

# SOUTH FRASER

REGIONAL HIGH SCHOOL SWIM MEET  
2019



Fraser River South Region Zone Rep.  
Stephanie Christie

# SOUTH FRASER REGIONAL HIGH SCHOOL SWIM MEET 2019

Meet Manager: Stephanie Christie  
Meet Referee Barry Parrish  
Electronics Rob Traynor  
Director of Communication Heike Beer  
Website [South Fraser High School Swimming](http://SouthFraserHighSchoolSwimming.com)

1. **DATE:** Friday October 25, 2019

2. **TIME:** Warm-up 7:00 am Events 8:00 am-4 pm approx.

3. **PLACE:** Watermania

14300 Entertainment Blvd, Richmond, BC V6W 1K3  
604) 448-5353

4. **Entry Deadline:** Wednesday, October 16, 2019

5. **CLASSIFICATION OF COMPETITORS AND RULES**

As outlined in the BC School Sports Handbook & Directory (Aquatics)  
and the aquatic's website:

[BCSS Handbook](#)

6. **MEET RULES:**

- Swim meet rules governing the meet will be SNC and SWIM BC rules.
- "NT (No time)" entries will not be allowed for seeding purposes. All swimmers must be entered with entry times, or the entries will not be accepted. The meet secretary will not contact coaches who enter swimmers with no times.
- This is a cardless meet. Coaches are responsible for getting swimmers to the blocks. Swimmers who miss their event will not be allowed to re-swim the event.
- The no false start rule will be in effect.
- **Swimmer's age must be included on the entry grids.**
- All competitor must meet BC School sports eligibility rules. Competitors must be entered in events representing the secondary school at which they are registered. All teams must submit their team roster prior to competition.
- Swimmers may compete in up to and including 4 events. (Note: being listed as an alternate is considered as an event).
- Swimmers may not swim the same event in different categories – including relay events.

- Once the meet is seeded, scratches will be taken, but the meet will not be reseeded.
- Relay swimmers must swim in the order entered.
- A maximum of two relay teams per event per school may advance to the BC High School Aquatic Championships.
- A swimmer may not 'scratch' an individual event at the Zone championship in order to add a relay event. All individual events entered at the zone championship meet, as of the entry deadline will count as one of the swimmers four (4) swims, whether the swimmer swims the individual event or not.
- All races are swum as timed finals.
- A mixed relay must consist of two females and two males.
- Entries must be submitted by email no later than October 16th.

## 7. TEACHER SPONSOR

Each team must always be accompanied by a teacher sponsor.

Please note: This requirement may be fulfilled by the principal of a school sending a letter with another team, designating a teacher from within the same school district as sponsor/chaperone. No teacher/no letter = no swimming.

## 8. REGISTRATION

It is the responsibility of coaches to ensure that their school is registered with BC School Sports and that each athlete is eligible for competition. Teams must remit a copy of their team roster, no later than October 16, 2019 to: stchristie@sd38.bc.ca

### Eligibility and Classification

#### Open Category swimmer

- Swimmers registered with SNC / Swim BC are required to compete in this category. All swimmers registered with a winter club are considered 'Open' category swimmers. Any swimmer who has competed in a national competition is considered 'open.'
- Open or "A" category swimmer who competes in a "B" event (including relays) will be disqualified.

#### Category 'B' swimmer:

- All remaining swimmers are category 'B'.

#### Swimmers with a disability (SWAD)

- SWAD swimmers must be classified under SNC guidelines. SWAD classification and document must be provided. Athletes need to compete at their zone meet to qualify for the same event at the provincial championships in which they previously competed to a maximum of 4 events. There is no separate category for SWAD relays.

9. **ENTRY FEES:** Individual events \$3.00 Relay events \$10.00

10. **SCRATCHES/DECK ENTRIES:**

Before the meet begins, coaches must inform the clerk of the course of any scratched swimmers.

Please Note: Deck entries and changes are not permitted.

11. **ENTRY INSTRUCTIONS:**

1. Entries will be completed using Hytek team manager. Hytek Team Manager can be downloaded here: [Hytek Downloads](#)
2. Please download the software and familiarize yourself with the entries early to alleviate stress at the last minute before the deadline. For more information, check out the website: [South Fraser High School Swimming](#) for more information
3. Completed entries should be e-mailed to [bchsswim@gmail.com](mailto:bchsswim@gmail.com) prior to the **Entry Deadline: Wednesday October 16, 2019 at 4:00 p.m.**
4. A psych sheet and fee report will be circulated via e-mail prior to the meet
5. **Corrections need to be sent via email to [bchsswim@gmail.com](mailto:bchsswim@gmail.com) prior to Tuesday October 22, 2019**

Note: Any changes after the corrections deadline need to be submitted on paper the morning of the meet, in the format of: ADD... SCRATCH... RELAY NAME, with accompanying event, swimmer name and team name.

Provincial scratches must be made by **November 4, 2019 4:00 p.m.** to [bchsswim@gmail.com](mailto:bchsswim@gmail.com)

**Notes:**

- We will post the psych sheet shortly following the entry deadline.
- Entries must be received by **Wednesday October 16, 2019.**
- Payment: Cash or a cheque made out to South Fraser Athletic Association (memo: Aquatics).
- You will be emailed your amount (fee report) owing a few days before the meet.
- Please include a completed "Coach/Sponsor Contact Sheet" with your entries. All schools are responsible for having three volunteer timers working throughout the day.

## 12. BC CHAMPIONSHIPS

The top 6 entries in each event (individual and relay) will qualify for the High School Provincial Championship meet, to be held on Nov 16 and 17, 2019 at Watermania Pool, Richmond.

Results from the zone meet will be sent directly to [bchsswim@gmail.com](mailto:bchsswim@gmail.com).

Note: Swimmers should inform their coaches by the conclusion of the Regional meet if they are unavailable for the Provincial Championship Meet.

Further information is available at

<https://www.bcschoolsports.ca/commissions/aquatics>

## 13. AWARDS AND SCORING

Ribbons to 6<sup>th</sup> place.

Individual points	10	8	6	5	4	3	2	1
Relay points	20	16	12	10	8	6	4	2

## EVENTS

1	Girls 200 Medley B Relay	23	Boys 100 Breaststroke Open
2	Boys 200 Medley B Relay	24	Girls 100 Freestyle SWAD
3	Girls 200 Medley Open Relay	25	Girls 100 Freestyle B
4	Boys 200 Medley Open Relay	26	Boys 100 Freestyle B
		27	Girls 100 Freestyle Open
5	Girls 50 Freestyle SWAD	28	Boys 100 Freestyle Open
6	Girls 50 Freestyle B	29	Mixed 200 Medley B Relay
7	Boys 50 Freestyle B	30	Mixed 200 Medley Open Relay
8	Girls 50 Freestyle Open		
9	Boys 50 Freestyle Open	31	Girls 50 Butterfly SWAD
		32	Girls 50 Butterfly B
10	Girls 50 Backstroke SWAD	33	Boys 50 Butterfly B
11	Girls 50 Backstroke B	34	Girls 100 Butterfly Open
12	Boys 50 Backstroke B	35	Boys 100 Butterfly Open
13	Girls 100 Backstroke Open	36	Mixed 200 Freestyle B Relay
14	Boys 100 Backstroke Open	37	Mixed 200 Freestyle Open Relay
15	Girls 400 Freestyle B Relay	38	Girls 100 IM SWAD
		39	Girls 100 IM B
16	Boys 400 Freestyle B Relay	40	Boys 100 IM B
17	Girls 400 Freestyle Open Relay	41	Girls 200 IM Open
18	Boys 400 Freestyle Open Relay	42	Boys 200 IM Open
19	Girls 50 Breaststroke SWAD	43	Girls 200 Freestyle B Relay
20	Girls 50 Breaststroke B	44	Boys 200 Freestyle B Relay
21	Boys 50 Breaststroke B	45	Girls 200 Freestyle Open Relay
22	Girls 100 Breaststroke Open	46	Boys 200 Freestyle Open R

### 13. AWARDS AND SCORING

#### Team Banners

- Junior Male Aggregate
- Junior Female Aggregate
- Senior Male Aggregate
- Senior Female Aggregate

Junior = grades 8-10 and under 17 years

Senior = grades 11-12 and under 19 years (only two years of eligibility at senior level)

## Facility Use

#### **Coaches, Sponsor Teachers and Administrators:**

It is the responsibility of the Teachers, Administrators and adult coaches to ensure their team is engaging in 'sportsman-like' behaviour. Any issues or concerns should be reported to the Meet Manager or Meet Ref as soon as possible.

It is the responsibility of the facility users to keep the area tidy. Please ensure your swimmers clean up after themselves.

Do NOT block doorways or exits.

The area under the bleachers is to be kept clear.

## Volunteers

Volunteers are essential to effectively host a swim meet. Volunteers are required for a variety of positions during the meet:

- Timers and recorders – Athletic leaderships students often volunteer for this position
- Stroke and Turn officials
- Food Service
- Ribbons
- Security, Safety Marshalls
- Set-up / Take down

Please register volunteers by completing the following page and forwarding it to: [stchristie@sd38.bc.ca](mailto:stchristie@sd38.bc.ca). There will be a short meeting for volunteers prior to the start of the meet. School who choose not to provide the requisite numbers of volunteers may, at the discretion of the Meet Manager, be prohibited from competing.

# PLEASE SEND THIS FORM TO:

stchristie@sd38.bc.ca

SCHOOL: \_\_\_\_\_

SCHOOL PHONE #: \_\_\_\_\_

COACH/SPONSOR: \_\_\_\_\_

EMAIL: \_\_\_\_\_

## MEET VOLUNTEER Official and TIMER INFORMATION (Parents or Students)

\*\*We are asking each school sending swimmers to the South Fraser Regional Championship Meet to register at least one volunteer for every nine (9) swimmers registered.

NAME	SHIFT TIME (am / pm)
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____

Stroke and Turn Official:	email (contact info)
_____	_____
_____	_____