

Donna Hebert, Rossland Secondary Coach

About Donna Hebert:

Donna Hebert is a teacher and athletic director at Rossland Secondary, where she has been coaching since 1990. When she first started coaching at RSS, she coached the same group of girls from grade 8 to grade 12 in basketball, field hockey and volleyball. They went on to win silver at the AA field hockey provincial championship and the bronze at the A basketball provincial championship. Donna calls this her most successful season as a coach.



Why She Became a Coach:

“I grew up in Rossland and attended high school here. When I was younger, there wasn’t a lot of opportunity in the community to play sports for girls until high school. I had really great, caring coaches with high standards for their players. I was also given the opportunity to coach younger teams when I was in high school, which led me to pursue a degree in PE at UVic.”

Most Rewarding Experience as a Coach:

“Rewarding to see your athletes mature not only in their skill development but as individuals. I have had many girls continue playing field hockey at universities and in club systems as well as part of the Team BC program - and a player, Thea Culley, presently playing for the Canadian senior women’s team. We are a very small community and a small school and we pride in our kids’ successes.”

What Coaching has Brought to Her Life:

“Have had the opportunity so see a lot of amazing kids develop as athletes and individuals, and have in many instances had the pleasure of witnessing many of them at their best moments in their high school careers. I’ve formed some good friendships from sport.”

What Athletes Look for in a Coach:

“I think they look for a mentor, someone willing to put in quality time with them and to encourage their development as an athlete. Someone as an additional support system and someone who has interest in the same area they do...someone willing to give them good opportunities to compete in challenging situations.

