

Sandy Drever, Glenlyon-Norfolk Sch.

Coach

About Sandy Drever:

Sandy has an extensive coaching career that spans over 40 years and has touched students in two provinces and two different school districts. She's coached swimming, field hockey, volleyball, basketball and squash. She's currently the athletic director at Glenlyon-Norfolk School in Victoria.



Why She Became a Coach:

"I really enjoyed sports and was fortunate to have a number of coaches who I greatly admired. They encouraged me and, as I chose to be a physical educator, more opportunities arose for me to pay it back."

Most Rewarding Experience as a Coach:

"I believe coaching is teaching – just at a different level. I love to see the light bulb go on or hear someone express confidently that they 'get it'."

What Coaching Has Brought to Her Life:

"Coaching allows me to stay connected to young aspiring athletes. The relationships that athletes have with their coach goes far further than skill development. A positive relationship with a coach can influence an athlete's self-confidence, character and even their careers."

Biggest Challenges:

"The biggest challenge recently has been to keep kids in school sports. The community leagues are offering better and better coaching, and I find that my school athletes are having difficulty playing both school sports and community based sports."

What Athletes Look for in a Good Coach:

"Expertise and positive encouragement. Someone who cares."

