

Carmen Murguly, Duchess Park Sec.

Coach

About Carmen Murguly:

Carmen teaches at Duchess Park Secondary School in Prince George. She is the Athletic Director for Gr. 8 Girls and Boys Volleyball and Basketball and Sr. Girls Soccer. She currently coaches Sr. Girls Soccer.



Why She Became a Coach:

“I was always involved with sports growing up and enjoyed my experiences with my coaches so I guess I felt I should give back to the sports I enjoy.”

Most Rewarding Experience as a Coach:

“The most rewarding experience as a coach is when students return after graduation and reminisce about when they played for me, and also having those same students come and ask to play for the same soccer team I play for in women’s competitive soccer.”

What Coaching has Brought to Her Life:

“Coaching has given me a chance to know my students outside of a classroom situation, where they can just be themselves, and also to have the chance to give back to the sports that I enjoy.”

Biggest Challenges:

“Having the time and energy to coach after teaching all day. To overcome this challenge I make sure that I have planned out my practices in detail well in advance so that I can spend my time at practice connecting with the athletes and to mentor social values such as fair play, sportsmanship and fun.”



Proudest Moment in Coaching:

“Coaching an exceptional group of girls on a Sr. Girls Soccer team that finished 4th at AA Provincials in 2006. Finishing top 4 is very difficult for teams from the North where our field time is limited due to weather and playing teams from the coast that can practice year round. I had a talented group of girls who enjoyed the game and each other so it made for a truly magical experience.”