

Barry Tremblay, David Thompson Sec. Coach

About Barry Tremblay:

Barry Tremblay is the senior girls basketball and golf coach at David Thompson Secondary in Invermere, BC. He teaches physical education and information technology, and has been athletic director for the past 20 years.



First Coaching Experience:

“While in university I coached goalies for a ringette team and watched them develop their skills to win the city championship. I was hooked on coaching when those girls gave me that smile after winning the championship.”

Why He Became a Coach:

“To provide student athletes with the wonders that athletics can teach you, both within and outside of the particular sport.

His Most Rewarding Experience:

“Watching student athletes develop their athletic and social skills as well as expand upon their values. This has been my goal in each of the years I have coached. The memories and the smiles on the faces of athletes, when they succeed, will be with me for a lifetime.

Biggest Challenge as a Coach:

“Motivating student athletes to go above and beyond with skill development. It's harder now a days with so many different stimuli in the world. I'm also concerned about the lack of qualified and knowledgeable volunteer coaches both in and out of the school system. Something must be done to motivate people to step up either via monetary rewards or special recognition.”



Proudest Moment as a Coach:

“The school's first Senior Boys Kootenay Championships in a long time in 1996. I had done some visualization with the team the night before the championships. I had them lay down in a dark gym and I did a play by play of the championship game. To my players and my own astonishment the game results were almost exactly like my play by play the night before. We had won by the exact 15 points I had mentioned. We all had a great time with that.”