

2019 Kootenay Zone

High School Regional Swim Meet

Thursday October 24th 2019

Location:

Fernie Aquatic Centre
250 Pine Avenue, Fernie, BC
Phone: 250-531-0371

Pool:

6 Lane, 25 metre pool
Racing will be in lanes 1-4
Seating is available but limited

Meet Managers: Emma Dressler/Mary-Jane Soetaert

Email: info@elkvalleydolphinswimclub.com

Meet sponsor: The Fernie Academy

Meet is coordinated and hosted by the Elk Valley Dolphins Swim Club

Warm up: 9:00 am

Coaches meeting: 9:30 am

Meet start: 10 am

Expected end time: 2 pm

Teacher Sponsor:

Each team must be accompanied at all times by a teacher/school district sponsor. This requirement may be fulfilled by the principal of a school sending a letter with another team, designating a teacher from within the same school district as sponsor/chaperone. No teacher/no letter = NO SWIMMING.

ENTRIES

1. All athletes must be correctly registered with BCSS and STARS in order to compete in BCSS Aquatics events
2. Athletes may only compete in four (4) events. Being recorded as an alternate on a relay counts as one event.
 - a. Swimmers may compete on up to four (4) relays, as long as they are not entered in both the A and B category for like-events. For example: athletes are not permitted to compete on both the A-category 200 Free Relay AND the B-category 200 Free Relay.
 - b. Swimmers are permitted to enter both A- and B-category events of the same type (ex: 50 Free A and 50 Free B)
3. A-category swimmers are not permitted to swim in B-category events.
4. B-category swimmers are allowed to compete in A-category events for both individual

and relays.

a. Note: athletes are not permitted to swim on both A- and B-category relays for like-events.

5. Entries must be completed using Hy-Tek.

a. Schools can use the free Hy-Tek Lite program:

<https://hytek.active.com/downloads.html>

b. Schools can pay a \$25 fee if they are unable to complete their entries using Hy-Tek. The Aquatics Commission will have a designated person complete the entries.

c. Schools must notify their Zone Rep by October 14th if they need a designated person to complete their entries.

d. Entries are due on October 17th.

6. Swimmers entered in the wrong category (A/B), will be disqualified from all their races.

Swimmers are permitted to swim "exhibition" (not for points), however, they and any relay team they are entered on, will not progress to Provincials.

a. Errors in classification found prior to the Zone Qualifiers scratch deadline, can be reclassified, and will not be disqualified from their races.

7. Minimum Grade 8 to swim in the meet

Meet entry fees:

\$40 / swimmer (payable to the EVDSC). Payment must be paid prior to the start of the meet.

CLASSIFICATION OF CATEGORIES *(As per the 2018 Aquatics AGM)*

A Category

1. Any swimmer with an SNC number who has competed in a Winter Swim Meet OR has swum with a year-round club as of September 1 of the previous year is classified as an A category swimmer.

a. Year round is defined as swimming more than four months outside of the High School Swim Season

2. Swim academy athletes must participate in the A category only

3. B swimmers can compete in any A Category due to no SNC sanction. No SNC number is required to swim in the A Category

4. International swimmers that have participated with a year-round club are considered A Swimmers

B Category

1. As of January 1 st of the championship year, a B Category swimmer trains and competes from May 1 st to Sept. 1st with no restrictions

2. From Sept. 2 nd to April 30 t h a B swimmer may train with their high school team and may participate in other speed swimming training such as winter maintenance, Triclub, private coaching. They may not compete in a Winter Swim Meet with an SNC number.

3. Any swimmer in the 'A' category who is registered in a 'B' event will be disqualified from the Meet. This includes relay teams.

4. B swimmers may swim in B or A category relays but may not swim in the same relay in both the A and B event. (Ex: "A" 200 Free Relay OR "B" 200 Free, but not both).

Para Category

1. A Para swimmer can compete in any BCSS event. A Para athlete must follow the

classification as per Swimming Canada. He or she will be placed in order of finish by gender.

Relays

1. All relay events must have four (4) different athletes from the same school.
2. Mixed Relays must consist of two (2) male athletes and two (2) female athletes.
 - a. Mixed Relays from two single-gender schools are prohibited.
4. **Names of swimmers on your relay teams, including alternates MUST be submitted** no later than 30 minutes before the start of the meet, but preferably with your entries.
The order on the relay card is the order that the swimmers MUST use in the race.
Failure to swim in the same order will result in a Disqualification.
7. No more than 2 teams for each school will be allowed to compete at Provincials in each relay event.
8. Mixed relay events must include 2 boys and 2 girls.
9. A minimum qualifying time must be achieved for events 15 to 18 (400 Free relays). Both Open and B categories must achieve 6:30 minutes or better

SWIMMER REGISTRATION

You will need to have the following for Registration in order for your swimmers to participate at the Zone Meet:

- 1) Fee Report and Entries- this will reflect the Entries submitted by the deadline- there will be no refunds for scratches!
- 2) Payment - Cash or Cheques. Please make all cheques payable to EVDSC (Elk Valley Dolphins Swim Club).
- 3) Coach/Sponsor Contact Information Form

SWIMMING RULES

1. We follow Swimming Canada rules with the following exceptions:
 - a. Swimsuit Attire : Competitors must wear only one swimsuit. For boys, the suit shall not extend above the navel or below the knee. For girls, the suit shall not cover the neck, nor extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials and have no zippers.
 - b. Taping : No body taping allowed. Small cuts/bandages are not considered taping.
 - c. Unsanctioned Meet : All BCSS Aquatic events are unsanctioned. Athletes are not able to use times recorded at Aquatic events for Swimming Canada purposes.
 - d. Gender Identity : A swimmer shall be allowed to swim in all gendered events they identify with.
 - i. Pursuant to the BC School Sports policy as per the 2019 AGM:
 1. 37.1.0 A student-athlete who does not identify as either binary gender or identifies as, “non-gendered”, or “gender neutral”, may participate with the sex in which they feel most comfortable.
 - 37.2.0
A student-athlete who identifies as “gender fluid”, may participate with the sex they identify with at the time of the season of play if the student-athlete’s application under 37.3.0 is granted. The student-athlete may not switch genders within the season of play.
If they wish to identify as the opposite gender in a different season of play, a letter from the school administration must be submitted to the BCSS office.

2. 37.3.0 A student-athlete seeking eligibility pursuant to 37.0.0 must make an application to the Executive Director of BC School Sports. 37.3.1 Each application under 37.0.0 must include the following:
37.3.1.1 A written statement from the student-athlete documenting a student-athlete's gender identification; 37.3.1.2 A written statement from the principal confirming the student-athlete's gender identity

Volunteers:

We need volunteers to run the meet. We hope that each school team will provide some volunteers on the day of the meet. Please email

Volunteer names to info@elkvalleydolphinswimclub.com

Volunteers will be provided with light refreshments. We encourage you to bring your own water bottle.

BC CHAMPIONSHIPS:

The top 3 in each individual event will qualify for the High School Provincial Championship meet, to be held in Richmond at Watermania (Richmond, BC) on November 15th and 16th.

Top 3 relays per relay event also advance with the **EXCEPTION** that only two relays may advance to Provincials from the same school. Results from the zone meet will be sent directly to bchsswim@gmail.com. Scratches (ie: swimmers in the Top 3 who will NOT be attending the Provincial Championships) should be submitted to bchsswim@gmail.com directly. Further information is available at <http://www.bcschoolsports.ca/pages/sports/aquatics.php>

Swimmer's Concession:

There will be a small concession onsite. Drinks and pizza will be available to purchase.

Hotels:

Park Place Lodge: 250-423-6871

Stanford Inn: 250-423-5000

Super 8 Motel: 250-423-6788

Events

1	Girls 200 Medley B Relay	24	100 Freestyle PARA
2	Boys 200 Medley B Relay	25	Girls 100 Freestyle B
3	Girls 200 Medley A Relay	26	Boys 100 Freestyle B
4	Boys 200 Medley A Relay	27	Girls 100 Freestyle A
		28	Boys 100 Freestyle A
5	50 Freestyle PARA		
6	Girls 50 Freestyle B	29	Mixed 200 Medley B Relay
7	Boys 50 Freestyle B	30	Mixed 200 Medley Open
8	Girls 50 Freestyle A		
9	Boys 50 Freestyle A	31	50 Butterfly PARA
		32	Girls 50 Butterfly B
10	50 Backstroke PARA	33	Boys 50 Butterfly B
11	Girls 50 Backstroke B	34	Girls 100 Butterfly A
12	Boys 50 Backstroke B	35	Boys 100 Butterfly A
13	Girls 100 Backstroke A		
14	Boys 100 Backstroke A	36	Mixed 200 Freestyle B
		37	Mixed 200 Freestyle Open
15	Girls 400 Freestyle B Relay		
16	Boys 400 Freestyle B Relay	38	100 IM PARA
17	Girls 400 Freestyle A Relay	39	Girls 100 IM B
18	Boys 400 Freestyle A Relay	40	Boys 100 IM B
		41	Girls 200 IM A
19	50 Breaststroke PARA	42	Boys 200 IM A
20	Girls 50 Breaststroke B		
21	Boys 50 Breaststroke B	43	Girls 200 Freestyle B Relay
22	Girls 100 Breaststroke A	44	Boys 200 Freestyle B Relay
23	Boys 100 Breaststroke A	45	Girls 200 Freestyle A Relay
		46	Boys 200 Freestyle A Relay