

# 2019 Okanagan Regional High School Swim Meet

**Valley Commissioner:** Geoff Waterman, Penticton Secondary School

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**Meet Manager:** Jacki Kliever, Penticton Secondary School

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**Meet Registrar:** Terry Kowal, Penticton Secondary School

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1. **DATE:** Monday, October 28th, 2019

Warm-up 10:00 a.m. Events 11:00 a.m. – approximately 4:00 p.m.

2. **VENUE:** Penticton Community Centre Pool, 325 Power St., Penticton, BC

### 3. CLASSIFICATION OF COMPETITORS AND RULES

As outlined in the BC School Sports Handbook & Directory (Aquatics) and the Aquatic's website (<http://www.bcschoolsports.ca>).

### 4. MEET RULES:

4.1 Swim meet rules governing the meet will be SwimBC rules.

4.2 All swimmers should be entered with entry times. The meet secretary will not contact coaches who enter swimmers with no times.

4.3 The meet will run cardless. Coaches are responsible for getting swimmers to the blocks. Swimmers who miss their event will not be allowed to re-swim the event.

4.4 The no false start rule will be in effect.

4.5 Once the meet is seeded, scratches will be taken, but the meet will not be reseeded.

4.6 Mixed Relays may only include two females and two males (from same school)

4.7 **Each swimmer is allowed six swims** (which includes relays.) No more than four individual events and no more than four relay events per swimmer. Provincial qualifiers are only allowed four swims at the provincial championships (including being listed as an alternate on relays). **Maximum four swimmers per school in any one event** with the exception of **unlimited numbers in the 50 free.**

4.8 **Swimmers must be grade 8 or higher.** (Grade 7's may swim as exhibition ; these athletes need to be clearly marked in the entries with their grade marked) Athletes must swim for their own school even if it is a team of one.

4.9 **Entries** must be submitted by email to the meet manager ([jkliever@summer.com](mailto:jkliever@summer.com)) by 6:00 pm on Sunday, October 20, 2019. We will email the psych sheet and team invoices to coaches/sponsors shortly after the entry deadline. Bring a cheque made out to **Penticton Secondary School** to the meet. **Swimmers will not be allowed to enter the water until met fees have been paid at the Meet Manager station.**

## 5. BC CHAMPIONSHIPS

The top 3 entries in each event qualify for the provincial championship. The championship meet will be held November 15-16, 2019 at Watermania in Richmond. Provincial meet information is available at

<http://www.bcschoolsports.ca/events/aquatics-provincials>

ENSURE THAT STUDENTS ARE AWARE OF THE PROVINCIAL MEET. AT THE ZONE CHAMPIONSHIPS STUDENTS MUST BE PREPARED TO DECLARE WHETHER OR NOT THEY WILL BE TRAVELLING TO RICHMOND FOR THE PROVINCIAL CHAMPIONSHIPS.

Provincial Championship meet fees will be reimbursed by the zone, provided that schools forward their paid BCSS invoice to the Valley Commissioner no later than December 15, 2019. Invoices received after that date will not be reimbursed.

## 6. BC SCHOOL SPORTS REGISTRATION –

**October 2, 2019 11:45 PM Team (Fall) Declaration deadline with BCSS**

**October 16, 2019 11:45 PM Roster Registration deadline (Fall) for BCSS Aquatics**

It is the responsibility of coaches to ensure that their school is registered with BC School Sports and that each swimmer is registered on their school swim team.

### **BC SCHOOL SPORTS COMPETITIVE DESIGNATIONS -- SWIMMING:**

**A Category (or Open Category):** Any swimmer meeting the qualifications of BC School Sports. No SNC number is required to swim in the A category. \*New!\* If a swimmer has competed in a winter meet between September 1<sup>st</sup> to April 30<sup>th</sup> with an SNC number then he or she is classified as an A Category swimmer. Swim academy athletes must participate in the A category only.

**B Category:** As of January 1st of the championship year, a 'B Category' swimmer trains and competes from May 1st to Sept. 1st with no restrictions. From Sept. 2nd to April 30th a B swimmer may train with their high school team and may participate in *other* speed swimming training (eg. Winter maintenance, Triclub, private coaching.) Total training time (in addition to unrestricted high school practice) as described MAY NOT exceed two hours per week or the swimmer is an A swimmer. Waterpolo and synchro training times are not restricted. 'A' category swimmers registered in a 'B' event will be disqualified from the Meet. This includes relay teams. 'B' swimmers may swim in the 'B' or 'A' category for individual events. For relays, 'B' swimmers may swim in 'B' or 'A' category relays but may not swim in the same relay in both the 'A' and 'B' event.

**Para Category:** Any swimmer classified as a swimmer with a disability under SNC classifications. PARA athletes MUST be officially classified to compete in this category

## 7. TEACHER SPONSOR AND VOLUNTEERS

Each team must be accompanied by a teacher sponsor. This requirement may be

fulfilled by the principal of a school sending a letter with another team, designating a teacher from within the same school district as sponsor/chaperone. No teacher/no letter=no swimming. **A representative from each school (ie. Coach or teacher) must attend a meeting immediately following the meet to determine who will be advancing to the provincial championships.**

All schools are responsible for having two volunteers working throughout the day. We will be looking for volunteers as both Timers and Stroke and Turn Officials. Please note that Timers will be trained at the pool on the day of the meet, Stroke and Turn officials must be previously trained and qualified.

You may arrange shifts for your own volunteers.

**8. ENTRY FEES:** Individual events \$5.00 Relay events \$10.00

**9. SCRATCHES/DECK ENTRIES:** Before the meet begins, coaches must inform the clerk of the course of any scratched swimmers. Deck entries and changes are not permitted. There is no refund for scratches after the entry deadline has passed.

**10. ENTRIES:** Swim meet entries will be done with HYTEK software, either Team Manager Lite (free, downloadable from HYTEK) or Team Manager. A Hytek load file will be emailed to coaches/sponsors. Entries must include Grade and entry time, and must be submitted by email to the Meet Manager no later than 6:00 pm on Sunday, October 20, 2019.

**Please include the following details in the body of your email when sending your Hytek entries:**

SCHOOL NAME(S),

SCHOOL PHONE #:

COACH/SPONSOR NAME:

COACH'S EMAIL:

TWO VOLUNTEER NAMES, EMAIL ADDRESSES AND DESIRED POSITION:

## **11. AWARDS AND SCORING**

Ribbons to 6th place.

Individual points: 10 8 6 5 4 3 2 1

Relay points: 20 16 12 10 8 6 4 2.

**12. MEET VOLUNTEER TIMER INFORMATION (Parents or Students)** \*\*Every school must have a minimum of 2 volunteers working at any one time during the meet. These volunteers must be either timing or officiating in Stroke and Turn.

\*Please note that Stroke and Turn officials must be fully trained in this capacity. Timers may be trained at the meet.

**13. EVENTS** The events will be ordered according to the event numbers below. All Events will be swum as timed finals.

**BC SCHOOL SPORTS PROVINCIAL SWIMMING CHAMPIONSHIP****ORDER OF EVENTS**

<b>Event #</b>	<b>Event</b>	<b>Category</b>	<b>Event #</b>	<b>Event</b>	<b>Category</b>
<b>1</b>	200 Medley Relay	Girls B	<b>24</b>	100 Freestyle	PARA
<b>2</b>	200 Medley Relay	Boys B	<b>25</b>	100 Freestyle	Girls B
<b>3</b>	200 Medley Relay	Girls A	<b>26</b>	100 Freestyle	Boys B
<b>4</b>	200 Medley Relay	Boys A	<b>27</b>	100 Freestyle	Girls A
			<b>28</b>	100 Freestyle	Boys A
<b>5</b>	50 Freestyle	PARA			
<b>6</b>	50 Freestyle	Girls B	<b>29</b>	200 Mixed Medley Relay	B
<b>7</b>	50 Freestyle	Boys B	<b>30</b>	200 Mixed Medley Relay	A
<b>8</b>	50 Freestyle	Girls A			
<b>9</b>	50 Freestyle	Boys A	<b>31</b>	50 Butterfly	PARA
			<b>32</b>	50 Butterfly	Girls B
<b>10</b>	50 Backstroke	PARA	<b>33</b>	50 Butterfly	Boys B
<b>11</b>	50 Backstroke	Girls B	<b>34</b>	100 Butterfly	Girls A
<b>12</b>	50 Backstroke	Boys B	<b>35</b>	100 Butterfly	Boys A
<b>13</b>	100 Backstroke	Girls A			
<b>14</b>	100 Backstroke	Boys A	<b>36</b>	200 Mixed Free Relay	B
			<b>37</b>	200 Mixed Free Relay	A
<b>15</b>	400 Free Relay	Girls B			
<b>16</b>	400 Free Relay	Boys B	<b>38</b>	100 I.M.	PARA
<b>17</b>	400 Free Relay	Girls A	<b>39</b>	100 I.M.	Girls B
<b>18</b>	400 Free Relay	Boys A	<b>40</b>	100 I.M.	Boys B
			<b>41</b>	200 I.M.	Girls A
<b>19</b>	50 Breaststroke	PARA	<b>42</b>	200 I.M.	Boys A
<b>20</b>	50 Breaststroke	Girls B			
<b>21</b>	50 Breaststroke	Boys B	<b>43</b>	200 Free Relay	Girls B
<b>22</b>	100 Breaststroke	Girls A	<b>44</b>	200 Free Relay	Boys B
<b>23</b>	100 Breaststroke	Boys A	<b>45</b>	200 Free Relay	Girls A
			<b>46</b>	200 Free Relay	Boys A