

MEMORANDUM

TO: BCSS ATHLETIC DIRECTORS

FROM: HARP SOHI, ASSISTANT DIRECTOR SPORT & EVENTS

SUBJECT: BCSS RUGBY DECLARATION

DATE: MARCH 31, 2023

CC: RUGBY SAC

The Spring season will again offer the opportunity in both Rugby 15's (XV) and/or Rugby 7's. (Note: 7's remains a demonstration activity for this season, with the intention of full status next year, pending Legislative Assembly approval).

Schools participating in Rugby will need to declare their teams for 7's or 15's competition by the team registration deadline on **April 5, 2023**. A student-athlete may **not** be registered on both teams. In most cases, this means a school will have either a 7's or 15's team. Schools with big enough programs may have both a 15's and 7's team, provided athletes are not used on both the XV and 7's rosters.

In an effort to provide exposure, properly registered Rugby 15's (XV) teams are permitted to play in one Rugby 7's tournament prior to April 24, 2023.

Should a school register and attempt to field a XV's team, and ultimately be unable to safely do so do to attrition or injury, and wish to switch to a Rugby 7's team they may contact the BCSS office no later than April 24, 2023 to make that change, where the athletes can be moved to a 7's roster. No changes will be permitted after April 24, 2023.

Other Reminders:

- o It is important to limit the number of contest days for student-athletes to 26 or fewer to prioritize their safety.
- Coaches should keep a close eye on the number of competitions days per week (for 7's and /or 15's) to ensure player safety.
- When competing, all teams and athletes must wear school uniforms that adhere to the rules and guidelines of the sport of rugby, including specifications for numbers, crests, and other details. Failure to comply may result in penalties.
- The use of corporate logos on uniforms is limited to two logos per uniform, and each logo must be no larger than the size of a credit card.

For additional information please contact:

BC School Sports

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