



Zone Scholarship Recipients

2024-2025



BC School Sports is excited to announce the recipients of our Zone Scholarships. Chosen candidates exhibited academic excellence and outstanding service to their school or community, along with their athletic prowess. Next year, recipients will be attending accredited post-secondary institutions. Congratulations to these student-athletes! We wish them luck with their postsecondary journeys. Thank you for your contributions to school sports.

Eastern Valley

Nicole Folka



GW Graham

Sports: Basketball, Soccer, Field Hockey, Track and Field

Athletic Accolades: 2x Athlete of the Year, Basketball Zone All Star, Basketball MVP, Basketball and Soccer Most Inspirational Player, Track and Field Provincial Bronze Medal, Team Captain

Academic Accolades: GW Graham Grizzly Award, Principal's Reception, "A" Honour Recognition, Citizenship Recognition

Nicole is a highly motivated student-athlete. Her tenacious attitude allows her to adapt to new challenges and consistently achieve excellence. She is the heartbeat of her school, involved as a coach, minor official, member of Link Crew, and manager at numerous charity fundraisers. Nicole positively impacts everyone she meets, and she makes her school and community a better place.

Sports: Track and Field, Cross Country, Golf, Basketball, Mountain Biking

Athletic Accolades: Cross Country Provincial Champion, Cross Country MVP, Track and Field MVP

Academic Accolades: Honour Roll, Science Award

Miles is always the first to show up for others. He actively fosters inclusion within his teams, and prides himself on lifting people up. His encouragement and discipline inspire his peers. Miles is involved at school as a youth coach, teaching assistant, and member of the Grad Council. He has also gone on mission trips and volunteers at a soup kitchen. His kind heart, strong moral compass, and commitment to excellence make Miles a valued presence in all his endeavours.

Miles Graham



Unity Christian



Fraser North



Olivia Casumpang



St. Thomas More

Sports: Soccer, Basketball, Cross Country

Athletic Accolades: 2x STMC Female Athlete of the Year, Tessa Beauchamp BC Catholics Scholarship, Soccer Captain

Academic Accolades: 4.0 GPA

Olivia is a true servant-leader who consistently exceeds the high standards set for her. She is the glue that holds all her teams together, and someone her peers look to for guidance and support. In sport, Olivia has overcome adversity, grappled with failures, and continues to rise above the circumstances. She has learned to appreciate every moment. Olivia is a pillar at her school, involved in student council, yearbook, and a leader of the Jumpstart program. She also coaches in her local community. Olivia's kindness, work ethic, and spirit bring people together, and she is a role model for all who know her.

Sports: Basketball, Ultimate, Badminton, Golf

Athletic Accolades: Basketball Zone All Star, MRCS Male Athlete of the Year, Basketball MIP, Badminton MVP, Ultimate MVP, Basketball Grit Award, 2x Ultimate Team Captain

Micaiah's grit and determination set him apart from his peers. When he wasn't getting playing time on his basketball team, he persevered. He showed up to practice and gave 100% effort. Micaiah worked his way into the lineup, becoming a key player who stepped up in big moments. On the court and in the community Micaiah does the "little things" that add up to a big impact. He coaches three middle school teams, is a math tutor, volunteers at The Salvation Army, and participates in school mission trips. Micaiah's success story is one that inspires others to do everything with heart, and rise into leadership roles when it's needed most.

Micaiah Unger



Maple Ridge
Christian





Kootenay

Sophie Carter



Fernie Secondary

Sports: Volleyball, Badminton, Golf, Mountain Biking

Athletic Accolades: MIP Senior Girls Volleyball, Volleyball Zone Champion, 3x Volleyball Team Captain

Academic Accolades: Academic Average of 90+%

Sophie is a dedicated, courageous, and inspiring student-athlete who is described as “foundational to the school community”. In her senior year, Sophie dealt with a difficult coach who shook her confidence and stole the joy from her sport. Despite this heartbreak, Sophie never lost her passion. She continued to empower her teammates, and worked tirelessly to find ways to bring positivity to the court each day. Sophie overcame adversity, leading her team to a Zone Championship. In her spare time, she volunteers at an elementary school helping kids with reading and math, coaches volleyball, referees, and score keeps.

Sports: Basketball, Volleyball, Ultimate

Athletic Accolades: 2x Basketball MVP, Volleyball MVP, 4x Basketball POG, 2x Volleyball POG, Basketball Team Captain

Academic Accolades: Honour Roll

Benson is a natural-born leader with an endless drive to succeed. He sets an example for his teammates, making sacrifices and seeking out feedback in order to improve. He sees everything as an opportunity for personal growth. His patience, maturity, and passion have impressed coaches and school staff. Benson takes initiative, volunteering at an elementary school, helping at charity dinners and craft fairs, as well as coaching youth in his community. His generous spirit is rare. Benson finds a way to thrive in any situation, and he is a privilege to collaborate with.

Benson Moss



Grand Forks





North Central



Kira James



Fort St. James

Sports: Volleyball, Soccer, Basketball

Athletic Accolades: Volleyball MVP, Basketball Defensive MVP, Soccer Zone's Top Midfield, Volleyball Game-changer Award, Volleyball Top Blocker, Basketball Best 6th Player Award, Team Captain

Academic Accolades: Pre-Calc Outstanding Achievement, Biology Outstanding Achievement, 4.0 GPA

Kira leads with integrity. She prides herself on fostering respect and humility in sport, to make it a positive experience for all. Not only has Kira led her teams to provincial championships, but she is also heavily involved at school and in the community. She is part of the Nak'azdli Youth Council, a volunteer at Stuart Lake Hospital, and a scorekeeper for younger athletes. It's in Kira's nature to give back, and she builds community because of it. She is admired by both students and staff for her commitment, positive attitude, and service.

Sports: Football, Basketball, Track and Field

Athletic Accolades: 2x Football Zone All Star, Zone's Top Offensive Lineman, 2x Basketball Zone All Star, Discus and Shot Put Zone Champion, Provincial Football All Star Game, Basketball and Football Team Captain

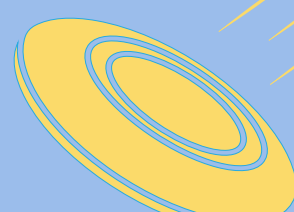
Academic Accolades: 2x Principal's Honour Roll, Top English Student, "Golden V" Academic Award Qualifier

Thomas is a vocal leader who consistently steps up in big moments, leading his team to victory. He is an engaged student athlete who goes the extra mile in sport and in the classroom. He is always the first to volunteer to help others. Thomas's selfless nature and humility have been recognized through numerous leadership and sportsmanship awards. Thomas is also the Student Council President and his District's Student Voice Rep, where he organizes events and advocates for the student body. His determination and maturity are commendable, and he has built an incredible legacy at his school.

Thomas Cross



Nechako Valley





Northwest



Sports: Basketball, Volleyball, Track and Field, Soccer

Athletic Accolades: 2x Top Female Athlete, Volleyball Zone MVP, Basketball Zone All Star, Volleyball Zone All Star, 2x Volleyball Team Captain, Track and Field Team Captain

Academic Accolades: Honour Roll

Kendra is a resilient student-athlete who consistently adapts to new challenges. When she got to high school, she discovered that she was neurodivergent, and struggled to balance her elite level academics with her athletic excellence. Determined to not give up a part of herself, Kendra continued to do both, all while discovering her learning style and gaining new perspective into how her mind works. Her perseverance has allowed her to thrive in both areas. Kendra also volunteers at a soup kitchen, vaccine clinic, and as a mentor for younger students. She is committed to sportsmanship, teamwork, and service to others.

Kendra Hughes



Charles Hays

Sports: Basketball, Volleyball, Golf

Athletic Accolades: Volleyball Zone All Star, 2x Basketball Captain, Golf Captain, Volleyball Captain

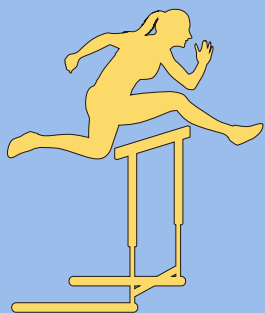
Ryan has worked hard to develop his leadership mentality during his years playing school sports. He is a competitive athlete who always plays tough, but he has learned how to best support his teammates and give everyone a chance to shine. Ryan's tireless mentoring and encouragement led his inexperienced team to a silver medal at the Provincial Volleyball Championships. Ryan is intentional with his words and actions, and he is dedicated to lifting his teammates up. He is involved at school, coaching younger athletes, scorekeeping, refereeing, and organizing an intramural ping pong league. Ryan is an excellent role model and a special student-athlete.

Ryan Bandstra



Bulkley Valley
Christian





South Fraser



Samantha Ma



Lord Tweedsmuir

Sports: Basketball, Volleyball, Ultimate, Track and Field, Cross Country

Athletic Accolades: 3x Female Athlete of the Year, Outstanding Female Athlete of the Year, 3x Basketball MVP, Ultimate Female MVP, Basketball Zone All Star, Basketball Team Captain

Academic Accolades: Honour Roll, Outstanding Achievement in Social Studies, 4.0 GPA

As a student-athlete, Samantha always takes the high road. She is a compassionate leader who brings creativity, organization, and reliability to all her endeavours. She excels in athletics and has spent hours volunteering at school food drives, charity raffles, and pizza fundraisers. She also leads the school's South Asian Students and Allies Club, and organized a girls basketball tournament. She is a talented student who has deeply impacted all the staff, coaches, and students she's worked with at Lord Tweedsmuir Secondary.

Sports: Volleyball, Basketball, Ultimate

Athletic Accolades: Volleyball Zone Champion and MVP, Provincial Volleyball Champion, Provincial Volleyball Bronze, Volleyball Captain

Isaac is an incredibly talented athlete who suffered a debilitating injury that had him questioning his future in athletics. Isaac showed courage, sharing his struggles with his coaches and teammates. He wasn't afraid to ask for help, and his vulnerability was inspiring. Isaac's perseverance and mental toughness took his team to the next level. He was able to overcome adversity and come through the experience stronger. He has also volunteered hundreds of hours at his school through coaching, running social media, scorekeeping, and more. Isaac's story is one of defying the odds and making a difference.

Isaac Navarro



Surrey Christian





Thompson-Okanagan



Sports: Basketball, Cross Country, Track and Field, Volleyball, Ultimate

Athletic Accolades: 3x Basketball Provincial Medalist, 2x Basketball Zone All Star, 3x Track Provincial Medalist, 2x Cross Country Zone Champion, Female Athlete of the Year, Basketball Team Captain

Academic Accolades: Honour Roll with Distinction, Outstanding Achievement in Chemistry, Exemplary Aptitude in Mathematics

Feron navigated immense grief during her senior basketball provincial run. She competed hard under heartbreaking circumstances and achieved a 2nd Team All Star Award, a testament to her perseverance and athletic prowess. Her strength of character is inspiring. Feron is always looking to give back to her school and community. She founded the Sending Sunshine Club, coaches youth basketball, participates in the Mind Health Matters Club, and is a peer mentor. She is highly respected for her positivity, resilience and leadership.

Feron Wallace



South Kamloops

Sports: Football, Basketball, Track and Field, Golf

Athletic Accolades: 2x Male Athlete of the Year, Football Offensive Player of the Year, Provincial Football MVP, BC High School Male Athlete of the Year, 4x Football Team Captain, 2x Basketball Team Captain

Academic Accolades: Honour Roll

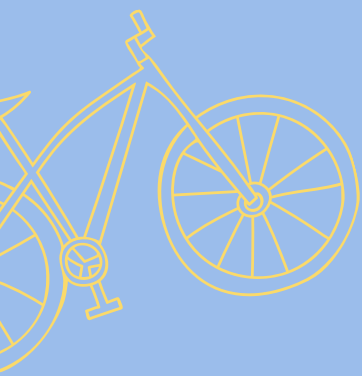
Cole is an incredibly driven student-athlete. When injured before the start of his football season, Cole decided he couldn't let his team down. He continued to compete despite the pain. Cole turned a bad situation into something powerful, and was recognized as the Provincial MVP. He used the setback as fuel and learned that mindset makes all the difference. Cole makes all the players around him better, and goes out of his way to make others feel valued. He coaches minor league football and is involved in the Panther Pipeline Project to help the environment. He consistently makes his school and community proud.

Cole Budgen



Vernon
Secondary





Vancouver Island



Avery Geddes



St. Michaels

Sports: Basketball, Field Hockey, Soccer, Cross Country

Athletic Accolades: Basketball Provincial Champion and MVP, Soccer Provincial Champion, Field Hockey Provincial Champion, Basketball Zone Defensive MVP, SMUS Female Athlete of the Year, Team Captain

Academic Accolades: Honour Roll, Lifer Award, Distinction in 5 Subjects, Outstanding Contribution Award in 3 Subjects

Avery's unselfishness, reliability, and encouragement make her the anchor for her teams. After losing in the provincial final for the second straight year, Avery found a way to keep her basketball team motivated. They grappled with doubts, but Avery kept their spirits high. She was the floor general who led them to a Provincial Championship the following year. Her inner strength and perseverance are commendable. Avery also demonstrates her integrity as a member of her school Prefect Council, Athletics Council, and as an Admissions Ambassador.

Sports: Basketball, Soccer, Volleyball

Athletic Accolades: 2x Spectrum Athlete of the Year, 2x Basketball Provincial Champion and 1st Team All Star, 3x Basketball Zone Champion and All Star, Volleyball, Basketball, and Soccer Team Captain

Academic Accolades: UVIC Entrance Scholarship

Justin is described as the "heart and soul" of his teams. He has grown into leadership over the years, learning to communicate and encourage his teammates in impactful ways. His maturity, humility, and diligent work ethic, paired with his athletic excellence, have made him an incredible role model for younger students. Justin generously gives up his time through coaching, scorekeeping, and volunteering at local marathons. Justin inspires greatness in his teammates, and his legacy at Spectrum Community School is unparalleled.

Justin Hinrichsen



Spectrum
Community





Vancouver Sea to Sky



Sofia Varma-Vitug



York House

Sports: Track and Field, Cross Country, Skiing

Athletic Accolades: Athlete of the Year, Most Inspirational Performance Award, Track and Field Most Valuable Teammate, 3x Track and Field Provincial Champion, 4x Track and Field School Record Holder

Academic Accolades: First Class Academic Honour Roll with Distinction, Canadian Biology Olympiad Silver Medal, Duke of Edinburgh Silver Award

Sofia brings positive energy to every space she enters. Her kind spirit works to foster community in sport, with teammates as well as opponents. Sofia is the first to celebrate others' successes, and the first to comfort them during hard times. She has led her school's track and field program to new heights, inspiring others with her excellence. Sofia is also involved as a volunteer First Responder, Student Ambassador, Peer Tutor, youth coach, and she fundraised for visually impaired mothers. Her academic achievements, dominant athletic performances, and servant-leadership have cemented her legacy.

Sports: Track and Field, Basketball, Football

Athletic Accolades: 2x Track and Field Provincial Champion, Track and Field Zone Champion, Track and Field Team Provincial Champion, Basketball Provincial Champion, Team Captain

Academic Accolades: Presidents Honour Society, Blessed Edmund Rice Award Recipient

Luc has a team-first attitude that sets him apart from his peers. He has achieved incredible individual success, winning Provincial Championships in multiple track and field events. But, his main focus is always to elevate his whole team. Luc has battled injuries and shown incredible grit in order to push his team to the next level. At school, he is vice president of the No Kids Hungry Club, a member of Grad Committee, and a Finnegan Forum Representative. He also volunteers at the Greater Vancouver Food Bank. His generosity and strength of character are admirable.

Luc Primeau



Vancouver
College

