

2019 VANCOUVER SEA TO SKY REGIONAL SWIM MEET
INFORMATION FOR COACHES

Zone Rep: Chris Read Email: cread@wpga.ca
West Point Grey Academy 604 222-8750

Meet Manager: Barry Parrish

1. **DATE:** **Tuesday, October 29, 2019**
2. **TIME:** Warm-up 7:00 am- 8:00 am Events 8:00 am-5:30 pm approx.
3. **PLACE:** **Watermania** 14300 Entertainment Blvd, Richmond, BC V6W 1K3
Phone:(604) 448-5353

4. **CLASSIFICATION OF COMPETITORS AND RULES**

As outlined in the BC School Sports Handbook & Directory (Aquatics) and the aquatic's website: <http://www.bcschoolsports.ca/championship/aquatics>

5. **MEET RULES:**

- 5.1 Swim meet rules governing the meet will be SNC and SWIM BC rules.
- 5.2 No "NT (No time)" entries will be allowed for seeding purposes. All swimmers must be entered with entry time, or the entries will not be accepted. The meet secretary will not contact coaches who enter swimmers with no times.
- 5.3 The meet will run card less. Coaches are responsible for getting swimmers to the blocks. Swimmers who miss their event will not be allowed to re-swim the event.
- 5.4 The no false start rule will be in effect.
- 5.5 Swimmer's age must be included on the entry grids.
- 5.6 Once the meet is seeded, scratches will be taken, but the meet will not be reseeded.
- 5.7 Scratches must be submitted by email to: bchssswim@gmail.com and will be accepted until **OCTOBER 28, 2019 at 4:00pm (see below)**

6. **TEACHER SPONSOR**

Each team must be accompanied at all times by a teacher sponsor. This requirement may be fulfilled by the principal of a school sending a letter with another team, designating a teacher from within the same school district as sponsor/chaperone. No teacher/no letter=no swimming.

7. REGISTRATION

It is the responsibility of coaches to ensure that their school is registered with BC School Sports and that each athlete is eligible for competition.

8. ENTRY FEES: Individual events \$4.00 Relay events \$5.00

9. SCRATCHES/DECK ENTRIES:

On the morning of the competition, scratches and relay changes must be submitted on paper indicating the school, athlete, event number, and relay position where applicable. **Provincial scratches must be made by Monday, November 4, 2019 by 4:00pm (for all zones).** Deck entries and changes during the meet are not permitted.

10. Entry Instructions:

-Entries must be completed using Hytek team manager. **Hytek Team Manager: TM Lite** can be downloaded here: The Download Center is found at <https://hytek.active.com/downloads.html>

-Please download the software and familiarize yourself with the entries early to alleviate stress at the last minute before the deadline.

-Entry Deadline: Monday, October 21, 2019 at 4:00pm (to Rob) Late entries will not be accepted

-A psych sheet and fee report will be circulated via e-mail on **Wednesday, October 23**

-Corrections need to come in an email - Emails to bchsswim@gmail.com prior to Friday, October 25 at 4:00pm (to Rob)

-Heat Sheets: Will be distributed **Sunday, October 27. Teams need to print and bring their own.**

Special Notes:

- Entries may be modified up to the entry deadline
- **Any questions, comments or issues should be reported to: bchsswim@gmail.com**
- We will post the psych sheet shortly following the entry deadline.
- Must be received by **MONDAY October 21, 2019 – Late entries will not be accepted**
- Cash or Bring a cheque made out to **West Point Grey Academy** to the meet.
- You will be emailed your amount owing a few days before the meet including the facility improvement fee per swimmer
- Please include a completed "Coach/Sponsor Contact Sheet" with your entries by Monday, October 21, 2019. All schools are responsible for having three volunteer timers working throughout the day. You may arrange shifts for your own volunteers. A google doc will be shared with the assignments prior to the meet.

- Schools that do not provide volunteers will be fined \$100

11. BC CHAMPIONSHIPS

The top 6 entries in each event (individual and relay) will qualify for the High School Provincial Championship meet, to be held on Nov 16/17, 2019, in Richmond at Watermania. Results from the zone meet will be sent directly to Rob Traynor at bchsswim@gmail.com.

12. Scratches

Swimmers in then Top 5 who will NOT be attending the Provincial Championships should be submitted to Rob Traynor directly by **Monday, November 4, 2019 by 4:00pm**. Further information is available at: <http://www.bcschoolsports.ca/championship/aquatics>

13. AWARDS AND SCORING

Individual points	10	8	6	5	4	3	2	1
Relay points	20	16	12	10	8	6	4	2

ZONE SWIM EVENT LIST

**Please note the event order at the ZONE meet reflects the order at the provincial championship*

1	Girls 200 Medley B Relay	24	Girls 100 Freestyle SWAD
2	Boys 200 Medley B Relay	25	Girls 100 Freestyle B
3	Girls 200 Medley A Relay	26	Boys 100 Freestyle B
4	Boys 200 Medley A Relay	27	Girls 100 Freestyle A
		28	Boys 100 Freestyle A
5	Girls 50 Freestyle SWAD		
6	Girls 50 Freestyle B	29	Mixed 200 Medley B Relay
7	Boys 50 Freestyle B	30	Mixed 200 Medley A Relay
8	Girls 50 Freestyle A		
9	Boys 50 Freestyle A	31	Girls 50 Butterfly SWAD
		32	Girls 50 Butterfly B
10	Girls 50 Backstroke SWAD	33	Boys 50 Butterfly B
11	Girls 50 Backstroke B	34	Girls 100 Butterfly A
12	Boys 50 Backstroke B	35	Boys 100 Butterfly A
13	Girls 100 Backstroke A		
14	Boys 100 Backstroke A	36	Mixed 200 Freestyle B Relay
		37	Mixed 200 Freestyle A Relay
15	Girls 400 Freestyle B Relay		
16	Boys 400 Freestyle B Relay	38	Girls 100 IM SWAD
17	Girls 400 Freestyle A Relay	39	Girls 100 IM B
18	Boys 400 Freestyle A Relay	40	Boys 100 IM B
		41	Girls 200 IM A
19	Girls 50 Breaststroke SWAD	42	Boys 200 IM A
20	Girls 50 Breaststroke B		
21	Boys 50 Breaststroke B	43	Girls 200 Freestyle B Relay
22	Girls 100 Breaststroke A	44	Boys 200 Freestyle B Relay
23	Boys 100 Breaststroke A	45	Girls 200 Freestyle A Relay
		46	Boys 200 Freestyle A Relay

COACH/ SPONSOR CONTACT INFORMATION

PLEASE SEND THIS COMPLETED FORM TO cread@wpga.ca
ATTENTION: Chris Read, Head of Volunteers/Officials

SCHOOL: _____

SCHOOL PHONE #: _____

SCHOOL FAX #: _____

COACH/SPONSOR: _____

EMAIL: _____

MEET VOLUNTEER Official and TIMER INFORMATION (Parents or Students)

****Every school must have a minimum of 2 timers and one Official working at any one time during the meet.****

NAME	SHIFT TIME
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____