Westminster
2016	11.85 (+0.0)	Zion Corrales-Nelson	St. Thomas More
2017	12.07 (0.7)	Hassy Fashina-Bombata	Wellington
2018	12.17(-0.5)	Jasneet Nijjar	Queen Elizabeth
2019	12.05(+2.0)	Jasneet Nijjar	Queen Elizabeth

200 Metres

2000	24.58	Krysha Bayley	Terry Fox
2001	24.54	Krysha Bayley	Terry Fox
2002	24.63	Yvonne Mensah	Little Flower
2003	23.92 (-1.1)	Yvonne Mensah	Little Flower
2004	25.20 (-1.6)	Whitney Wellington	Fleetwood Park
2005	25.01 (-1.5)	Whitney Wellington	Fleetwood Park
2006	24.88 (3.4)	Paulina Kisielewska	Ecole des Pionniers
2007	25.18 (2.1)	Sabrina Nettey	Johnston Heights
2008	25.75 (2.4)	Alyssa Shury	White Rock Christian
2009	24.70 (-0.6)	Shai-Anne Davis	Hugh McRoberts
2010	24.01 (-0.2)	Shai-Anne Davis	Hugh McRoberts
2011	24.68 (1.8)	Katie Reid	Earl Marriott
2012	25.47 (0.6)	Elisa Joyce	Kelowna
2013	25.30 (-0.6)	Raquel Tjernagel	New Westminster
2014	24.44 (-1.9)	Raquel Tjernagel	New Westminster
2015	24.34 (-1.6)	Raquel Tjernagel	New Westminster
2016	25.00 (-4.4)	Zion Corrales-Nelson	St. Thomas More
2017	24.5 (0.6)	Jasneet Nijjar	Queen Elizabeth
2018	24.22(2.2)	Jasneet Nijjar	Queen Elizabeth
2019	24.5(-1.1)	Jasnet Nijjar	Queen Elizabeth

400 Metres

2000	56.57	Angela Anoliefoh	Burnaby Central
2001	57.43	Jennifer Rogers	Ballenas
2002	57.73	Lauren Welch	Point Grey
2003	55.89	Whitney Wellington	Fleetwood Park
2004	56.66	Whitney Wellington	Fleetwood Park
2005	56.15	Corri Fell	Point Grey
2006	55.84	Christine Lowe	Port Moody
2007	56.59	Katie Nelson	Belmont
2008	56.84	Cheyenne Tunti	Kwantlen Park
2009	56.20	Katie Reid	Earl Marriott
2010	54.41	Katie Reid	Earl Marriott
2011	54.60	Katie Reid	Earl Marriott
2012	56.36	Cheyenne Tunti	Kwantlen Park
2013	54.94	Zion Corrales-Nelson	St. Thomas More
2014	54:18	Zion Corrales-Nelson	St. Thomas More
2015	55.60	Zion Corrales-Nelson	St. Thomas More
2016	54.90	Zion Corrales-Nelson	St. Thomas More
2017	55.36	Jasneet Nijjar	Queen Elizabeth
2018	55.71	Jasneet Nijjar	Queen Elizabeth
2019	54.92	Angelina Shandro	St. Michaels

800 Metres

2000	2:13.46	Gaelle Banini	CE London
2001	2:11.38	Stephanie Hirtle	Salmon Arm
2002	2:14.35	Alex Krasovsta	Burnaby Central
2003	2:13.95	Lisa Egami	Centennial
2004	2:11.77	Lisa Egami	Centennial
2005	2:13.57	Lisa Egami	Centennial
2006	2:13.00	Lisa Egami	Centennial
2007	2:12.59	Jessica Smith *	Argyle
2008	2:11.08	Helen Crofts	West Vancouver
2009	2:16.74	Laurel Draper	Oak Bay
2010	2:16.51	Lindsey Butterworth	Handsworth
2011	2:14.70	Sarah Bailey	Clarence Fulton
2012	2:15.96	Ashley Windsor	Walnut Grove
2013	2:14.55	Sophie Dodd	West Point Grey
2014	2:10.65	Addy Townsend	Dr. Charles Best
2015	2:09.04	Alyssa Mousseau	Wellington
2016	2:13.09	Alyssa Mousseau	Wellington
2017	2:14.82	Alisa Lyesina	Oak Bay
2018	2:11.56	Alisa Lyesina	Oak Bay
2019	2:14.14	Alisa Lyesina	Oak Bay



Girls Track and Field History 2000-Present

1500 Metres

2000	4:39.91	Stephanie Hirtle	Salmon Arm
2001	4:34.16	Stephanie Hirtle	Salmon Arm
2002	4:43.68	Carmen Ballard	Kelowna Christian
2003	4:33.42	Carmen Ballard	Kelowna Christian
2004	4:36.34	Kristen Kolstad	LA Matheson
2005	4:33.77	Heather Mancell	Pinetree
2006	4:39.32	Jessica Smith *	Argyle
2007	4:40.25	Jessica Smith *	Argyle
2008	4:36.52	Justine Johnson	Oak Bay
2009	4:48.26	Lindsey Butterworth	Handsworth
2010	4:38.34	Tanya Humeniuk	Killarney
2011	4:37.12	Kayla Stone	South Kamloops
2012	4:34.55	Kayla Stone	South Kamloops
2013	4:28.95	Kayla Stone	South Kamloops
2014	4:32.32	Grace Thompson	Collingwood
2015	4:27.63	Nicole Hutchinson	Sentinel
2016	4:35.42	Desirae Ridenour	Cowichan
2017	4:29.55	Desirae Ridenour	Cowichan
2018	4:23.02	Taryn O'Neill	George Elliot
2019	4:38.43	Alisa Lyesina	Oak Bay

1500 Metre Steeplechase

2001	4:59.76	Lindsay Hewson	Mount Douglas
2002	5:08.08	Meredith MacGregor	Earl Marriott
2003	5:08.31	Melissa Appelt	Holy Cross
2004	5:03.71	Melissa Appelt	Holy Cross
2005	5:00.59	Melissa Appelt	Holy Cross
2006	5:12.22	Laurel Draper	Oak Bay
2007	5:07.30	Chantelle Groenwood	Handsworth
2008	5:15.28	Katherine Digby	Kitsilano
2009	5:09.25	Laurel Draper	Oak Bay
2010	5:00.54	Katelyn Hayward	Mount Douglas
2011	4:58.85	Katelyn Hayward	Mount Douglas
2012	5:08.00	Emma Balazs	Kelly Road
2013	5:01.26	Regan Yee	Hazelton
2014	5:09.70	Marita DeShiffart	Nanaimo Christian
2015	5:04.55	Glynis Sim	Salmon Arm
2016	5:04.53	Georgia Ginther	Earl Marriot
2017	4:54.81	Grace Fetherstonehaugh	New Westminster
2018	4:50.94	Grace Fetherstonehaugh	New Westminster
2019	5:02.97	Ceili McCabe	Little Flower

3000 Metres

2000	10:20.11	Natalie Rogers	Sardis
2001	10:07.24	Natalie Rogers	Sardis
2002	9:59.45	Natalie Rogers	Sardis
2003	9:59.41	Carmen Ballard	Kelowna Christian
2004	9:50.14	Carmen Ballard	Kelowna Christian
2005	10:03.80	Kristen Sweetland	Stelly's
2006	9:58.96	Justine Johnson	Oak Bay
2007	10:25.29	Julia Ransom	Constable Neil Bruce
2008	10:15.39	Justine Johnson	Oak Bay
2009	10:22.38	Sam Walkow	Semiahmoo
2010	9:53.31	Tanya Humeniuk	Killarney
2011	9:55.44	Katelyn Hayward	Mount Douglas
2012	10:03.40	Ashley Windsor	Walnut Grove
2013	9:57.00	Regan Yee	Hazelton
2014	10:10.79	Nicole Hutchinson	Sentinel
2015	9:33.44	Hannah Bennison	Vernon
2016	10:09.39	Desirae Ridenour	Cowichan
2017	9:44.16	Desirae Ridenour	Cowichan
2018	9:24.82	Taryn O'Neill	Geogre Elliot
2019	10:01.52	Kendra Lewis	Vancouver Technical

1500 Metre Racewalk

2000	7:01.73	Kate Brooker	GP Vanier
2001	7:01.44	Megan Huzzey	Belmont
2002	6:35.61	Megan Huzzey	Belmont
2003	6:26.67	Megan Huzzey	Belmont
2004	7:05.21	Joey Bernhardt	Sentinel
2005	7:16.97	Kaitlin Huzzey	Belmont
2006	7:31.69	Heather Warwick	Matthew McNair
2007	7:13.69	Heather Warwick	Matthew McNair
2008	7:09.67	Heather Warwick	Matthew McNair
2009	7:42.89	Rachel Inglis	Oak Bay
2010	7:15.28	Rachel Inglis	Oak Bay
2011	7:03.46	Katelyn Ramage	Nanaimo District
2012	7:45.24	Nina Briggs	Oak Bay
2013	7:57.49	Jacqueline Gaby	Parkland
2014	7:24.64	Kyra Danielson	Killarney
2015	7:45.19	Jacqueline Gaby	Parkland
2016	7:30.81	Zoe Zhang	Killarney
2017	7:16.09	Kyra Danielson	Killarney
2018	7:11.77	Joan Lu	Killarney
2019	7:12.45	Cassidy Cardle	Walnut Grove



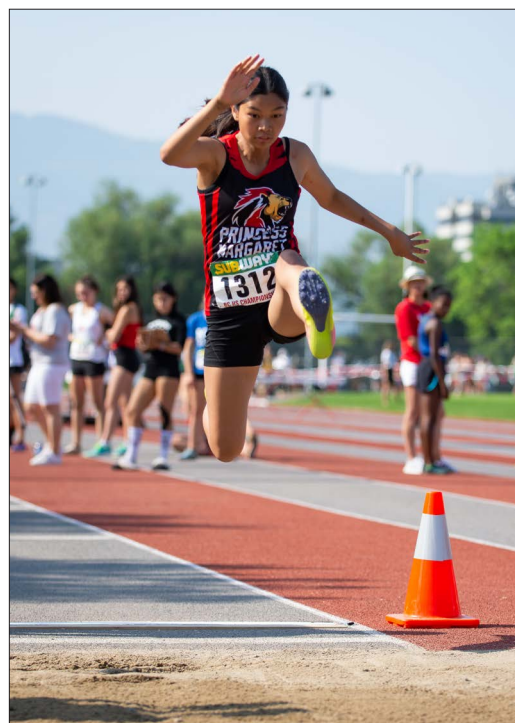
B.C. School Sports Track & Field Provincial Championships

4x100 Metre Relay

2000	49.36	Burnaby Central
2001	50.34	Fleetwood Park
2002	49.84	Oak Bay
2003	48.67	Oak Bay
2004	49.00	Johnston Heights
2005	49.30	Johnston Heights
2006	49.31	Oak Bay
2007	48.49	Johnston Heights
2008	49.53	Oak Bay
2009	49.61	Claremont
2010	50.25	Kwantlen Park
2011	49.66	Oak Bay
2012	48.68	Francis Kelsey
2013	49.77	Oak Bay 'A'
2014	48.58	Cowichan
2015	48.27	Cowichan
2016	48.95	Cowichan
2017	49.78	Kelowna 'A'
2018	49.85	Maple Ridge 'A'
2019	49.17	Kelowna 'A'

4x400 Metre Relay

2000	3:57.06	Burnaby Central
2001	4:02.90	Oak Bay
2002	4:04.48	Oak Bay
2003	4:03.89	Oak Bay
2004	3:58.87	Walnut Grove
2005	4:00.60	Walnut Grove
2006	3:59.64	Walnut Grove
2007	4:04.22	West Vancouver
2008	4:03.28	Oak Bay
2009	4:00.38	Oak Bay
2010	4:00.11	Walnut Grove
2011	3:57.21	York House
2012	3:57.66	Oak Bay
2013	4:04.45	Oak Bay 'A'
2014	3:56.31	New Westminster
2015	4:03.03	New Westminster
2016	4:05.97	Maple Ridge
2017	4:03.13	Maple Ridge 'A'
2018	4:01.60	Maple Ridge 'A'
2019	3:57.87	Walnut Grove



100 Metre Hurdles (2'6")

2000	13.86	Yvonne Mensah	Little Flower Academy
2001	14.05	Yvonne Mensah	Little Flower Academy
2002	14.06	Yvonne Mensah	Little Flower Academy

100 Metre Hurdles (2'9")

2003	14.48 (-1.5)	Yvonne Mensah	Little Flower Academy
2004	15.72 (-0.0)	Zaria Stoffman	Point Grey
2005	14.89 (0.6)	Zaria Stoffman	Point Grey
2006	14.85 (0.9)	Katherine Murphy	Oak Bay
2007	14.55 (0.0)	Katherine Murphy	Oak Bay
2008	14.59 (0.0)	Christabel Nettey *	Johnston Heights
2009	15.47 (0.4)	Haleigh Lloyd	Ladysmith
2010	15.09 (1.3)	Zarria Storm	Oak Bay
2011	14.68 (1.2)	Georgia Ellenwood	Langley
2012	14.93 (0.2)	Meghan Palesch	Semiahmoo
2013	14.45 (0.5)	Kathry Van Ryswyk	Earl Marriott
2014	14.64 (0.6)	Chicago Baines	Cowichan
2015	14.41 (-1.6)	Chicago Baines	Cowichan
2016	13.67 (+3.5)	Nina Schultz	New Westminster
2017	13.97 (0.2)	Katarina Vishovic	Fraser Heights
2018	14.19 (-2.5)	Katarina Vishovic	Fraser Heights
2019	14.21 (-0.5)	Jasneet Nijjar	Queen Elizabeth

400 Metre Hurdles (2'6")

2000	62.05	Natalie Jackson	Burnaby Central
2001	62.02	Maya Miguel	Claremont
2002	65.06	Jodi Schaufele	Holy Cross
2003	63.55	Cori Fell	Point Grey
2004	60.77	Cori Fell	Point Grey
2005	60.27	Cori Fell	Point Grey
2006	64.90	Jessica Suddaby	WJ Mouat
2007	65.18	Kelly Bullivant	Walnut Grove
2008	61.51	Christine Lowe	Port Moody
2009	64.27	Haleigh Lloyd	Ladysmith
2010	62.52	Katherine Tourigny	West Point Grey
2011	62.38	Jade Vaughn	Walnut Grove
2012	61.53	Katherine Tourigny	West Point Grey
2013	63.92	Jordyn Piercy	St. Andrews
2014	60.09	Stephanie Cho	Winston Churchill
2015	60.56	Megan Champoux	Langley Fundamental
2016	60.99	Elizabeth Gummer	Highland
2017	65.19	Brea Christie	Royal Bay
2018	64.70	Aaryanna Kurucz	Maple Ridge
2019	62.12	Samantha Baron	Brooks Secondary

Triple Jump (Metres)

2000	11.40	Angela Anoliefoh	Burnaby Central
2001	11.89	Rachael Haegart	Oak Bay
2002	10.61	Rachael Haegart	Oak Bay
2003	11.47	Sabrina Nettey	Johnston Heights
2004	12.01	Sabrina Nettey	Johnston Heights
2005	11.72	Katie Gallagher	GP Vanier
2006	12.01	Natasha Miller	MEI
2007	12.18	Natasha Miller	MEI
2008	11.46	Alyx Treasure *	DP Todd
2009	11.07	Hayley Stewart	Lord Tweedsmuir
2010	11.20	Alyx Treasure *	DP Todd
2011	11.68	Alya Akehurst	Carih
2012	11.51	Alya Akehurst	Carih
2013	11.34	Ella Brown	Pleasant Valley
2014	11.66	Nina Schultz	New Westminster
2015	11.64	Nina Schultz	New Westminster
2016	11.60	Kiana Bekar	Langley Christian
2017	11.47	Kristen Schultz	Argyle
2018	11.37	Rebecca Dutchak	Claremont
2019	11.18	Rebecca Dutchak	Claremont

Long Jump (Metres)

2000	5.60	Krysha Bayley	Terry Fox
2001	5.51	Krysha Bayley	Terry Fox
2002	5.11	Jodi Schaufele	Holy Cross
2003	5.63	Sabrina Nettey	Johnston Heights
2004	5.88	Sabrina Nettey	Johnston Heights
2005	5.61	Alana Pattinson	Walnut Grove
2006	5.45	Alana Pattinson	Walnut Grove
2007	6.07	Sabrina Nettey	Johnston Heights
2008	5.59	Aleisha Cobb	Claremont
2009	5.70	Aleisha Cobb	Claremont
2010	5.61	Georgia Ellenwood	Langley
2011	5.71	Georgia Ellenwood	Langley
2012	5.27	Keely Watts-Watling	Kelowna
2013	5.94	Georgia Ellenwood	Langley
2014	5.56	Monique Lisek	Maple Ridge
2015	5.69	Nina Schultz	New Westminster
2016	5.93	Nina Schultz	New Westminster
2017	5.49	Kristen Schultz	Argyle
2018	5.74	Jasmine Lew	Heritage Woo
2019	5.55	Rebecca Dutchak	Claremont



B.C. School Sports Track & Field Provincial Championships



High Jump (Metres)

2000	1.69	Angela Anoliefoh	Burnaby Central
2001	1.64	Breanne Watson	RA McMath
2002	1.65	Breanne Watson	RA McMath
2003	1.76	Emily Sheppard	Vancouver Waldorf
2004	1.67	Karly Neveu	Earl Marriott
2005	1.75	Emily Sheppard	Vancouver Waldorf
2006	1.70	Gabrielle Payne	HJ Cambie
2007	1.73	Emma Kimoto	RA McMath
2008	1.82	Alyx Treasure *	DP Todd
2009	1.78	Alyx Treasure *	DP Todd
2010	1.80	Alyx Treasure *	DP Todd
2011	1.70	Georgia Ellenwood	Langley
2012	1.60	Manisha Kandola	New Westminster
2013	1.65	Jessica Hanson	Little Flower Academy
2014	1.75	Nina Schultz	New Westminster
2015	1.75	Nina Schultz	New Westminster
2016	1.70	Nina Schultz	New Westminster
2017	1.80	Alexa Porpaczy	Semiahmoo
2018	1.70	Alexa Porpaczy	Semiahmoo
2019	1.60	Jaziel Tunti	Pacific Academy

Shot Put (Metres)

2000	11.17	Novelle Murray	Fleetwood Park
2001	12.15	Novelle Murray	Fleetwood Park
2002	12.33	Novelle Murray	Fleetwood Park
2003	12.10	Mikaela Patterson	Rick Hansen
2004	11.76	Chelsea Payne	RC Palmer
2005	11.78	Chelsea Payne	RC Palmer
2006	12.06	Laura Macauley	Alberni District
2007	11.54	Laura Macauley	Alberni District
2008	12.00	Laura Macauley	Alberni District
2009	11.21	Lauren Stuart	Smithers
2010	11.65	Asianna Covington	Little Flower Academy
2011	11.67	Asianna Covington	Little Flower Academy
2012	12.30	Agnes Esser	Frances Kelsey
2013	13.52	Agnes Esser	Frances Kelsey
2014	12.24	Olivia Moriconi	Pitt Meadows
2015	11.48	Tasha Willing	Chilliwack
2016	13.33	Camryn Rogers	RA McMath
2017	13.65	Camryn Rogers	RA McMath
2018	13.01	Dolly Gabri	Sullivan Heights
2019	13.90	Dolly Gabri	Sullivan Heights



Discus (Metres)

2000	37.61	Samantha Billings	John Oliver
2001	38.68	Roslyn Lundeen	Claremont
2002	39.12	Novelle Murray	Fleetwood Park
2003	36.30	Catrina Chisholm	Seaquam
2004	38.54	Mikaela Pattison	Rick Hansen
2005	40.10	Chelsea Payne	RC Palmer
2006	40.94	Lara Ter Laak	Earl Marriott
2007	37.12	Laura Macauley	Alberni District
2008	41.26	Laura Macauley	Alberni District
2009	38.38	Lauren Stuart	Smithers
2010	42.38	Jade Richardson	Nanaimo District
2011	41.61	Asianna Covington	Little Flower Academy
2012	42.21	Agnes Esser	Frances Kelsey
2013	48.20	Asiana Covington	Little Flower Academy
2014	43.31	Olivia Moriconi	Pitt Meadows
2015	37.99	Chanell Botsis	Dr. Charles Best
2016	39.95	Chanell Botsis	Dr. Charles Best
2017	44.02	Dolly Gabri	Sullivan Heights
2018	43.89	Dolly Gabri	Sullivan Heights
2019	43.80	Dolly Gabri	Sullivan Heights

Javelin (Metres)

2000	43.14	Roslyn Lundeen	Claremont
2001	44.60	Roslyn Lundeen	Claremont
2002	47.12	Krista Woodward	New Westminster
2003	37.76	Alia Dalin	Chase
2004	37.01	Jacqueline Dunnet	Burnaby Central
2005	49.46	Elizabeth Gleadle *	Kitsilano
2006	46.80	Elizabeth Gleadle *	Kitsilano
2007	45.15	Nicole Fraser	Terry Fox
2008	48.54	Laura Macauley	Alberni District
2009	45.90	Tiffany Perkins	WJ Mouat
2010	38.92	Serena Graf	Seaquam
2011	40.58	Serena Graf	Seaquam
2012	39.18	Teagan Rasche	Riverside
2013	43.51	Teagan Rasche	Riverside
2014	45.19	Brittni Wolczyk	Archbishop Carney
2015	47.69	Brittni Wolczyk	Archbishop Carney
2016	41.54	Jaclyn Pauley	Brookwood
2017	43.41	Rori Denness	Earl Marriot
2018	41.75	Rori Denness	Earl Marriot
2019	38.44	Rori Denness	Earl Marriot



Hammer (Metres)

2000	51.72	Jennifer Padrinao	Holy Cross
2001	47.07	Catrina Chisholm	Seaquam
2002	50.84	Catrina Chisholm	Seaquam
2003	55.09	Catrina Chisholm	Seaquam
2004	50.99	Rochelle Kokayako	Kelowna Christian
2005	53.23	Rochelle Kokayako	Kelowna Christian
2006	52.18	Emma MacCorquadale	Dover Bay
2007	52.45	Emma MacCorquadale	Dover Bay
2008	49.80	Emma MacCorquadale	Dover Bay
2009	48.80	Lauren Stewart	Smithers
2010	49.81	Joanna Franke	Frances Kelsey
2011	51.91	Sam Kennedy	Lord Tweedsmuir
2012	54.80	Asianna Covington	Little Flower Academy
2013	53.83	Asianna Covington	Little Flower Academy
2014	54.02	Natasha Akbarizadeh	Garibaldi
2015	53.83	Chanell Botsis	Dr. Charles Best
2016	59.15	Camryn Rogers	RA McMath
2017	60.49	Camryn Rogers	RA McMath
2018	53.38	Phoebe Price-Robe	Aberdeen Hall
2019	58.07	Mateya Haintz	Maple Ridge

Pole Vault (Metres)

2000	3.10	Jessica Moreland	Lambrick Park
2001	3.30	Jessica Moreland	Lambrick Park
2002	3.00	Kerri Clifford	WJ Mouat
2003	3.20	Carly Hadfield	Oak Bay
2004	3.10	Kerri Clifford	WJ Mouat
2005	3.31	Stacey Irvine	Smithers
2006	3.45	Stacey Irvine	Smithers
2007	3.80	Stacey Irvine	Smithers
2008	3.15	Shawni Hayhurst	Smithers
2009	3.10	Shawni Hayhurst	Smithers
2010	3.20	Hannah Swift	Mount Douglas
2011	3.10	Kira Craig	Oak Bay
2012	3.10	Kathryn Van Ryswyk	Earl Marriott
2013	3.45	Kathryn Van Ryswyk	Earl Marriott
2014	3.10	Alex Smith	South Kamloops
2015	3.15	Nicola Horwood	Oak Bay
2016	2.90	Maya Asselin-Deblic	Nanaimo District
2017	2.95	Bryn Walsh	Kelowna
2018	2.95	Bryn Walsh	Kelowna
2019	3.25	Olivia Van Ryswyk	Earl Marriot



Heptathlon

2000	4712	Natalie Jackson	Burnaby Central
2001	4482	Roslyn Lundeen	Claremont
2002	3895	Jodi Schaufele	Fleetwood Park
2003	4174	Cloe Hewitt	Oak Bay
2004	4238	Katie Gallagher	GP Vanier
2005	4554	Katie Gallagher	GP Vanier
2006	4378	Katie Gallagher	GP Vanier
2007	4418	Alana Pattison	Walnut Grove
2008	4985	Katherine Murphy	Oak Bay
2009	4211	Andrea Vicic	Semiahmoo
2010	4661	Georgia Ellenwood	Langley
2011	4847	Georgia Ellenwood	Langley
2012	4955	Georgia Ellenwood	Langley
2013	5296	Georgia Ellenwood	Langley
2014	4655	Nina Schultz	New Westminster
2015	5045	Nina Schultz	New Westminster
2016	5501	Nina Schultz	New Westminster
2017	4187	Jorden Hall	Earl Marriott
2018	4248	Emily Morley	Maple Ridge
2019	4228	Madelyn Hettinga	Kelowna



B.C. School Sports Track & Field Championships

Senior Girls Meet Records



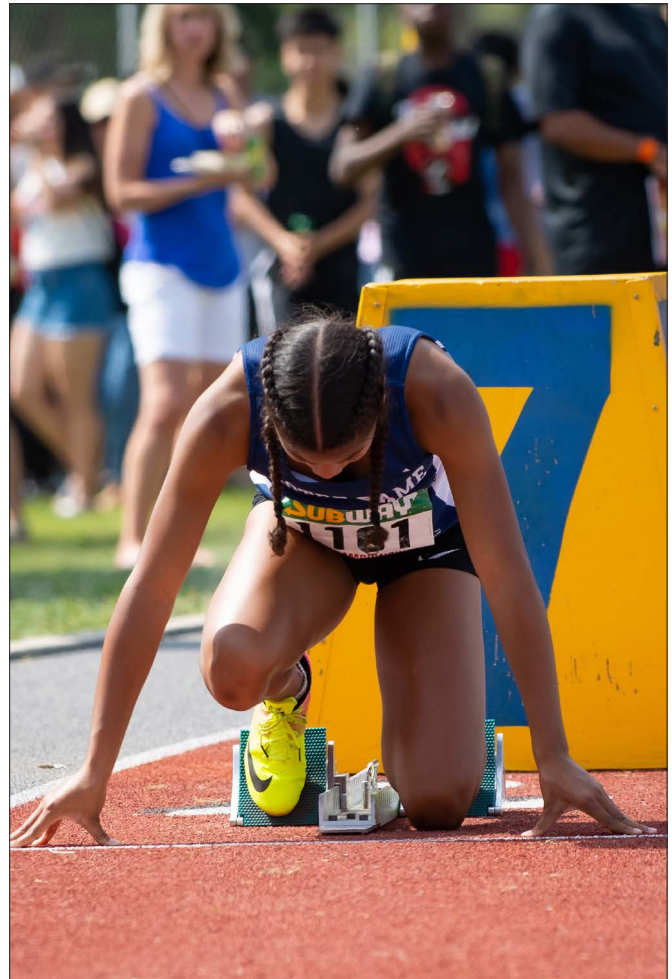
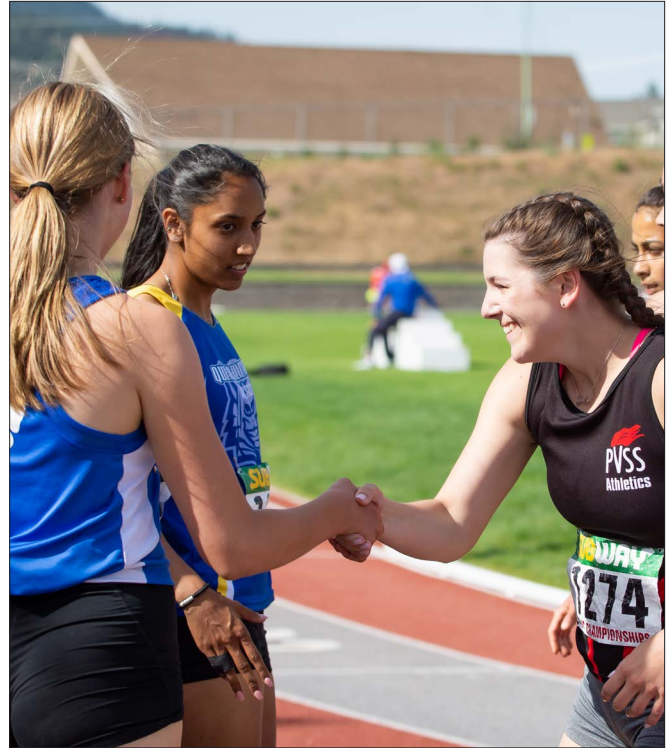
Event	Record Holder	School	Record	Year
100 Metres	Stephanie Berto *	West Vancouver	11.5 (HT)	1970
	Yvonne Mensah	Little Flower Academy	11.64	2003
200 Metres	Patty Loverock *	Eric Hamber	23.9 (HT)	1970/71
	Yvonne Mensah	Little Flower Academy	23.92	2003
400 Metres	Camille Noel *	Magee	53.66	1992
800 Metres	Lori Durward	Handsworth	2:08.61	1990
1500 Metres	Taryn O'Neill	George Elliott	4:23.02	2018
3000 Metres	Taryn O'Neill	George Elliott	9:24.82	2018
1500 M Racewalk	Megan Huzzy	Belmont	6:26.67	2003
100 M Hurdles(2'6)	Yvonne Mensah	Little Flower Academy	13.86	2000
100 M Hurdles(2'9)	Connie Polman Tuin *	Max Cameron	14.1 ⁺	1981
1500 M Steeplechase	Grace Fetherstonehaugh	New Westminster	4:50.94	2018
400 M Hurdles	Stephanie Cho	Winston Churchill	60.09	2014
4x100 M Relay	Casey Heyd	Cowichan	48.27	2015
	Nicole Lindsay			
	Taryn Smiley			
	Chicago Baines			
4x400 M Relay	Gail Thomson	Mount Douglas	3:54.23	1976
	Terry Crocker			
	Wendy Davies			
	Debbie Campbell			
Shot Put (4kg)	Joan Pavelich	University Hill	13.92m	1971
	Dolly Gabri	Sullivan Heights	13.90m	2019
Discus	Asianna Covington	Little Flower	48.20m	2013
Javelin	Elizabeth Gleadle *	Kitsilano	49.46m	2005
Hammer	Camryn Rogers	RA McMath	59.15m	2016
Long Jump	Yvonne Coelho	Little Flower Academy	6.10m	1980
Triple Jump	Natasha Miller	MEI	12.18m	2007
High Jump	Alyx Treasure *	DP Todd	1.82m	2008
Pole Vault	Stacey Irvine	Smithers	3.80m	2007
Heptathlon	Nina Schultz	New Westminster	5501	2016

Revised June 2022

⁺ Different weight

Outstanding Female Performance

Year	Name	School	Event & Performance	
2000	Krysha Bayley	Terry Fox	100m	11.74
			LJ	5.60m
2001	Roslyn Lundeen	Claremont	Javelin	44.60m
			Discus	38.68m
			Hept	4482
2002	Megan Huzzey	Belmont	RW	6:35.61
2003	Yvonne Mensah	Little Flower	100m	11.64
			200m	23.92
			100mH	14.48
2004	Sabrina Nettey	Johnston Heights	TJ	12.01m
			100m	12.07
2005	Corri Fell	Point Grey	400mH	60.27
			400m	56.15
2006	Stacey Irvine	Smithers	PV	3.45m
2007	Stacey Irvine	Smithers	PV	3.80m
2008	Alyx Treasure *	DP Todd	HJ	1.82m
			TJ	11.46m
2009	Lauren Stuart	Smithers	Shot Put	11.21m
			Discus	38.38m
			Hammer	48.80m
2010	Shai-Anne Davis	Hugh McRoberts	100m	11.91
			200m	24.01
2011	Georgia Ellenwood	Langley	Hept	4847
			LJ	5.71m
			100mH	14.68
			HJ	1.70m
2012	Ashley Windsor	Walnut Grove	800m	2:15.96
			1500m	4:35.22
			3000m	10:03.40
2013	Asianna Covington	Little Flower	Discus	48.20m
			Hammer	53.83m
2014	Nina Schultz	New Westminster	Hept	4655
			HJ	1.75m
			TJ	11.66m
2015	Nina Schultz	New Westminster	Hept	5045
			HJ	1.75m
			TJ	11.64m
			LJ	5.69m
2016	Zion Corrales-Nelson	St. Thomas More	100m	11.85
			200m	25.00
			400m	54.90
	Camryn Rogers	R.A. McMath	Hammer	59.15m
			Shot Put	13.33m
2017	Camryn Rogers	R.A. McMath	Hammer	60.49m
			Shot Put	13.65m
2018	Taryn O'Neill	George Elliott	1500m	4:23.02
			3000m	9:24.82



B.C. Senior Combined Events Records

Heptathlon: 5501 Nina Schultz New Westminster 2016

Individual Best Results:

100m Hurdles	14.40	Corri Fell	Point Grey	2005
	14.40	Katherine Murphy	Oak Bay	2006
High Jump	1.71m	Katie Gallagher	GP Vanier	2005
Shot Put	12.69m	Kelly Ann Kempf	DW Poppy	1998
200m	24.7	Cloe Hewitt	Oak Bay	2003
Long Jump	5.49m	Angela Anoliefoh	Burnaby Central	2000
Javelin	43.9m	Krista Woodward	New Westminster	2001
800 Metres	2.16.17	Natalie Jackson	Burnaby Central	1998

Decathlon: 6638 points Nick Wilkes Maple Ridge 1997

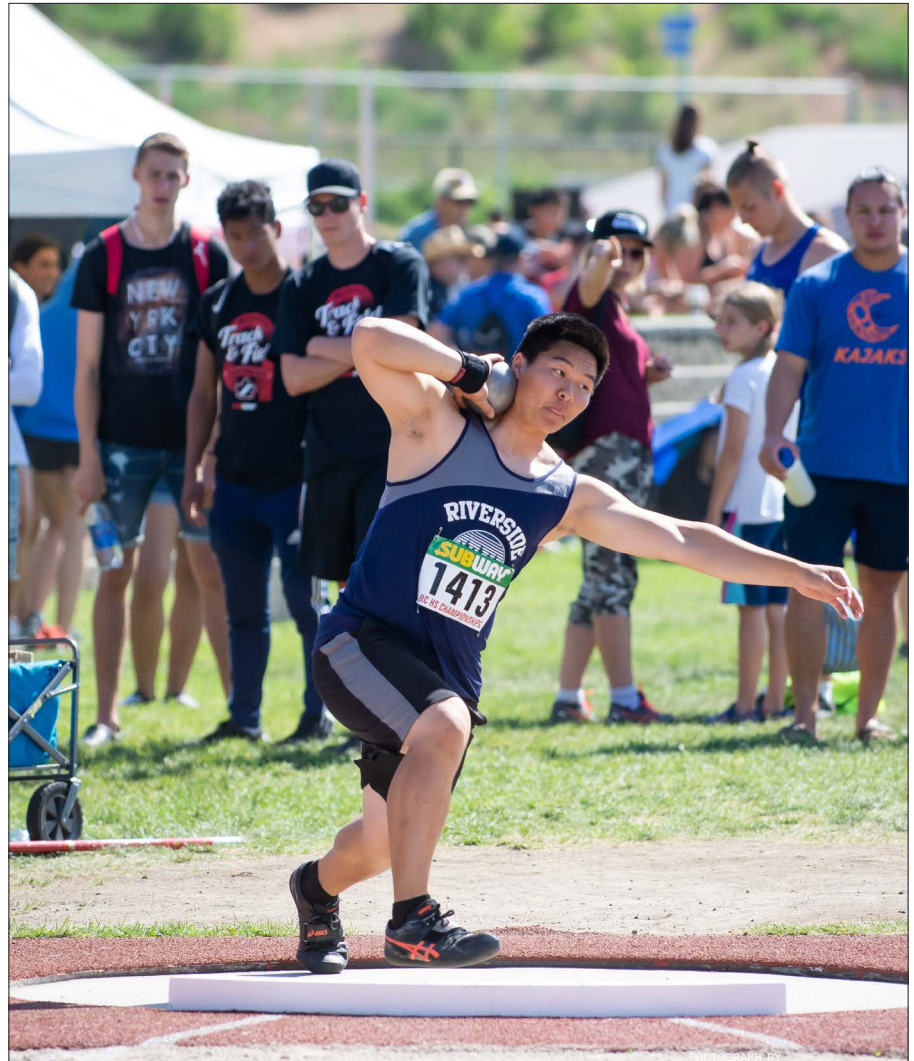
Individual Best Results:

100m	10.93	Shane Neimi	Westsyde	1995
Long Jump	6.90m	Jonas Brix	Lambrick Park	2005
Shot Put	15.50m	Greg Phoenix	Langley	1985
High Jump	2.03m	Mike Sychrava	Centennial	2002
400m	48.55	Shane Neimi	Westsyde	1995
110m Hurdles	14.60	Shea Emry	Vancouver College	2003
Discus	46.30m	Wade Mills	Max Cameron	1986
Pole Vault	4.50m	Matt Clifford	WJ Mouat	2001
Javelin	62.95m	Curtis Moss *	Burnaby Central	2005
1500m	4.21.1	Rob English	Cowichan	1990



Most Inspirational Performance

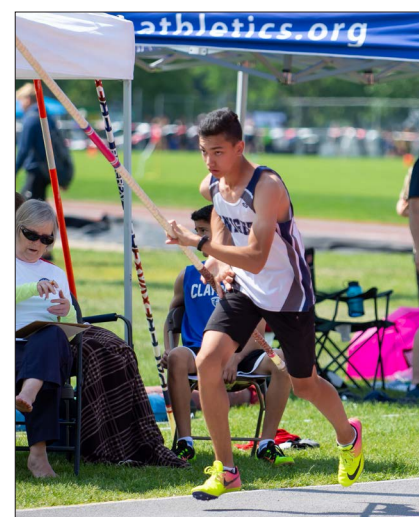
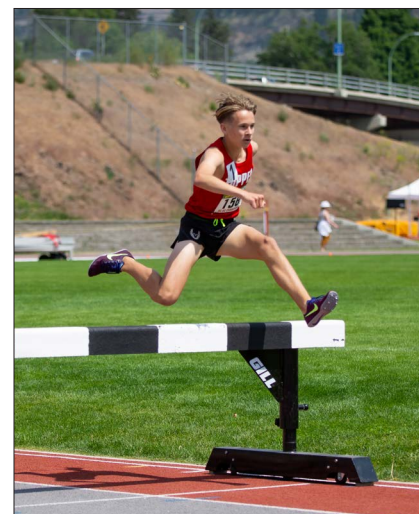
1976	Zvonko Stavkovic	Windermere
1977	Brian Henschel	Burnaby Central
1978	Val Duncan	Hillside
1979	Judy Tobacco	Mount Douglas
1980	Linda Spenst	MEI
1981	Lori Ewing	Handsworth
1982	David Wilkinson	Handsworth
1983	David Wilkinson	Handsworth
1984	Doug Correa	Vancouver College
1985	Ainsley McLean	North Delta
1986	Steven Dong	Sentinel
	Ulriike Fisher	Burnaby Central
1987	NO OFFICIAL MEET	
1988	Laurier Primeau	Queen Elizabeth
1989	Tom Zverina	Queen Elizabeth
1990	Jeff Schiebler *	New Westminster
1991	Signi MacNeil	Seaquam
	Quinn O'Donnell	Queen Elizabeth
1992	Erin Bell	West Vancouver
1993	Sandra Vu	Windermere
1994	James O'Kane	Burnaby Central
1995	Daren Gull	Smithers
1996	Angela Anoliefah	Burnaby Central
1997	David Milne	West Vancouver
1998	Malindi Elmore *	Kelowna
1999	Krysha Bayley	Terry Fox
2000	Angela Anoliefah	Burnaby Central
2001	Stephanie Hirtle	Salmon Arm
2002	Dan Mezheritsky	St. George's
2003	Joel Primus	Rick Hansen
2004	Graham McCallum	Lambrick Park
2005	Melissa Appelt	Holy Cross
2006	Katherine Murphy	Oak Bay
2007	Sabrina Netty *	Johnston Heights
2008	Katherine Murphy	Oak Bay
	Alana Pattison	Walnut Grove
2009	Jared Heldman	Brookwood
2010	Zarria Storm	Oak Bay
2011	Neal Keffri	Fleetwood
2012	Ben Daly-Grafstein	St. George's
2013	Georgia Ellenwood	Langley
2014	Jerome Blake	Rutland
2015	Hannah Bennison	Vernon
2016	Nina Schultz	New Westminster
2017	Anastas Eliopolous	Vancouver College
2018	Grace Fethersonhaugh	New Westminster



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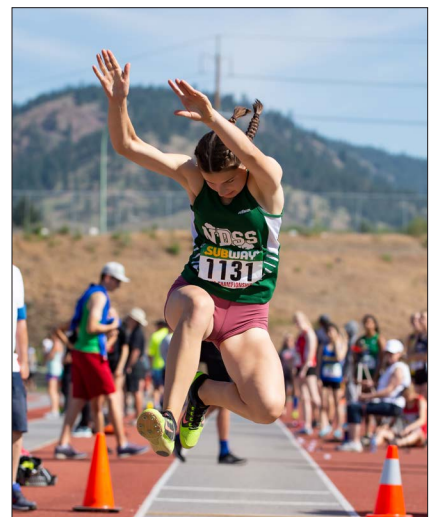
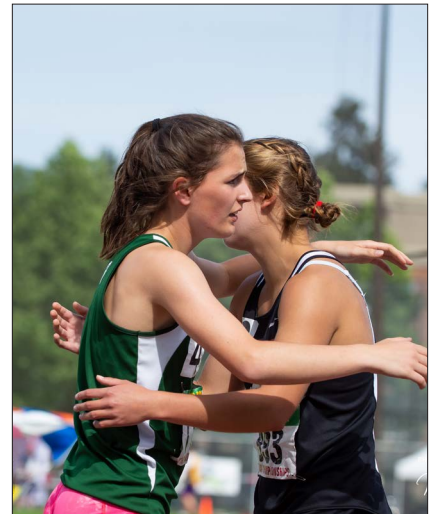
Junior Boys Track and Field

Event	Year	Name	School	Performance/Wind	
100m	2018	Chase Haagensen	Reynolds	11.36	(-2.0)
	2019	Yoosuf Bacha	David Thompson	11.08	(+2.0)
200m	2018	Chase Haagensen	Reynolds	22.56	(+0.5)
	2019	Thomas Iverson	Eric Hamber	22.61	(-0.6)
400m	2018	Nico Aron	Maple Ridge	49.52	
	2019	Thomas Iverson	Eric Hamber	50.90	
800m	2018	Nico Aron	Maple Ridge	1:56.31	
	2019	Matti Erickson	LV Rogers	1:57.00	
1500m	2018	Matti Erickson	LV Rogers	4:01.36	
	2019	Matti Erickson	LV Rogers	3:57.31	
3000m	2018	Michael Miller	Semiahmoo	9:11.43	
	2019	Johnathan Hofer	South Delta	9:02.55	
1500m SC	2018	Michael Miller	Semiahmoo	4:34.96	
	2019	Ryan Goudron	Burnaby Central	4:32.51	
100m Hurdles	2018	Harrison Trustham	Mission Secondary	14.32	(-1.2)
	2019	Thomas Ma	St. George's	13.79	(-1.1)
300m Hurdles	2018	Praise Aniamaka	Pacific Academy	39.97	
	2019	Thomas Ma	St. George's	39.26	
1500m RW	2018	Tyler Wilson	Lord Tweedsmuir	7:11.22	
	2019	Isaac Naumenko	Sir Charles Tupper	7:15.89	
Long Jump	2018	Jason Soriano	Vancouver College	6.49m	(+1.2)
	2019	Michell Gibbs	Pacific Academy	6.51m	(0.0)
Triple Jump	2018	Praise Aniamaka	Pacific Academy	13.50m	(+0.3)
	2019	Praise Aniamaka	Pacific Academy	14.19m	(0.0)
High Jump	2018	Aidan Grout	Maple Ridge	1.94m	
	2019	Nolan McEachern	Thomas Haney	1.90m	
Pole Vault	2018	Josh Carsience	Mei Secondary	3.40m	
	2019	Cayden Arnold	Semiahmoo	3.60m	
Discus	2018	Hayden Tuba	Vancouver College	45.67m	
	2019	Matthew Uliana	St. George's School	43.52m	
Shot Put	2018	Hayden Tuba	Vancouver College	13.77m	
	2019	Michael Ogbeiwi	Lord Tweedsmuir	15.31m	
Hammer	2018	Ethan Katzberg	John Barsby	51.89m	
	2019	Nolan McEachern	Thomas Haney	58.75m	
Javelin	2018	Elliot Payne	Maple Ridge	59.11m	
	2019	Cole Bibby	Revelstoke	48.82m	
4 x 100m Relay	2018	Walnut Grove		44.62	
	2019	Kelowna		43.94	
4x 400m Relay	2018	Walnut Grove		3:30.68	
	2019	Burnaby Central		3:32.29	



Junior Girls Track and Field

Event	Year	Name	School	Performance/Wind
100m	2018	Taya Batiste	Burnaby South	12.58 (+0.8)
	2019	Emma Cannan	Kelowna	12.28 (+1.5)
200m	2018	Angelina Shandro	St. Michaels University	25.20 (+0.4)
	2019	Emma Cannan	Kelowna	25.10 (-1.1)
400m	2018	Angelina Shandro	St. Michaels University	57.3
	2019	Emma Cannan	Kelowna	57.43
800m	2018	Mia Zurkovic	West Vancouver	2:17.46
	2019	Madelyn Bonikowsky	South Delta	2:18.87
1500m	2018	Kendra Lewis	Vancouver Technical	4:31.26
	2019	Madelyn Bonikowsky	South Delta	4:48.96
3000m	2018	Kendra Lewis	Vancouver Technical	9:47.43
	2019	Christina Peet-Williams	Chilliwack	10:34.50
1500m SC	2018	Kate Stewart-Barnett	St. Thomas More	5:02.86
	2019	Kate Stewart-Barnett	St. Thomas More	4:53.69
80m Hurdles	2018	Laysha Tunti	Pacific Academy	12.04 (-2.6)
	2019	Laysha Tunti	Pacific Academy	11.60 NWI
300m Hurdles	2018	Samantha Baron	Brooks	46.43
	2019	Adria Sellers	York House	45.82
1500m RW	2018	Cassidy Cardle	Walnut Grove	7:17.33
	2019	Olivia Lundman	Dover Bay	7:05.63
Long Jump	2018	Sheleena Wiley	Langley Fundamental	5.43m (-0.3)
	2019	Kaylie Borntraeger	Southpointe	5.30m (+0.7)
Triple Jump	2018	Kenzie Farish	St. Michaels	10.81m (+3.1)
	2019	Kennedy Primrose	Pacific Academy	11.38m (+0.8)
High Jump	2018	Lexi Kampan	Abbotsford Christian	1.60m
	2019	Emma Deboer	Holy Cross	1.72m
Pole Vault	2018	Olivia Van Ryswyk	Earl Marriot	3.31m
	2019	Ella Foster	New Westminster	3.32m
Shot Put	2018	Michelle Dadson	St. Thomas Moore	13.13m
	2019	Isabelle Forsyth	Semiahmoo	12.76m
Javelin	2018	Eniko Sara	Lord Tweedsmuir	43.90m
	2019	Logan Unruh	Smithers	36.48m
Discus	2018	Isabelle Forsyth	Semiahmoo	35.12m
	2019	Isabelle Forsyth	Semiahmoo	37.49m
Hammer	2018	Alyssa Blair	St. Andrews	50.27m
	2019	Bella Hall	Alberni District	45.16m
4 x 100m Relay	2018	Langley Fundamental		50.54
	2019	Pacific Academy		51.16
4 x 400m Relay	2018	St. Michaels		4:02.23
	2019	R.A. McMath		4:01.01



B.C. School Sports Track & Field Championships

Junior Meet Records

Junior Boys

Event	Record Holder	School	Record	Wind	Year
100m	Anastas Eliopoulos	Vancouver College	11.12	(-1.3)	2015
200m	Felix Richter	Kwalikum Secondary	22.46	(-2.2)	2014
400m	Dean Ellenwood	Langley Secondary	48.76		2014
800m	Dean Ellenwood	Langley Secondary	1:54.50		2014
1500m	Matti Erickson	LV Rogers	4:01.36		2018
3000m	Brendan Hoff	Carihi Secondary	8:54.89		2014
1500m SC	Zach Wyatt	R.E. Mountain	4:22.93		2016
100m Hurdles	Thomas Ma	St. George's School	13.79	(+1.1)	2019
300m Hurdles	Thomas Ma	St. George's School	39.26		2019
4 x 100m Relay		Kelowna Secondary	43.94		2019
4x 400m Relay		Walnut Grove	3:30.68		2018
1500m RW	Daniel Soliven	Killarney	6:41.87		2017
Long Jump	Ryan Pederson	Lord Tweedsmuir	6.62m	(+2.0)	2017
Triple Jump	Praise Aniamaka	Pacific Academy	14.19m		2019
High Jump	Aiden Grout	Maple Ridge	1.94m		2018
Pole Vault	Ethan Foster	D.W. Poppy	3.70m		2016
Discus	Vikramjit Gondara	W.J. Mouat	46.82m		2015
Shot Put	Michael Ogbeiw	Lord Tweedsmuir	15.31m		2019
Hammer	Kian Zabihi	Sa-Hali Secondary	58.75m		2019
Javelin	Elliott Payne	Maple Ridge	59.11m		2018
Pentathlon	Ian Vandergugten	Crendo Christian	3148		2017

Junior Girls

Event	Record Holder	School	Record	Wind	Year
100m	Emma Cannan	Kelowna Secondary	12.28	(+1.5)	2019
200m	Emma Cannan	Kelowna Secondary	25.10	(+1.1)	2019
400m	Angelina Shandro	St. Michael's University	56.22		2017
800m	Madison Heisterman	Queen Margaret's School	2:11.97		2015
1500m	Kendra Lewis	Vancouver Technical	4:31.26		2018
3000m	Kendra Lewis	Vancouver Technical	9:47.43		2018
1500m SC	Kate Stewart Barnett	St. Thomas More	4:53.69		2019
1500m RW	Kyra Danielson	Killarney	7:11.95		2015
80m H	Laysha Tunti	Pacific Academy	11.60	(+0.6)	2019
300m H	Hannah Johnson	Vancouver Technical	44.47		2014
Shot Put	Dolly Gabri	Sullivan Heights	15.19m		2015
Discus	Dolly Gabri	Sullivan Heights	43.01m		2015
Javelin	Sara Eniko	Lord Tweedsmuir	43.90m		2018
Hammer	Lindsey Frederiksen	Mount Douglas	62.79m		2015
Long Jump	Emma Rastad	Collingwood	5.44m		2014
	Julie Kawai Herdman	Magee	5.44m	(-0.9)	2016
Triple Jump	Gabrielle Hack	Semiahmoo	11.37m	(+0.0)	2016
High Jump	Alexa Porpaczy	Semiahmoo	1.73m		2016
Pole Vault	Ella Foster	New Westminster	3.32m		2019
4 x 100m Relay		Little Flower	49.91		2016
4 x 400m Relay		R.A. McMath	4:01.01		2019
Pentathlon	Holly Harrison	Walnut Grove	3020		2017

Boys Ambulatory Track and Field

Event	Year	Name	School	Performance/Wind
100m	2016	David Johnson	Stellys	12.16 (+2.2)
200m	2017	Harrison Stuyt-Withnall	Lord Tweedsmuir	34.02 (NWI)
Shot Put	2017	Harrison Stuyt-Withnall	Lord Tweedsmuir	6.33m

Boys Special Olympics Track and Field

Event	Year	Name	School	Performance/Wind
100m	2019	Joshua Tilsner	Quesnel JR	12.64 (-0.4)
200m	2017	Sash Barbour	Dover Bay	29.49 (NWI)
400m	2019	Joshua Tilsner	Quesnel JR	59.02
Shot Put	2019	Chima Obi Nzeadibe	Princess Margaret	7.42m

Girls Ambulatory Track and Field

Event	Year	Name	School	Performance/Wind
100m	2015	Abigail Calver	Walnut Grove	16.58 (NWI)

Girls Special Olympics Track and Field

Event	Year	Name	School	Performance/Wind
100m	2019	Isabelle Gagne	École Klo	21.04 (-0.3)
400m	2019	Isabelle Gagne	École Klo	1:53.39



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