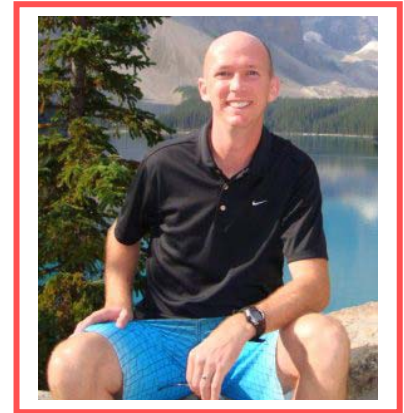


# Aaron McKimmon, Maple Ridge Sec.

## Coach

### *About Aaron McKimmon:*

Aaron currently teaches at Maple Ridge Secondary and coaches Grade 8 and Senior Girls Volleyball. He's been coaching for 14 years, including 2 years in Japan.



### *His First Coaching Experience:*

Aaron started coaching when he was a student-athlete himself in Grade 11 at Hatzic Secondary. He coached the grade 8 girls volleyball team. His motto, truly – Just Do it!

### *Most Rewarding Experience as a Coach:*

“The enhanced relationship with kids in the classroom. Once you coach them it’s like that experience becomes an extension of the classroom...they look up to you, look for guidance, and they’re not afraid to ask questions or for your opinion.”

### *What He Does in His Spare Time:*

Aaron recently had a new baby, a son named Yoshi...and has been spending lots of time playing with him. He continues to play recreational volleyball in an adult league where from time to time he sees former students who are also still playing.

### *What Does an Athlete Look For in a Good Coach:*

“Knowledge of the game, ability to translate that knowledge into skill development, motivators, confidence and the ability to keep the sport fun.”

### *Biggest Challenges:*

“Conflicts for gym time, desire to play other sports, athletes have to choose especially if they are a multi-sport athlete.”



### *Proudest Moment in Coaching:*

“Taking this years senior girls team to the Fraser Valleys. Our school has never advanced that far.”