

2024-2025

BC Dairy Association Scholarship Recipients

BC's dairy farmers are proud to nourish and support our province's athletes. We are delighted to sponsor this scholarship in support of young athletes taking the next step in their education. The BC Dairy Scholarship rewards student-athletes who exemplify school spirit, practice a healthy lifestyle, and actively engage with their community.

BC School Sports, in partnership with BC Dairy, wishes to congratulate the scholarship recipients. We wish them the best of luck in their post-secondary endeavours. Thank you for your contributions to high school sports!

Sports: Volleyball, Soccer, Badminton

Athletic Accolades: Five-year team captain, Athletic Leadership Award recipient

Academic Accolades: High academic achiever in the International Baccalaureate Program

Kara Lau



Carson Graham

Kara describes herself as someone who doesn't sit back and wait for change – she has always been keen to take action to be an active part of making a positive difference in her community. As a multi-sport athlete and five-year team captain, Kara has led by example, coaching, managing, and organizing athletic initiatives at Carson Graham. She launched and runs the school's athletics Instagram account, transforming school spirit and uniting students across all teams. Kara balances this commitment with academic excellence in the IB program, consistently earning top marks. Her leadership, drive, and dedication to uplifting others make her an exceptional scholarship recipient

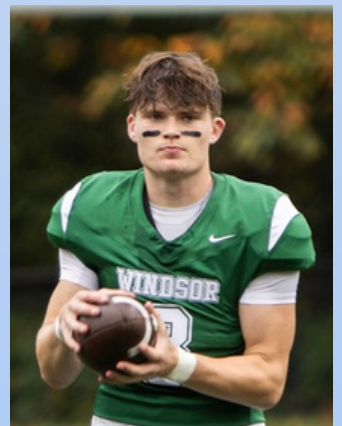
Sports: Football, Basketball, Track and Field, Rugby, Ultimate

Athletic Accolades: 2x BC High School Football Offensive Player of the Year, Football Provincial Champion and Finals MVP, Basketball AAA Provincial Champion, Multiple-time Athlete of the Year, Team Captain in Football and Basketball

Academic Accolades: University of Waterloo Entrance Scholarship

Emmet is a dynamic student-athlete who has led Windsor Secondary to new heights in athletics and school spirit. A multi-sport athlete and team captain, he helped lead his team to multiple provincial championship titles, while earning top individual honours for his performance in football and basketball. Off the field, Emmet organized school-wide pep rallies, coached younger athletes, and mentored a neurodivergent student in his community. His academic strength earned him an entrance scholarship to the University of Waterloo. Emmet's combination of leadership, athletic excellence, and commitment to service makes him an exceptional recipient of this scholarship.

Emmet Ward



Windsor Secondary