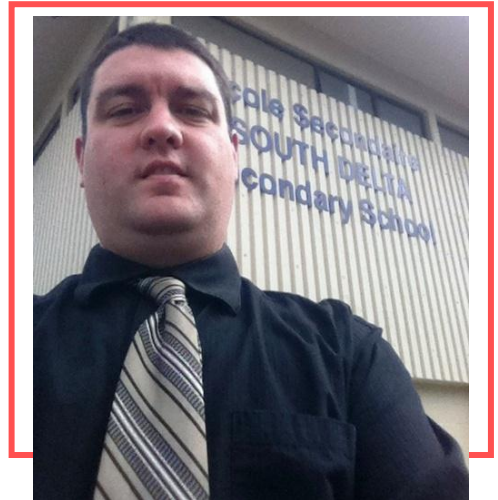


# James Johnston, South Delta Sec. Coach

## *About James Johnston:*

James Johnston is the vice-principal and senior boys' basketball coach at South Delta Secondary. He's been coaching for 18 years, and has also coached volleyball, field hockey and badminton. He currently serves as the president of the BC High School Boys Basketball Association.



## *Why He Became a Coach:*

“My coaches had a great impact on me, and taught me that communities and schools are built by people who are willing to give back.”

## *Most Rewarding Experience as a Coach:*

“Each year I get to watch players I have coached graduate and move onto another phase of their life. This is incredibly rewarding, and reminds me of the important role coaches play in the lives of all student-athletes.”

## *In His Spare Time:*

“Travel, read, spend time with wife and friends.”

## *What Coaching Has Brought to His Life:*

“Most of my strongest friendships were made through athletics and coaching. It has given me the opportunity to give back to my community and school.”

## *What Athletes Look for in a Good Coach:*

“Athletes want to know that a coach cares and has their best interests at heart. An athlete wants a coach who is demanding, but also respects them.”



## *Proudest Moment as a Coach:*

“Qualifying for the AAA boys' basketball provincials and AA girls field hockey provincials in the same year (2009).”