

# Patty Anderson, Gleneagle Secondary Coach

## *About Patty Anderson:*

Patty Anderson has been the athletic director at Gleneagle Secondary in Coquitlam for the last 10 years. She currently coaches junior girls basketball, cross country and field hockey.

## *Why She Became a Coach:*

“I started in university and never looked back. It’s fun.”

## *Most Rewarding Experience as a Coach:*

“Seeing kids develop as players and as human beings. I can’t pin it down to one experience. I’ve been to 8 ex-players’ weddings. There are too many rewarding experiences. They happen daily. Kids I coach make me proud, and they make me laugh (which they say keeps you young!)”

## *Biggest Challenges:*

“I wish there were more resources for teachers. Release time for teachers to attend games and tournaments and clinics would be outstanding. We are always trying to learn and get better, but time is sometimes a factor.”

## *What do Athletes look for in a Coach:*

“Someone who cares, trusts and believes in them. Someone who is knowledgeable and passionate about the sport. And someone who is willing to put in the time with them every day (regardless of the circumstance).”

## *What do you do in your Spare Time:*

“Spare time? My dog Jake has accepted being a part of the gym...he doesn’t miss a practice... thankfully the kids in the program love him!”

## *Proudest Moment:*

“Too many to list one in particular. I have these moments every day. When kids eyes light up, that they “got it” or they come in the gym in the morning/night without me asking them to.”

