

# Anne Bracey, Don Ross Secondary Coach

## *About Anne Bracey:*

Anne Bracey is the athletic director at Don Ross Secondary in Brackendale, BC. She's been a coach for 30 years, and has coached cross-country, volleyball, basketball and track and field. Her first coaching experience took place in 1980 – in 3 feet of snow. She remembers the City of Prince George had to plow the cross-country route so the kids could actually run.

## *Why She Became a Coach:*

“Fame and fortune.”

## *What Coaching has Brought to Her Life:*

“The chance to help develop athletes and see them succeed in competition. The opportunity to know other coaches, athletes, parents and officials. Mostly, I love watching athletes reaching for their best.”

## *In Her Spare Time:*

“Powder turns, play soccer, skate ski, run and road ride.”

## *Biggest Challenges:*

“Balancing family life is most challenging. I thank my husband for his support. I'm grateful to my daughters for letting me be their coach many times over. My principal has recognized the importance of time and allowed me a block for AD.”

## *What Athletes Look for in a Good Coach*

“Connectedness, passion, knowledge and commitment.”

## *Proudest Moment in Coaching:*

“When an athlete or their parent tells me I've made a difference in their lives, I'm proud.”

