

Mike Allina

School: Point Grey Secondary School

Athletic Director: Mike Allina

Currently Coaching: Sr. Boys Soccer, Sr. Girls Soccer and Bantam Girls Basketball

Also Coached: Soccer, Volleyball, Basketball

Length of Years coaching: 20 years

Subject taught: Grade 8-10 Physical Education and 11/12 Physical Education Leadership

Coaching credentials:

NCCP Level 1 and Level 2

Soccer NCCP Level 1, 2 and 3

Why did you decide to coach:

“I started coaching at age 15 when my younger brother’s team needed a soccer coach. It was a real experience and I believe that since then I wanted to become a high school teacher and a coach. I do it to give back to the community and I find it is a great way to connect and engage students through sport.”

What is the most rewarding thing about your job:

“It is rewarding to create teams and see the athletes develop and succeed by fulfilling their goals. I have had a wonderful time coaching at the secondary school level and have had the pleasure of coaching some outstanding athletes.”

What accomplishments are you most proud of:

“I was very proud of the girls when we won the B.C. Championship four years ago. We were such a long shot that I still have to look at the banner to actually believe we did it. Everything went right and the girls made it happen.

We have been very successful specially in senior soccer both at the girls (one B.C. Championships and one second place and nine appearances in 12 years at PG, two zone championships and three runner ups, and six city championships in a row) and boys four appearances at the B.C.’s and three city championships in as many years.”

Who would you identify as a role model or mentor in your life specific to coaching:

“All of my coaches play a big role and were at one point my mentors. However, my Grade 7-8 teacher and specifically my soccer coaches along the way have really helped shape the sort of athlete and coach I am today.”

What has coaching taught you: “Athletes look for clarity in expectations and roles in a good coach. They look for coaches who won’t play head games, someone who is hard but fair, and someone who values each player for what they bring to the team. I am still learning to model these qualities through my coaching.

Coaching teaches you about setting realistic goals for yourself and the student athletes, time management, how to engage students in school programs and how to have real impact on students and their lives.”

What do you do during your spare time:

“I cycle for pleasure and competition and I am trying to learn how to play golf. I also enjoy movies.”

Describe how you found sport in your life:

“I think life is sports. I grew up in Colombia playing soccer everyday and or any other sport we were able to do such as Basketball and Volleyball.”

What do you believe would resonate with the teacher coach of today in terms of recognition:

“I think coaches would feel more appreciated for their volunteered time if there was a system where coaches would have the ability to get time in lieu of coaching. This would really show coaches that their schools value what they do as volunteers.”

What are some of the challenges that teacher coaches face:

“The changing demographics, funding, and the large amount of time spent as a volunteer coach. Also it is a challenge to maximize the level of participation for sport.”

More about Mike:

Since 2002, Mike has been the assistant coach of the UBC Varsity Women’s Soccer team. Before taking on this role, he coached the UBC Women’s Alumni premier team from 1996 to 2003. As a UBC alumnist himself, Mike played for the varsity men’s team for four years starting in 1985.

Source: Vancouver Girls Soccer Association

Compiled By:

Dyrarene Canicula

Administrative Assistant

BC SCHOOLS SPORTS

dyrac@bcschoolsports.ca



Mike Allina races past the competition at The Yaletown Grand Prix Canada Day Race in 2007