

Coaches can contact [redacted] directly with any concerns or further scratches after the entry deadline.

Email: [redacted]

Zone Representation	<u>Zone</u>	<u># of entries</u>
	Vancouver/ Richmond	5
	Fraser Valley	10
	Burnaby/NW/NS	6
	Vancouver Is	5
	Okanagan	3
	Kootenays	3
	North Central	3

Award Presentations Individual and Relay trophies and Medals will be awarded during Finals on Saturday. These formal presentations are to award achievement and allow recovery time for individuals in back to back events.

Swimmers will keep their medals after these presentations. No medals will be mailed.

No ribbons will be awarded.

Team awards and the Banner will be presented at the conclusion of Finals.

Warm up Warm-up lanes will be available throughout the meet in the shallow end.
SNC rules for warm up will apply. Coaches please instruct your swimmers on how to enter the pool (no diving except in designated sprint lanes).

Warm up lanes	<u>Region</u>	<u>Lanes</u>
	Fraser Valley	1, 2, 3
	Vancouver/ Richmond	4
	Okanagan	5
	Kootenays & North Central	5
	Vancouver Island	6
	Burnaby/NW/NS	7, 8

Sprint Lanes will open in Lanes 1 and 8 ten minutes before the close of warm-up.

Competitive groups **Open Category:**

Any swimmer meeting the qualifications of BC School Sports. Swimmers registered with SNC/ Swim BC must enter this category and **MUST** provide their SNC number to the meet organizer prior to the competition.

B Category:

As of January 1st of the championship year, a 'B Category' swimmer trains and competes from May 1st to Sept. 30th with no restrictions.

From Oct. 1st to April 30th a B swimmer may train with their high school team and may participate in other speed swimming training (eg. Winter maintenance, Triclub, private coaching, etc.) as long as it does not exceed 2 hours/week.

****Please note changes**** *Waterpolo and synchro training are not restricted (as per motion passed at 2009 AGM).*

'B' swimmers may swim in the Open category or the B category, but may not compete in the same stroke in both Open and B events (i.e. a B swimmer may not enter both 50 back and 100 back). B swimmers may swim in B or Open category relays but may not swim in the same relay in both the open and B event.

SWAD Category:

Any swimmer classified as a swimmer with a disability under SNC classifications. SWAD athletes **MUST** be officially classified to compete in this category.

Classes 1-10 – are allocated to swimmers with a physical disability

Classes 11-13 – are allocated to swimmers with a visual disability

Class 14 – is allocated to swimmers with an intellectual disability

For more information see:

<https://www.swimming.ca/Guide-to-Classification>

A few classification clinics will be held around the province prior to Provincials. For information please contact:

Dustin Hersee (dhersee@stgeorges.bc.ca).

Swimmers in this category must compete at their zone meet but automatically qualify for the provincial championships in any event which they complete to a maximum of 4 events.

There is no separate category for SWAD relays. Swimmers with a disability may swim in the Open or B categories but may not swim in the same stroke in two different categories (ex. 100 Fly Open and 50 fly SWAD).

IPC Swimming Rules will apply to all SWAD events.

- Championship Rules**
1. All competitors must be registered with BC School Sports and meet BCSS eligibility rules. Any swimmer who is not registered faces disqualification and/or school fines.
 2. This meet is sanctioned by Swim BC. The meet will use Swimming Canada (SNC) Rules, including the one start Rule, and the relay rules. SNC rules will also be in effect for warm up. Coaches should make all of their swimmers aware of these specific rules.
 3. As per SNC rules, competitors must wear only one swimsuit. For boys, the suit shall not extend above the navel or below the knee. For girls, the suit shall not cover the neck, nor extend past the shoulder, nor extend below the knee. All swim suits shall be made from textile materials and have no zippers.
 4. Each swimmer is limited to a total of 4 events. These events may be individual swims, relays or a combination. Listing as an alternate on a relay will count as one of the 4 events.
 5. Speed swimmers must qualify through their Zone meet. Synchro swimmers may be entered directly to the provincial Synchro competition.

6. Open swimmers may not compete in B events.
7. B swimmers may not swim in both the Open and B event for the same stroke.
8. Each individual event will include a Championship Final (places 1-8) and a Consolation final (places 9-16).
9. Relays will include a championship final (1-8). When 16 or more teams are entered, there will also be a consolation final (9-16).
10. Speed swimming and Synchro meets have one combined Championship Banner. Swimmers can compete in their Maximum number of events in **both** the Speed Swimming and the Synchro meet.

RELAY RULES

11. Any swimmer who swims at the zone meet is eligible to swim on a relay at the Provincial meet.
12. The make-up of a qualifying relay team may be changed between the zone meet and provincials, but not between heats & finals at the provincial meet (except to use a designated alternate). **Please provide the names of swimmers on your relay teams, including alternates** no later than 30 minutes before the start of the meet, but preferably with your entries. **The SNC rule states the order on the relay card is the order that the swimmers MUST use in the race.**
13. A swimmer may not scratch an individual event at Provincials in order to move into a relay event. All individual events entered at the Provincial Meet will count as one of the 4 events allowed, whether the swimmer swims the individual event or not.
14. No more than 2 teams for each school will be allowed to enter a relay event.
15. Mixed relay teams may be entered by combining 2 single sex schools.

16. A minimum qualifying time must be achieved for events 15 to 18 (400 Free relays). Open categories 6:30 minutes or better, B categories 6:30 or better.

Meet organizer:

Scott Abt
 York House School
scott_abt@yorkhouse.ca
 Phone: 604-736-6551

Meet Referee/ Officials:

TBA

Meet Entries:

TBA

Scoring for Swim meet

Individual events

1st	2nd	3rd	4th	5th	6th	7th	8th
20	18	16	15	14	13	12	11

9th	10th	11th	12th	13th	14th	15th	16th
10	8	6	5	4	3	2	1

Relay Events

1st	2nd	3rd	4th	5th	6th	7th	8th
40	36	32	30	28	26	24	22

9th	10th	11th	12th	13th	14th	15th	16th
20	16	12	10	8	6	4	2

SWAD

SWAD scoring is a reverse format and based on the number of swimmers in each event. Example:

8 swimmers (20-18-16-15-14-13-12-11)

4 swimmers (14-13-12-11)

1 swimmer (11)

SCORING FOR AQUATICS BANNER

Swimming - points will be totaled as above.

Synchro - Schools will be awarded points towards the banner based on the schools finish in the Synchro competition.

1st	2nd	3rd	4th	5th	6th	7th	8th
60	48	36	30	24	18	12	6

BC SCHOOL SPORTS PROVINCIAL SWIMMING CHAMPIONSHIP
ORDER OF EVENTS

Event #	Event	Category	Event #	Event	Category
1	200 Medley Relay	Girls B	23	100 Freestyle	SWAD
2	200 Medley Relay	Boys B	24	100 Freestyle	Girls B
3	200 Medley Relay	Girls Open	25	100 Freestyle	Boys B
4	200 Medley Relay	Boys Open	26	100 Freestyle	Girls Open
			27	100 Freestyle	Boys Open
5	50 Freestyle	SWAD			
6	50 Freestyle	Girls B	28	200 Mixed Medley Relay	B
7	50 Freestyle	Boys B	29	200 Mixed Medley Relay	Open
8	50 Freestyle	Girls Open			
9	50 Freestyle	Boys Open	30	50 Butterfly	SWAD
			31	50 Butterfly	Girls B
10	50 Backstroke	SWAD	32	50 Butterfly	Boys B
11	50 Backstroke	Girls B	33	100 Butterfly	Girls Open
12	50 Backstroke	Boys B	34	100 Butterfly	Boys Open
13	100 Backstroke	Girls Open			
14	100 Backstroke	Boys Open	35	200 Mixed Free Relay	B
			36	200 Mixed Free Relay	Open
15	400 Free Relay	Girls B	37	100 I.M.	SWAD
16	400 Free Relay	Boys B	38	100 I.M.	Girls B
17	400 Free Relay	Girls Open	39	100 I.M.	Boys B
18	400 Free Relay	Boys Open	40	200 I.M.	Girls Open
			41	200 I.M.	Boys Open
19	50 Breaststroke	SWAD			
20	50 Breaststroke	Girls B	42	200 Free Relay	Girls B
21	50 Breaststroke	Boys B	43	200 Free Relay	Boys B
22	100 Breaststroke	Girls Open	44	200 Free Relay	Girls Open
23	100 Breaststroke	Boys Open	45	200 Free Relay	Boys Open

SCHOLARSHIPS:

- ❖ Four scholarships in the amount of \$250 each will be awarded this year.
- ❖ Two will be presented to female swimmers and two to male swimmers.
- ❖ Eligible swimmers must be competing in speed swimming at the Provincial Championships and be in Grade 12.
- ❖ Winners will be selected by a random draw at the AGM.

Teacher sponsors/coaches: please forward the name of ONE male swimmer and ONE female swimmer from your team. Please include swimmer's NAME, GENDER, and SCHOOL. Forward to: **Andrea Nishi** annishi@sd38.bc.ca by Wednesday, Nov. 17th, 2010 or bring the names to the beginning of the AGM.